

OFFICIAL 2021 TRAVEL GUIDE

VIRGINIA

WANDERLOVE

Take the Scenic Route
p. 12

HISTORY UNCOVERED

A Personal Essay
p. 26

SUSTAINABLE TRAVEL

Roam Responsibly
p. 32



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IS FOR
LOVERS

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VIRGINIA
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Share! *!/:*
SOMETHING
ICONIC



Share! *!/:*
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SOMETHING
ROMANTIC



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SOMETHING
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Manufactory

169, the Chelsea
rated a few miles
and the distinction
tory to produce

Chelsea used a glassy frit formula for its soft-
paste porcelain. The fine modeling of Chelsea's
wares from the inception of the firm has been
attributed to Sprimont's earlier work as a
silversmith. Chelsea is especially well known

coffee, and chocolate, and a
and dessert pieces. Quite re
British porcelain manufactory
items were never a significant
production nor was transfer
William Duesbury proposed

Charlottesville
ALBEMARLE COUNTY, VIRGINIA

Virginia wine was born
here hundreds of years ago.

Her love of local Viognier
was born here today.

Tales of outdoor adventure emerge around every corner
in Charlottesville and Albemarle County. From local
vineyards to historic grounds, every visitor can broaden
their horizons—and leave with a new story to tell.

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VIRGINIA IS FOR LOVERS

WALK IN OUR FOUNDERS' FOOTSTEPS



Or if you prefer – sail, drive, paddle or ride.

You can't know history till you know the whole story. A visit to the eight destinations that make up the Founders District is a chance to see history unfolding before your eyes – but in a fun, modern way. You'll learn about the Starving Times, and maybe visit a food truck. Retrace the route taken by Capt. John Smith in the days before navigation apps, and learn how Pocahontas may have lived. You'll see how early settlers, Virginia Indians and Africans came together to forge a new nation and get inspired to build on their legacy. Plan your trip at TheFoundersDistrict.com





KING FAMILY VINEYARDS
Crozet

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THE HEARTBEAT OF VIRGINIA

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Learn how to take in Virginia's outdoor beauty while caring for its natural splendor.

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On the Covers



Rose River Farm
Syria
by Sam Dean



Sandbridge Beach
Virginia Beach
by Brian Camp



Natural Bridge State Park
Natural Bridge
by Kelsey Johnson

A vacation in Virginia is about reconnecting with what you love - and making memories that will last a lifetime.

While travel may look different right now, the love of travel is still strong in Virginia. Whether you take an eastern route to Virginia's pristine beaches or traverse the scenic curves of storied mountains, a trip through the Commonwealth is a perfect way to vacation safely with your loved ones.

We hope the stories and photos featured in this guide will inspire you to take an adventure in Virginia when you're ready to travel.

Virginia's outdoor recreational opportunities are accessible and unforgettable. We're home to 41 state parks and 22 national parks, including national wildlife refuges, national scenic trails and national historic parks. We also have more miles of the Appalachian Trail than any other state - 544 miles, more than one-fourth of the 2,175-mile footpath.

Love can be found in every corner of the Commonwealth at more than 250 life-sized LOVE signs. These "LOVEworks" are special places for both locals and visitors, who often choose them as backdrops for engagements and family photos and inspiration for road trips and bucket lists.

You can also immerse yourself in Virginia's history by visiting our hundreds of historic sites that date back to the first permanent English settlement at Jamestown and cover every important period of American history. And while Virginia has had a complex and often painful past, the historic sites and attractions enhance the educational experience.

We hope you will enjoy all that the Commonwealth has to offer while staying safe and healthy. Whether you're hiking one of our many trails, sipping wine overlooking mountain views, or taking the scenic route along the Blue Ridge Parkway, we can't wait for you to discover for yourself why Virginia is for Lovers.



Sincerely,

Ralph and Pam Northam

GOVERNOR AND FIRST LADY, COMMONWEALTH OF VIRGINIA



EDITOR'S NOTE: This guide was published in February 2021, but some images were captured prior to March 2020 and thus may not reflect current safety measures. We hope it is an inspiration for your travels but ask that you follow Virginia's safety guidelines when here – including wearing a mask and social distancing as necessary.

The health of our residents and visitors is our top priority. From enhanced cleaning protocols to socially distanced layouts, businesses around the state are prepared to safely welcome you to Virginia.

For the latest travel information and safety guidelines, please visit virginia.org/covid19.



O'CONNOR BREWING CO.
Norfolk

KING FAMILY VINEYARDS: GABBY BECKFORD / TRAVEL SAFELY; GRACIE STACKHOUSE

JACK MAYER

Meet the Contributors



LAYLA KHOURY-HANOLD grew up in cities like Paris, Aberdeen and Jakarta, and counts escargots, haggis and beef rendang among her early memorable meals. She lives by the motto “will travel for food” and relishes discovering destination-defining dishes. Her food and travel stories have appeared in The Chicago Tribune and on Food Network.

Favorite Virginia experience: Carvins Cove Natural Reserve



JOHNNY MOLLOY is a writer and adventurer who has hiked, paddled and camped throughout Virginia from Cumberland Gap to the Eastern Shore. He’s written numerous Virginia-centric guides including “Top Trails: Shenandoah National Park,” “Five Star Trails: Roanoke,” “Hiking Through History: Virginia” and “Mount Rogers NRA Guidebook.”

Favorite Virginia experience: Hiking at Shenandoah National Park

SAMANTHA NELSON believes that taking an adventure is one of the quickest ways to wake up to the wonder of life. She travels as often as possible with her family.

Favorite Virginia experience: Smith Mountain Lake



BRANDON PRESSER is an award-winning features writer who covers emerging destinations and luxury and adventure travel for a variety of influential publications including Bloomberg Businessweek and Condé Nast Traveler. He’s visited over 125 countries and contributed to over 50 books on travel, most for Lonely Planet.

Favorite Virginia experience: Woodlawn & Pope-Leighey House (Alexandria)



ANNIE TOBEY has called Virginia home since her college days. Though regularly scratching her travel itch throughout the U.S. and abroad, she still appreciates exploring Virginia and revisiting favorite sites. She also loves writing about her state and sharing its abundance of can’t-miss destinations.

Favorite Virginia experience: Grayson Highlands State Park

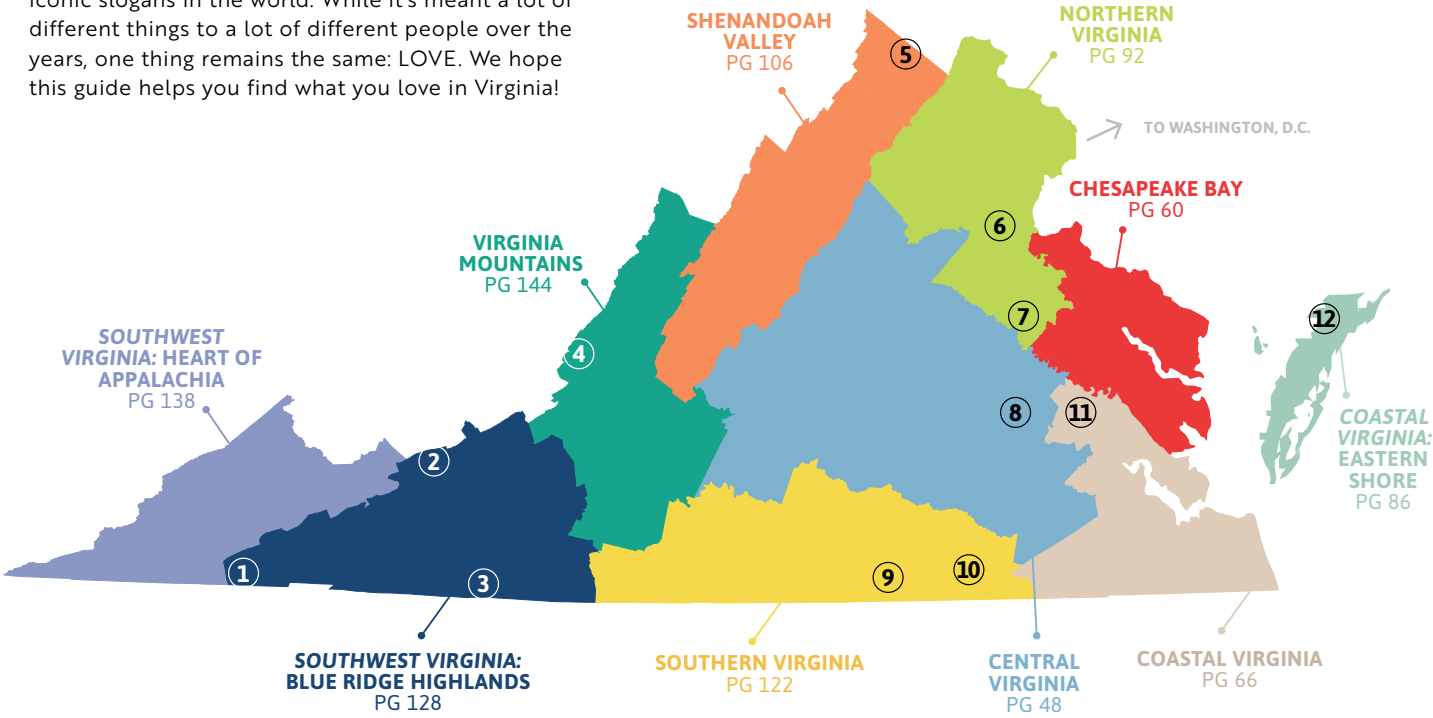


GAYLE JESSUP WHITE is Monticello’s first Public Relations & Community Engagement Officer and the first descendant of Thomas Jefferson and the enslaved community to be employed by the Thomas Jefferson Foundation, the nonprofit organization that owns and operates Monticello. She and her husband, writer Jack White Jr., enjoy exploring Virginia’s natural, cultural and historical sites.

Favorite Virginia experience: Monticello, Staunton (and its American Shakespeare Center), Skyline Drive and Great Falls.

Virginia's 10 Travel Regions

“Virginia is for Lovers” was created more than 50 years ago, and it’s become one of the most beloved and iconic slogans in the world. While it’s meant a lot of different things to a lot of different people over the years, one thing remains the same: LOVE. We hope this guide helps you find what you love in Virginia!



Virginia Welcome Centers

In no other state will you receive the hospitality and assistance that Virginia offers. Hold us to it! For more information visit **Virginia.org/WelcomeCenters**.

SOUTHWEST VIRGINIA: BLUE RIDGE HIGHLANDS

- 1. **Bristol:** I-81 N, Mile Marker O 276-466-2932
- 2. **Rocky Gap:** I-77 S, Mile Marker 61 276-928-1873
- 3. **Lambsburg:** I-77 N, Mile Marker O 276-755-3931

VIRGINIA MOUNTAINS

- 4. **Covington:** I-64 E, Mile Marker 2 540-559-3010

SHENANDOAH VALLEY

- 5. **Clear Brook:** I-81 S, Mile Marker 320 540-722-3448

NORTHERN VIRGINIA

- 6. **Fredericksburg:** I-95 S, Mile Marker 132 540-786-8344
- 7. **Northern Virginia Gateway, Caroline:** I-95 N, Mile Marker 107 804-448-3980

CENTRAL VIRGINIA

- 8. **Richmond:** 1500 E. Main St 804-545-5581

SOUTHERN VIRGINIA

- 9. **Bracey:** I-85 N, Mile Marker 1 434-689-2295
- 10. **Skippers:** I-95 N, Mile Marker O 434-634-4113

COASTAL VIRGINIA

- 11. **East Coast Gateway, New Kent:** I-64 E, Mile Marker 213 804-966-7450

COASTAL VIRGINIA: EASTERN SHORE

- 12. **New Church:** U.S. 13, 3420 Lankford Hwy 757-824-5000



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ONE — FOR THE AGES

**NORFOLK-VIRGINIA BEACH
COMES TOGETHER,
AT LAST**

**FOR 16 STRAIGHT WEEKS
IN THE SUMMER OF 2020,**
the top-ranked destination in the
country* for travelers wasn't New
York City, nor Orlando, nor Las Vegas,
it was right here in the Old Dominion
in Norfolk-Virginia Beach. As the
pandemic's unprecedented disruption
to travel plans the world over began
to become evident, so too did the first-
time-ever pairing of the culture and
character of Norfolk with the surf and
sand of Virginia Beach into a safe and
satisfying vacation offering for visitors
looking for an escape.

**“ YOU WOULD BE HARD-PRESSED TO
FIND ANOTHER DESTINATION THAT
OFFERS SO MANY COMPLEMENTARY
ATTRIBUTES IN SUCH CLOSE
PROXIMITY. WE ARE DEFINITELY
BETTER TOGETHER.**

*— Kurt Krause, President and CEO,
Visit Norfolk*

While impressive apart, combined,
the destination's 182 miles of
shoreline, four unique beaches, 20+
breweries and distilleries, hundreds of
independent dining experiences, 128
hotels, dozens of museums, nearly 300
bike trails, myriad of shopping options,
aquarium, and zoo, make for a getaway
few other markets can match.

And while COVID-19 hopefully
begins to wane, this partnership
isn't going anywhere.

**“ TOGETHER, NORFOLK AND VIRGINIA
BEACH TRULY HAVE SOMETHING
FOR EVERYONE! WE ARE UNITED IN
OUR COMMITMENT TO ENSURING
YOUR NEXT VISIT IS A SAFE,
UNFORGETTABLE EXPERIENCE.**

*— Lauren Townsend, Director of
Marketing, Visit Virginia Beach*

Take a stroll down one of America's
Top 10 favorite boardwalks**, or trace
the trail of brave souls en route to
their freedom on the Underground
Railroad, watch the walls come alive
with color, charm, and creativity in the
NEON and ViBe districts, or sample the
soul, seafood, spirits and more at the
region's many eateries; snag a fly ball
at Harbor Park (home of the Norfolk
Tides), or freefall yourself at iFly at
the Beach. Their just launched digital
discount application available at
visitnorfolkvabeach.com makes
saving simple while you experience
everything both cities have to offer.

These days, we could all use a little
togetherness. So bring a friend, bring
the family, or bring your favorite to
Norfolk-Virginia Beach.

**Norfolk-
Virginia
Beach**

FIND YOUR WANDER *Love*

With more than 3,500 miles of Scenic Byways, Virginia is a mecca for road trippers whose bucket lists include All-American Roads - we have the Blue Ridge Parkway, Colonial Parkway and George Washington Parkway - as well as National Scenic Byways, like Skyline Drive and The Journey Through Hallowed Ground.

While these well-known routes are each a worthy destination in their own right, here are a few lesser-known trips to fulfill your wanderlust, or WanderLove, as we call it here in Virginia.

ROBERT HARRIS

SMALL TOWN *Cruise*

U.S. Route 58 stretches west to east across southern Virginia, from Cumberland Gap to Virginia Beach, meandering through scenic stretches and picturesque towns, and blending natural beauty with culture and history along the way.

GALAX

Known as the “Gateway to the Blue Ridge Mountains” - and home to the largest Old Fiddler’s Convention - this Southwest Virginia town teems with culture and charm. And with convenient access to outdoor fun, it’s the perfect stop on your road trip.

Stay & Play

Discover the region’s rich music heritage at one of the **Blue Ridge Music Center’s** many live, outdoor performances.

Hike, bike or even ride horseback along the 57-mile **New River Trail**, which ambles alongside the New River. With a gentle grade, ample shade and plenty of opportunities to dip your toes, this rail-trail can be enjoyed by all.

Fancy Gap Cabins and Campground boasts a giant LOVE mural, as well as a respite for every traveler - from cabins and motel rooms to sites for RVs and tents.

Hit the Road. Head east on Route 58 toward Martinsville, with a pit stop in Meadows of Dan to snag some sweet treats - and a candy-themed LOVE picture - at **Nancy’s Candy Co.**

SCENIC DRIVE
Grayson County

MARTINSVILLE

Martinsville may be best known for its heart-pounding NASCAR races, but even those looking to downshift will find plenty of ways to enjoy this friendly southern town.

Stay & Play

Grab a few reads for the road at **Books and Crannies**, a cozy independent bookstore in Uptown.

Families will love discovering exhibits that span from dinosaurs to volcanoes at the **Virginia Museum of Natural History**.

The pristine, craftsmen-style **Starling Place** sleeps up to nine guests (and a pet!) right in the heart of downtown.

Hit the Road. Hop back on Route 58 east, stopping in Danville to stretch your legs on the **Riverwalk Trail** and fill up on tacos at **Mucho Taqueria**.



GALLERIA ON THE LAKE
Clarksville

CLARKSVILLE

Located on Buggs Island Lake (aka: Kerr Reservoir), “Virginia’s only lakeside town” offers both a quaint downtown and access to the best of the area’s outdoor recreation, from fishing and watersports to shoreline trails.

Stay & Play

Stretch your legs with a stroll along **Virginia Avenue** to browse local artwork, home decor and a selection of gourmet foods and wines.

Enjoy a meal - and stay the night - at **Cooper’s Landing Inn & Traveler’s Tavern**, a historic home renovated into a beautiful restaurant and inn.

Venture to **Occoneechee State Park** to park your RV, pitch your tent or cozy up in one of 13 cabins for an overnight stay.

SCENIC DRIVE MICHAEL SPEED / GALLERIA ON THE LAKE RYAN TRAPP

RIVERSIDE *Ramble*

Discover a unique blend of U.S. history, waterfront beauty and maritime culture as you follow the Rappahannock River from Northern Virginia to The River Realm.

FREDERICKSBURG

History around every corner (literally). Amazing local fare. And did someone say retail therapy? Find it all in quaint Fredericksburg, just an hour south of D.C.

Stay & Play

Plan a few stops along the **Trail to Freedom**, which traces the routes of more than 10,000 freedom seekers that passed through the area by mid-September 1862.

Enjoy an al fresco meal at **Brock’s Riverside Grill**, where the patio overlooks the Rappahannock River.

Wander along **Caroline Street**, exploring art galleries, dozens of boutique shops and some of the best dining in the area.

THE CROOKED ROAD BRIAN CAMP / KILMARNOCK INN SARAH HAUSER



MORE IDEAS: MUSICAL JOURNEY

Explore Southwest Virginia’s role in the evolution of Bluegrass and Traditional Mountain Music along **The Crooked Road: Virginia’s Heritage Music Trail**. Running from Franklin County (yes, the “Moonshine Capital of the World”) all the way to Breaks Interstate Park on the Virginia-Kentucky border, its 300 miles connect 60 cultural music venues with artisan shops, outdoor attractions and historic sites.



KILMARNOCK INN
Kilmarnock

KILMARNOCK

The Northern Neck’s commercial hub, this charming town will greet you with a beautifully renovated Main Street that houses boutique shops and local restaurants, with nods to the region’s history.

Stay & Play

Go on a scavenger hunt for the iconic boots of **Watermen’s Way**, a public art project honoring the area’s heritage.

MORE IDEAS: THRILLING RIDE

Spanning 32 miles across three mountains, the **Back of the Dragon’s** 400 curves and epic views are a rider’s dream. This stretch of Route 16 between Tazewell and Marion is a favorite during fall foliage season, but you can become a “Dragon Master” any time of the year, stopping at the new **Welcome Center** to kick back and swap stories of the road.

“Sip” back and relax on the outdoor pavilion while taking in vineyard views at **Good Luck Cellars**.

Just a half-block from Main Street, **the Kilmarnock Inn** is your home away from home, with Victorian beauty, a serene courtyard and a deck made for friends.

Hit the Road. Continue along Route 3 east, taking the bridge across the Rappahannock River to the Middle Peninsula. Grab a waterside lunch at **Merroir**, an “oyster tasting room” known for their crab cakes and oysters, sourced fresh from the Chesapeake Bay.

DELTAVILLE

Bounded by the Chesapeake Bay, the Rappahannock River and the Piankatank River - and boasting more than 25 marinas - the “Boating Capital of the Chesapeake Bay” is the perfect launch pad for maritime adventure.

Stay & Play

Get out on the water with a boat charter or pontoon rental from **Norton Yachts**. New to sailing? Their sailing school will show you the ropes!

Explore from land at **Holly Point Nature Park**, meandering along their waterfront trail dotted with wildlife sculptures and benches to stop and take it all in.

The Deltaville Maritime Museum is a must-visit to learn about the history and culture of the region and its watermen.

MOUNTAIN *Adventure*

Travelers are familiar with Interstates 81 and 64, but natural wonders and hidden gems beg to be discovered along quieter roads as you traverse the Shenandoah Valley and head into Virginia's mountains.

WINCHESTER

At the north end of the Shenandoah Valley, Winchester is both a hub for outdoor adventure as well as a historic town with local flair, anchored by Old Town's vibrant pedestrian mall of boutique shops, patio dining and live performances.

Stay & Play

Marker-Miller Orchards Farm Market is just one of many orchards in this "Apple Capital", offering an abundance of fresh produce and family fun.

With 3,000 acres, 100 campsites and three spring-fed lakes, the pet-friendly **Cove Campground** is a mecca for swimming, fishing, hiking, mountain biking, caving and more.

Hike the lesser-known **Tuscarora Trail** to the Eagle Rock Overlook for the best views of the Great North Mountain range. Avid hikers enjoy the 7.2-mile out-and-back route from U.S. 48/55, while families often opt for the 2.1-mile trail from Dry Gap.

Hit the Road. Parallel I-81 on the quieter Route 11, the historic **Wilderness Road** that was once a natural thoroughfare for migrating bison, Native American hunters and settlers striking out for the western frontier. Stop for an appropriately themed snack at the **Route 11 Potato Chips Factory and Visitor Center** in Mount Jackson.

LEXINGTON

This historic college town is anything but sleepy. A bustling downtown welcomes you with local restaurants, galleries and boutiques, while natural wonders abound nearby.



FALLING SPRINGS FALLS
Covington

Stay & Play

Follow the **Maury River** on bike or foot along the **Chessie Nature Trail**, a rail-trail that connects Lexington and Buena Vista.

Celebrate a day of adventure by pairing mountain views with a crisp brew and a jumbo pretzel on the patio at **Devils Backbone Outpost Tap Room & Kitchen**.

The majestic **Natural Bridge** towers 215 feet over the creek that carved it. Continue along the **Cedar Creek Trail** to discover bonus gems: the reconstructed **Monacan Village** and the cascading **Lace Falls**.

Hit the Road. Forego I-64 for the more scenic route, following Route 39 west to Warm Springs - with a stop at **Goshen Pass** - and connecting to U.S. 220 south to **Falling Spring Falls**.

COVINGTON

Surrounded by the George Washington and Jefferson National Forests, Covington offers a taste of small-town life along the banks of the Jackson River and is a great jumping off point for fresh-air fun.

Stay & Play

Double down on your **LOVEwork** bucket list by checking off two - in downtown Covington and at the iconic **Humpback Bridge**.

Call up **Alleghany Outdoors** for a kayak or tube trip on the **Jackson River**. They even offer bike trips for those who prefer dry land.

Enjoy a sandy beach with mountain views at **Lake Moomaw**, which offers two options for this rare combo: **Coles Point** on the southern end and **Bolar Mountain Campground** to the north. ♥

FALLING SPRINGS FALLS: PREETHI B. HARBUCK

If these itineraries have you itching to hit the road, head to virginia.org/wanderlove for even more trip ideas!



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Instant **MIDDLEBURG VIRGINIA CONNECTION.**

Have you ever been to a place that just felt like home, even though you've never been before? That's the magic of Middleburg. You'll feel our authentic sense of community from the moment you pass into our town, where gracious avenues, inviting storefronts and hospitable residents welcome you with open arms. Not sure what to do when you get here? Just ask a friendly local. If we do say so ourselves, we're your best tour guides.


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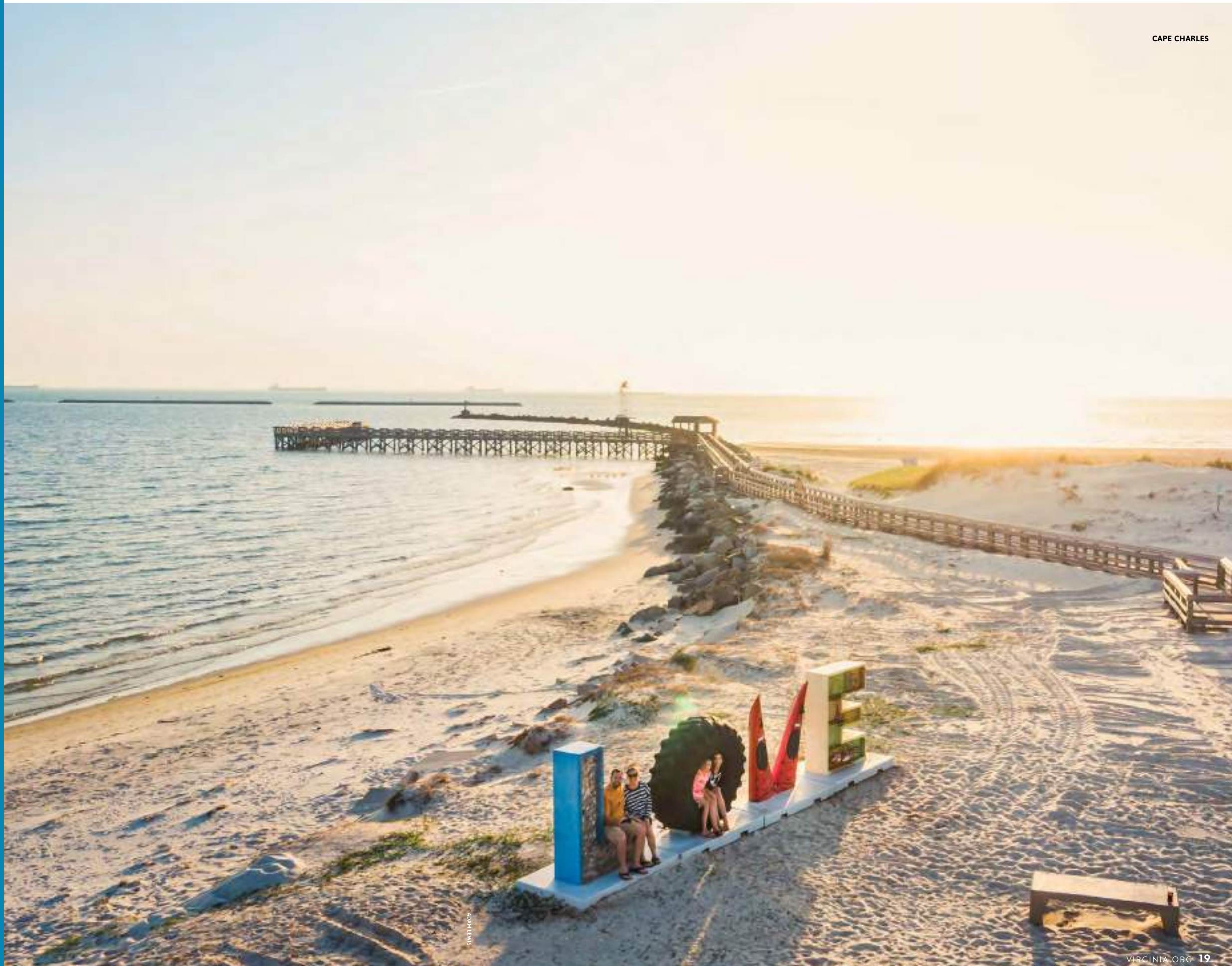
LOVE LIVES HERE

BY SAMANTHA NELSON

Simply put, LOVEworks are the heartbeat of Virginia – put on display for all to see. With “love” from the state’s slogan “Virginia is for Lovers,” and “works” like distinctive works of art, these giant LOVE signs uniquely represent the communities in which they’re found. And with more than 200 LOVEworks to be discovered throughout the Commonwealth, we’re challenging you to spot as many as you can while traveling.

To get you started, here are six LOVEwork Expeditions that pair hearty family adventures with prime LOVEworks spotting. Best of all, these experiences promise incredible sights throughout Virginia and priceless family memories.

CAPE CHARLES





DINOSAUR DISCOVERY TRAIL
Newport News



BREAKS INTERSTATE PARK LOVEWORK
Breaks



HISTORIC JAMESTOWNE
Jamestown



PONY SWIM
Chincoteague



VIRGINIA LIVING MUSEUM
Newport News

ALPACAS & WATERSPORTS Smith Mountain Lake

Sneak away to the Blue Ridge Mountains to discover a wealth of opportunities for charming family adventure. First, visit the nation’s largest agritourism facility for alpaca education: Smith Mountain Lake Alpaca Farm. It’s not a petting zoo, but it will provide up-close experiences (feeding alpacas!), as well as engaging, hands-on learning activities for the entire family. After that, rent a pontoon boat from Bridgewater Marina & Boat Rentals and explore the crystal waters of Smith Mountain Lake. You can even dock your boat for lunch at a variety of waterfront marina restaurants.

LOVE Hunt: Can you locate the decorative LOVEwork at the alpaca farm? How many activities can you find in the new LOVEwork mural at the Smith Mountain Lake Visitor Center?

ZIPLINES & WILDLIFE Breaks Interstate Park

Encompassing the “Grand Canyon of the South” – a 5-mile gorge that plunges 1,650 feet! – this park affords all visitors endless adventure and spectacular views. Rent a private cabin or yurt, or book a restful getaway at the park’s lodge. Whatever you choose, don’t skip the ziplining! The entire family can experience a safe but thrilling adrenaline rush of soaring over the Russell Fork gorge from incredible heights. The views are unforgettable. Don’t miss the seasonal elk watching tour, too.

LOVE Hunt: Look closely as you enter Breaks Interstate Park. There is an intricately painted LOVEwork depicting all the adventures you can find while visiting this location.

DINOSAUR TRAIL & ANIMAL ENCOUNTERS Virginia Living Museum

This impressive living museum is appropriate for travelers ages one to 100! From touch tanks filled with sea stars and horseshoe crabs to life-sized dinosaurs and a delicate butterfly garden, the opportunities for experiential learning abound. There are few other places that can feature so much of Virginia’s natural wonders and wildlife all in one location.

LOVE Hunt: There are two LOVEworks nearby. One is located at the museum. The other is in nearby City Center at Oyster Point and has an extra set of letters after the L-O-V-E. Stop by to discover what they are!

DINOSAUR DISCOVERY TRAIL: COURTESY OF THE VACATION CHANNEL / BREAKS INTERSTATE PARK: COURTESY OF SAMANTHA NELSON / HISTORIC JAMESTOWNE: MICHAEL LAVIN / MASSANUTTEN RESORT TUBING: SARAH HAUSER / SMITH MOUNTAIN LAKE FARM: LOVICARIUS / LOVEWORK: JOANNE MOORE

FRESH AIR & WILD PONIES Chincoteague Pony Swim

Set your sights on Virginia’s Eastern Shore and visit Chincoteague and Assateague Islands. Not only will you be able to tour the Chincoteague National Wildlife Refuge with more than 14,000 acres of beaches, sand dunes and maritime forests, but you can also catch a glimpse of the famous wild ponies. Time your visit just right and you’ll be able to see the annual pony swim, a tradition dating back to the 1700s. Other nearby activities great for families include Maui Jack’s Waterpark and the Assateague Lighthouse.

LOVE Hunt: Commemorate your trip with a family picture on the LOVEwork made of giant Adirondack chairs!

PONY SWIM: TODD WRIGHT / VIRGINIA LIVING MUSEUM: COURTESY OF THE VACATION CHANNEL / BREAKS INTERSTATE PARK: CATHY ANDERSON / MASSANUTTEN RESORT LOVEWORK: LATISHA BOONE

TEXTBOOKS COME TO LIFE Mt. Vernon or Historic Jamestowne

Experiential learning is one of the fastest ways to stimulate curiosity in little minds. So, a visit to either of these spots is a great way to make history come alive! Tour George Washington’s home at Mount Vernon or visit Historic Jamestowne, the original site of America’s very first settlement. Let Virginia transform your family of history learners into history lovers.

LOVE Hunt: Drive 16 minutes from Mount Vernon to spot the LOVEwork at the Workhouse Arts Center. Painted by artist Marlon Diggs, “Marly McFly,” this LOVEwork represents the area’s melting pot of culture. If you are near Historic Jamestowne, don’t miss the 8-foot-tall steel LOVEwork at Quirks of Art.

EVERYTHING BUT THE KITCHEN SINK Massanutten Resort

Want to experience an indoor/outdoor waterpark, ziplining, mountain biking and golfing all in one spot? Massanutten Resort is known for being a hotspot for family adventure with all sorts of activities, including skiing and snow tubing, as well as year-round fun. Located just two hours from the nation’s capital, it’s the perfect combo of thrills and learning, with can’t-miss sights like White Oak Lavender Farm just a short drive away.

LOVE Hunt: When you’re at the resort, you literally can’t miss the gigantic LOVEwork sign, which stands at 11 feet tall and 35 feet wide and is made of wood and grapevines from around the resort. Strike a pose and snap a picture when you find it. ♥



MASSANUTTEN RESORT TUBING
McGaheysville



SMITH MOUNTAIN LAKE FARM
Smith Mountain Lake



LOVEWORK
Chincoteague



BREAKS INTERSTATE PARK
Breaks



MASSANUTTEN RESORT LOVEWORK
McGaheysville

Did you find all
the LOVEworks?
Be sure to snap and
share with fellow
LOVE seekers using
#LOVEVA.

WILL TRAVEL FOR Food

GREG POWERS

BY LAYLA KHOURY-HANOLD THESE FIVE CITIES ARE DINING
DESTINATIONS FOR BEST-IN-CLASS EATS.

Virginia's food scene reflects the rich agricultural history that generations of farmers and artisans have preserved, as well as the vibrant and diverse cultures of those who have made these food hubs home. What makes dining in the Commonwealth so exciting is the way that restaurants are doubling down on these foodways and interpreting them in dishes both modern and traditional, giving Virginia towns distinct dining calling cards. From Pakistani-Appalachian food truck fare to Southern comfort classics, these five delicious destinations are worth the trip.

Abingdon: Appalachian Spirit

Located in the Blue Ridge Highlands of the Appalachian Mountains, Abingdon has a deep connection with the land with its agricultural history and the Creeper Trail's outdoor recreation. The laid-back mountain town's creative spirit is anchored by downtown's historic Barter Theatre and reflected in Appalachian foodways, in which seasonal, resourceful cooking is echoed on local restaurant menus.

Abingdon Farmers Market: Robust year-round market with produce and provisions from local farmers and purveyors.

White Birch Kitchen & Juice Bar: Vibrant juice bar and café serving locally sourced, scratch-made breakfast and lunch on historic Main Street.

Snow's Fine Meats & Provisions: Whole animal butcher shop offering custom cuts and pantry provisions, plus butchery and cooking classes.

The Pakalachian: Food truck blending its co-owners' Southwestern Virginia and Pakistani heritages.

Harvest Table: Casually elegant farm-to-table restaurant where heirloom crops are the star of seasonal plates.

Sarah Jean's Eatery: A casual spot for clever spins on homey Southern and Appalachian fare.

Falls Church: Global Flavors

In Falls Church, the restaurant experience is the food, and eating your way through town is a gustatory, globetrotting extravaganza. You can find a stellar bowl of Vietnamese pho as easily as Peruvian rotisserie chicken, reflecting the diverse cultures and vibrant cuisines of the people who call Falls Church home. Hidden gems include the best sushi in town unassumingly located next to a carpet cleaning service and sitting across the street from a Lebanese halal butcher shop.

Taco Bamba: Logic-defying tacos from Falls Church native chef Victor Albisu.

Padaek: A Lao and Thai restaurant at Seven Corners Center showcasing unabashedly spicy, bright and funky flavors.

Eden Center: Vietnamese shopping center chockful of restaurants. Hit up Huong Viet Restaurant, Rice Paper or Hai Dong.

Four Sisters: Stalwart family-owned Vietnamese restaurant lauded for its crispy spring rolls.

Peking Gourmet Inn: Local institution specializing in Peking duck, carved tableside. Dumplings are top-notch, too.

Takumi: Intimate yet unpretentious sushi bar serving some of the most pristine fish in the D.C. area.

Cape Charles: Spectacular Seafood

Thanks to a resurgence in local aquaculture and tourism, Cape Charles is experiencing a renaissance. The secret to the flourishing seafood scene—including local oysters, clams, crabs and fish—is the area's pristine water quality. While shucking houses dotting the landscape once shucked oysters for mass consumption, now it's all about craft oysters, each of which reflect their unique merroir, or marine environment.



THE SHANTY
Cape Charles

Most Memorable Meals with John Park, aka @HungryAsianRKE



John Park describes himself as a food evangelist. The Roanoke-based financial planner is passionate about restaurants: dining at them, forging relationships with chefs and purveyors and chronicling his eating adventures on Instagram as @hungryasianrke, which led to his food photography side gig. He and his wife, Sharon, frequently plan trips across the state with food in mind. John shares some of his most memorable bites, from hidden gem pastries on the Eastern Shore to hometown sandwich hits.

JOHN'S TOP 5

Croissant at Amarin, Chincoteague Island

Baked fresh daily with a perfectly crisp exterior and a soft, warm interior. Pair it with a house coffee, sourced from the owners' family farm in Vietnam.

BLT Taco at Pico Taqueria, Chincoteague Island

This beachy taco shack has excellent seafood tacos – but don't sleep on the BLT taco with house-made bacon if it's on special. Pair with cilantro lime rice and Eastern Shore street corn.

Sorghum Crepes at Commune, Virginia Beach

Everything at this daytime spot is beautifully presented; try the cornmeal waffles or sorghum crepes. The sourdough croissants are amazing, too.

Bánh mì at Viet Sub, Roanoke

This is a go-to weekend lunch spot for me. Get the "traditional" with ham, chicken liver pâté and all the fixings, all piled onto house-baked bread.

Pastrami at ZZQ, Richmond

The pastrami, beef ribs and house-made sausages are outstanding. Bring a friend and share a couple platters.

Island House Restaurant:

Fine dining seafood spot overlooking the picturesque Wachapreague Harbor.

The Shanty: A local favorite for steamed seafood in Cape Charles Harbor.

Tim's Place: Local institution with a decades-long reputation for seafood baskets and fried chicken.

The Oyster Farm Seafood Eatery at Kings Creek: Upscale seafood eatery with al fresco dining and sunset views of the Chesapeake shore. Its raw bar earned it a spot on the Virginia Oyster Trail.

Hook@Harvey: Formerly the Hook-U-Up Gourmet, this modern bistro serves up marina views and seasonal seafood-inspired dishes.

Pearl Market: A curated shop for local seafood, provisions and artisanal treats.

Charlottesville: Wine-To-Table

Charlottesville's burgeoning restaurant scene reflects the widespread support for eateries that champion local sourcing, including wine. Restaurateurs' appreciation for the diversity of the Monticello Viticultural Area's terroir has steadily grown. You'll find Virginia staples such as Cabernet Franc and Viognier, but also lesser-known varietals such as Petit Verdot, a full-bodied red with dark fruit flavors, or Petit Manseng, an aromatic dry white wine. Whether paired with Southern-inflected tapas or classic French cuisine, Charlottesville's viticulture makes it a wine-to-table foodie paradise.

Oakhart Social: Midtown neighborhood gem with a laid-back vibe and eclectic menu.

Little Star: Tapas-joint-meets-wine-bar with a dose of whimsy.

The Local: Cozy Belmont eatery with a lovely patio, winning modern American menu and more than 50 Virginia wines on its 300-label list.

Fleurie: Polished French restaurant with a local-leaning wine list on the historic Downtown Mall.

Public Fish & Oyster: Chic seafood restaurant with a stellar raw bar.

Roanoke: Southern Comfort

With over 1,000 miles of trails for biking, hiking and climbing, plus sweeping mountain views along the Blue Ridge Parkway, Roanoke is an outdoor lovers' paradise. The Star City's culinary scene shines bright thanks to classic and contemporary restaurants dishing out Southern comfort food. Roanoke's culinary heritage can be traced back to downtown's Roanoke City Market, where farmers and vendors have sold fresh produce, flowers, baked goods and artisanal wares since 1882. From biscuits to barbecue, cornbread to cheese slaw, it's all guaranteed to be served with a hearty helping of Southern hospitality.

The Roanoker: Iconic spot known for down-home breakfasts such as country ham with red eye gravy.

Scratch Biscuit Company: Casual counter-service spot known for fluffy, buttery biscuits and clever sandwiches.

Mama Jean's Barbecue: Air-stream-trailer-turned-food-truck known for its pulled pork, braised Virginia beef brisket and special smoked cheeseburger.

Blue Cow Ice Cream Co.: Small-batch scoop shop near the Roanoke River



SCRATCH BISCUIT COMPANY
Roanoke

Greenway. Try the banana pudding, or signatures like goat cheese and blueberry swirl.

Lucky: Cozy downtown spot with warm service, ace cocktails and Southern fare with global flair.

River & Rail: Casual-cool spot for elevated seasonal comfort food and choice cocktails.

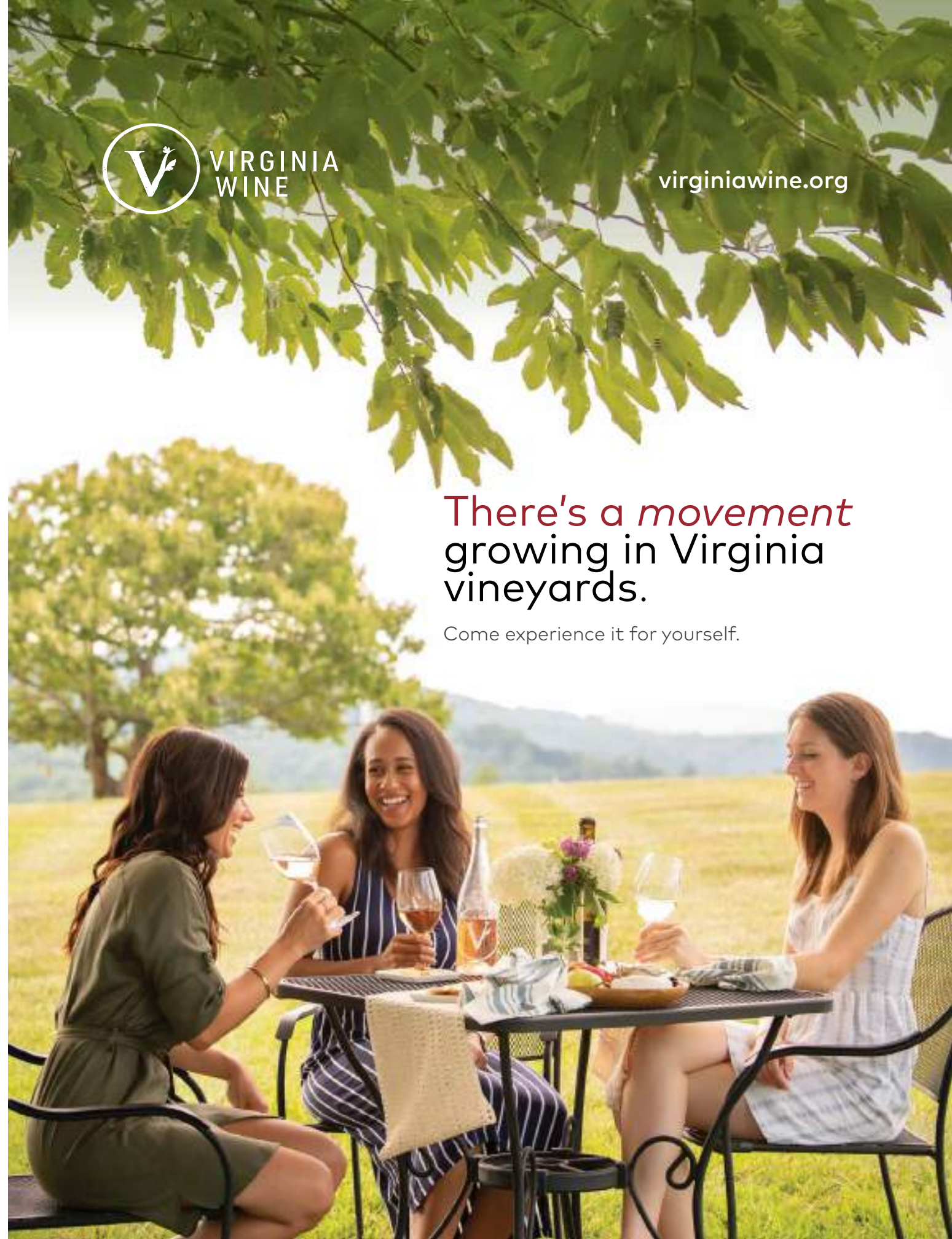
Crystal Spring Grocery: Gourmet grab-and-go and casual café. ❤️



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THE SHANTY: SARAH HAUSER / SCRATCH BISCUIT COMPANY: JOHN PARK

From Mount Vernon to Monticello

A 50-year journey to my ancestral home.

BY GAYLE JESSUP WHITE

*My first visit to a presidential home
was the result of a disappointment.*

It was the summer of 1967 and my best friend Michelle and I were on the Wilson Line ferry headed from Washington, D.C., to Marshall Hall, an amusement park on the Maryland side of the Potomac River. I was 10 years old; Michelle was 11. We lived next door to each other in tidy brick homes, with hard-working dads and stay-at-home moms. Our Black, middle-class Washington, D.C., neighborhood with tree-lined streets and white-paved sidewalks was safe enough to leave the doors unlocked, even after the streetlights came on.

Carefree young girls, Michelle and I were blissfully unaware of what was happening beyond our sheltered community. We had no idea that earlier that summer, there were riots in cities across the country from Newark to Detroit to Milwaukee that left 83 people dead and hundreds more injured. We did not know about the smoldering cities or about the racial inequality that ignited the unrest. Our parents' efforts to protect us from the country's racial strife and social inequities had been very successful. At 10 years old, I did not know that my brown skin made me different from other Americans.

CAMERON DAVISON



That summer, all I knew or cared about was my mother's promise to take us to Marshall Hall. The rides, we were told, were superior to the ones at Glen Echo, the region's other popular amusement park. Until 1961, it was for Whites only. It took the arrest of five Howard University students for refusing to get off the park's carousal and the protests that followed to desegregate Glen Echo. Marshall Hall had a similar history, but I would not learn about the brave people who paved the way for my summer adventure until I was an adult.

My brother and I in Washington D.C.



The day we sailed across the Potomac was full of sunshine and anticipation as the Wilson Line left D.C.'s wharf and headed toward Maryland. After a journey that seemed like an eternity (but was probably less than an hour), we approached the bank. I stood on the boat's deck, my heart pounding as we drew closer and park's view grew larger. But we never got to Marshall Hall that day. Nature called Michelle just as we were about to disembark. By the time we made it to the gangway, the boat was pulling away. With tears rolling down my cheeks, I watched my dream fade into the distance.

Never mind, Mom said, we'll take the ferry to Mount Vernon instead. George Washington's home was almost directly across the river from Marshall Hall, and while visiting the first president's estate was not my idea of fun, I accepted my fate. But once we crossed Mount Vernon's threshold, I was enthralled. Walking through the rooms that had been Washington's, I learned about his life and his America. I explored the dining room where he took his meals and the bedroom where he slept. What I did not see in 1967 was evidence of the 317 enslaved people owned by Washington and his wife Martha.

It was the same story at Jamestown where in 1619, "20 and odd" kidnapped Africans arrived at the English settlement, the first enslaved Blacks in what would become the United States of America. In 1967, at Thomas Jefferson's Monticello, there was no indication that the principal author of the Declaration of Independence owned 607 men, women and children throughout his life. For generations, African American history was not considered part of Virginia's sacred past.

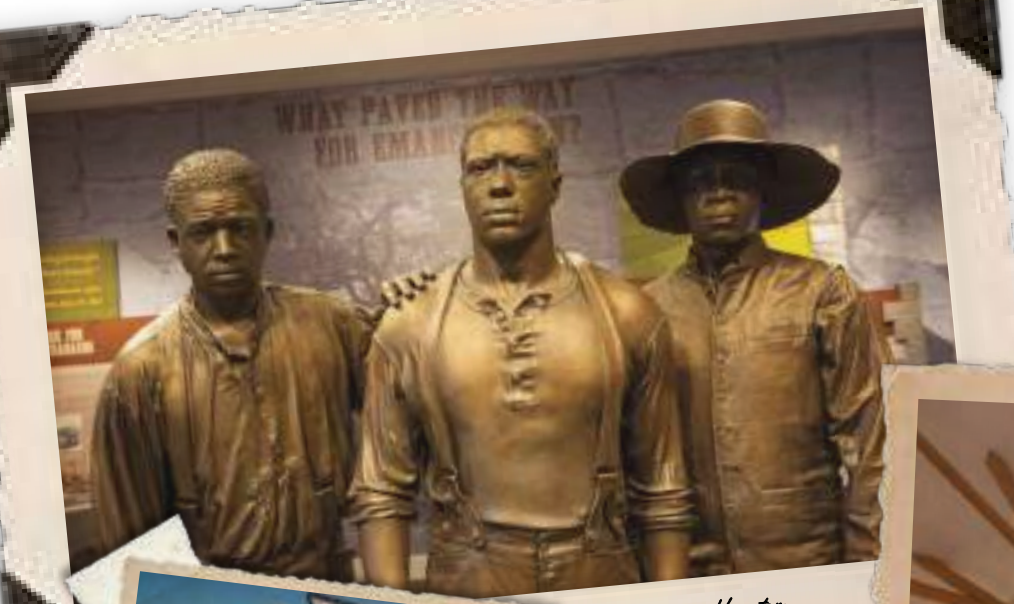
But over the years, the spirit of evolution brought change to the Commonwealth. From house museums like Monticello and Montpelier, to locations such as Colonial Williamsburg and Point Comfort (now Fort Monroe in Hampton), the stories of the enslaved are an integral part of the visitor experience.

For me, the stories shared at Virginia's venerated historical sites are personal because they also tell the history of my family. Not only am I descended from enslaved people from throughout central Virginia, but I am also related to those who enslaved them – most famously, Thomas Jefferson.

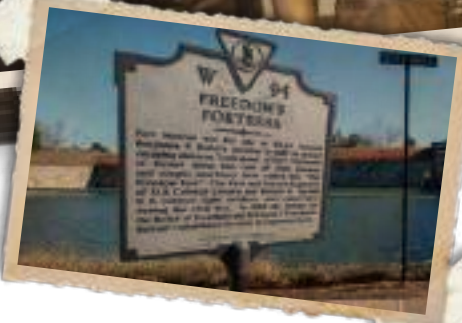
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info@vacrossroads.com

1960: THOMAS J. IMAGE COURTESY OF GAYLE WHITE JESSUP / TOP AND BOTTOM MONTICELLO: COURTESY OF THE THOMAS JEFFERSON FOUNDATION



Fort Monroe, Hampton



It is because of the stubborn insistence of an elderly aunt that at 13 years old, I learned of our family's connection to Jefferson. Her name was Aunt Peachie and she was my paternal grandmother's half-sister. She was not related to Jefferson because the sisters did not have the same father. I never met Aunt Peachie; like most of my father's family, including my grandparents, she was gone by the time I was born. But my family remembered her fondly.



Black History Museum and Cultural Center of Virginia, Richmond

(FACING PAGE) FORT MONROE: BACK HISTORY MUSEUM; SARAH HAUSER / MONTPELIER; COURTESY OF MONTPELIER; ROBERT RUSSA; MOTON MUSEUM; MICHAEL Mergen / (CURRENT PAGE) JAMESTOWN ILLUSTRATION: KIM DALTON

A domestic who could not read, write or even spell her own name, she left little behind aside from a conviction that her nieces and nephews were descended from the third president of the United States. "You're descended from Thomas Jefferson. I'm not, but you are," she would say.

It was easy to doubt Aunt Peachie. Back then, people did not discuss Jefferson's connection to Sally Hemings, the enslaved woman who bore six of his children. However, after decades of research, I would discover that Aunt Peachie was telling the truth. Oral history, fragmented documents and DNA testing confirm that my family is in fact descended from Jefferson, though not through his connection with Hemings.

In an extraordinary discovery, I uncovered that I am descended from one of Jefferson's great-great-grandsons who had a relationship with my great-grandmother, a niece of Sally Hemings. Named after her aunt, she was the daughter of enslaved Monticello cook and brewer, Peter Hemings, one of Sally's older brothers.

My family's history, like America's, is confounding and complex. Untangling the past is one reason



Virginia is rich with links to our past, from Colonial-era historic sites in Jamestown and Williamsburg to presidential homes (Virginia, known as the "mother of presidents," has eight), to Civil War sites such as Appomattox Court House, Civil Rights points like the Civil Rights in Education Heritage Trail™, and museums such as the Black History & Cultural Center of Virginia.

visiting Virginia's historical sites is essential. Places like Monticello tell an honest American story, with all of its contradictions, complexities, failures and triumphs. Understanding our history will help us build a better, more inclusive future.

I could not have imagined when I was a curious 10-year-old exploring

Mount Vernon, the home of America's first president, that I would one day work at the home of the third American president, Thomas Jefferson. I could not have foreseen that I would give voice to the people he enslaved, including my own family. I could not have envisioned that what started as a disappointment would result in such a gratifying ending. ❤️

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James Madison's Montpelier: The Mere Distinction of Color, Montpelier Station



Robert Russa Moton Museum Mural, Farmville

SUSTAINABLE TRAVEL: IT'S THE VIRGINIA WAY

BY JOHNNY MOLLOY

When lovers of the great outdoors come to Virginia, they have high expectations – and deservedly so! Exploring Virginia means adventures ranging from combing the beaches of the Atlantic coastline to trekking the lofty Blue Ridge Mountains to exploring a host of inspiring scenes in between.

You can enhance your Virginia travel experience by supporting travel-related enterprises leading the way in sustainable practices that preserve the land and waters of this vibrant state. This doubles the good

times, soaking in Virginia's natural splendor while maintaining its beauty for those who come after you.

Virginia encourages this blend of responsible business practices and tourism in ways that respect the environment via the Virginia Green Travel Alliance. The organization recognizes and works with restaurants, lodging operators, wineries, parks and ecotourism businesses, helping them to be ecologically responsible while serving Virginia visitors.

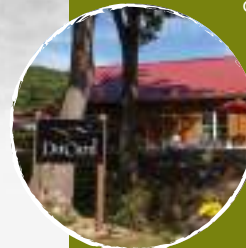
Create your sustainable vacation using one of the following establishments that are outstanding examples of ecotourism found only in Virginia.

MOUNT ROGERS
Mouth of Wilson

KYLE LAFFRENIERE

DUCCARD VINEYARDS: ALI ZAMAN / NATURAL TUNNEL STATE PARK: SCOTT K. BROWN / DISMAL SWAMP: JOEL MULBAH & AYLSEA GILBERT / MOUNTAIN LAKE LODGE: TRICIA KEPPEL

DUCCARD VINEYARDS
Etlan



Want to pair a waterfall hike with a visit to a winery?

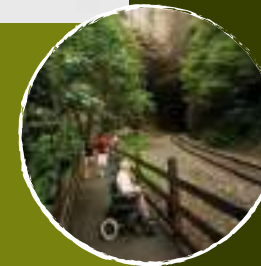
DuCard Vineyards is located in the shadow of Shenandoah National Park near the wild waterfalls of Shenandoah's **Whiteoak Canyon**. DuCard Vineyards sets the standard for green wineries. This leading producer of organic wine uses cutting edge biodynamic procedures (utilizing the land's natural qualities with minimal inputs and a long term approach to conserving the land and environment). DuCard Vineyards simply wants to be a good steward of the land when they compost grape waste byproducts and filter wastewater through a wetland of their own creation, among other practices. Be sure to visit the tasting bar, enjoying vineyard samples plus new release wines. Up your game with a wine flight combined with tasty platters of locally made gourmet cheese or a homemade dessert.

The historic **Mountain Lake Lodge** – where the iconic movie "Dirty Dancing" was filmed – is part of the non-profit Mountain Lake Conservancy, protecting 2,600 acres of picturesque Appalachian highlands. The untamed forest ecosystem safeguards stream water quality while protecting lesser-seen flora and fauna, including the wide lip orchid and sought-for bird species like the Northern saw-whet owl and yellow-bellied sapsucker. The land, laced with enticing hiking trails leading to overlooks such as **Bald Knob** and **Butt Mountain**, is also used for scientific research. After a rewarding hike on the conservancy property, enjoy locally sourced farm-to-table dining at the on-site restaurant, Harvest. Then you can overnight at the Main Stone Lodge, a rustic cabin or modern mountain home, all set at 4,000 feet on Virginia's highest lake.



MOUNTAIN LAKE LODGE
Pembroke

NATURAL TUNNEL STATE PARK
Duffield



Virginia's state parks are among the leaders in sustainable tourism. When you visit preserves such as **Grayson Highlands** with its wild ponies, historic **Occoneechee** on Lake Kerr or sandy **Kiptopeke** on the Eastern Shore, you will see these Virginia State Parks participating in wide ranging green initiatives covering all aspects of environmental integrity. This includes installing water bottle filling stations and reestablishing native landscapes, as well as mounting soap and shampoo dispensers in their cabin showers. These actions reduce waste while preserving and restoring the natural landscape. This way your travel experience will be for the good, whether you are gazing into the wild gorge of **Breaks Interstate State Park**, camping beneath the stars at **Lake Anna State Park** or admiring the fascinating geology of **Natural Tunnel State Park**.

Adventure Kayak Tours leads paddling trips in southeastern Virginia, from primeval coastal creeks to beachcombing island treks in the Atlantic Ocean, all with an eye on the environment. Adventure Kayak Tours periodically holds "P.I.T.O." (Paddle In Trash Out) events, partnering with paddling enthusiasts to clean up local streams. Waterways they paddle on their ecotours include **North Landing River Natural Area Preserve** and the celebrated **Dismal Swamp**. The outfit will also take you out to Smith Island for shelling after paddling through wildlife-rich coastal marshes.



DISMAL SWAMP
Suffolk

Would you like to mix a relaxing float down the **Potomac River** with a dining experience at one of America’s first organic farm eateries? **The Restaurant at Patowmack Farm**, located near Lovettsville, will do it for you. Their motto is to “nourish the soul and excite the palate.” They do this using freshly cultivated products from their own farm – along with other local ingredients – and combine them for a stellar dining event. One of Virginia’s first certified organic farms, they take a long-term, healthy farming view, rotating crops and using smart conservation while protecting the soil. On your way to **Patowmack Farm**, first paddle the legendary Potomac River through island-studded easy waters from Point of Rocks to Whites Ford Regional Park, then spend the evening at Patowmack Farm with an entertaining meal you won’t forget.

Want to support art and artisans working their craft in ways that help the



Please be sure to leave no trace as you explore Virginia’s diverse natural habitats. Always pack up what you bring along, respect the wildlife and your surroundings and leave the land as you found it: *beautiful*. Visit [Int.org](https://www.int.org) for more information.

environment by repurposing materials and turning them into works of beauty? Come to Abingdon and explore the **Southwest Virginia Cultural Center and Marketplace**. Admire locally handcrafted fineries such as glass works, pottery, jewelry and clothing. Check ahead for live artisan demonstrations. The center also sustains area farms by selling homegrown products and hosting agritourism events such as grape stomping and apple butter making. And when in Abingdon, a bicycle ride on the gorgeous **Virginia Creeper Trail** – a repurposed rail trail running through lovely terrain – is a must.

No matter your chosen Virginia outdoor vacation – whether you paddle the coast, hike the mountains, bicycle a rail trail or camp somewhere in between – you can visit Virginia parks, accommodations, wineries, restaurants and artisans that combine their unique specialties and services with a genuine love and respect for their surroundings. It’s the Virginia way.

To start planning your next eco-friendly vacation, visit virginia.org/green. ♥



THE RESTAURANT AT PATOWMACK FARM
Lovettsville

THE RESTAURANT AT PATOWMACK FARM, TODD WRIGHT

National & Regional Parks, Refuges & Forests

	Region *	Camping	Group Camping	Dumping Station	Showers	Toilets	Housekeeping Cabins	Primitive Group Cabins	Picnicking	Bridle Trails	Hiking Trails	Bicycle Trails	Self-Guiding Trails	Swimming & Bathhouse	Boat Launching	Motor Boats Permitted	Rowboat & Canoe Rentals	Paddleboat Rentals	Fishing	Groceries	Snack Bar	Restaurant	Rental Horses	Visitor Center	Programs	Handicapped Accessible	Admission Fee	Parking Fee	Environmental Education Ctr.
Algonkian Regional Park, Sterling, VA 703-450-4655, novaparks.com/parks/algonkian-regional-park	N				❖	❖		❖			❖	❖	❖	❖	❖	❖			❖		❖				❖	❖			
Assateague Island National Seashore, Chincoteague, VA 757-336-6577, nps.gov/asis	E				❖	❖			❖	❖	❖	❖	❖		❖				❖					❖	❖	❖	❖		❖
Back Bay National Wildlife Refuge, Virginia Beach, VA 757-301-7329, fws.gov/refuge/back_bay	Co					❖					❖	❖	❖		❖				❖					❖	❖	❖	❖	❖	❖
Ball's Bluff Battlefield Regional Park, Leesburg, VA 703-737-7800, novaparks.com/parks/balls-bluff-battlefield-regional-park	N					❖					❖		❖						❖						❖				
Blue Ridge Parkway 828-271-4779, nps.gov/blri	SB M	❖	❖	❖		❖	❖		❖	❖	❖	❖	❖				❖		❖		❖	❖		❖	❖	❖			
Bull Run Regional Park, Centreville, VA 703-631-0550, novaparks.com/parks/bull-run-regional-park	N	❖	❖	❖	❖	❖	❖		❖	❖	❖		❖	❖					❖	❖	❖				❖	❖	❖		
Cameron Run Regional Park, Alexandria, VA 703-960-0767, novaparks.com/parks/cameron-run-regional-park	N					❖			❖					❖					❖		❖				❖	❖			
Chincoteague National Wildlife Refuge, Chincoteague, VA 757-336-6122, fws.gov/refuge/chincoteague	E				❖	❖			❖	❖	❖	❖	❖	❖					❖					❖	❖	❖	❖		❖
Cumberland Gap National Historical Park 606-248-2817, nps.gov/cuga	H	❖	❖	❖	❖	❖			❖	❖	❖	❖	❖											❖	❖	❖			
Eastern Shore of Virginia National Wildlife Refuge, Cape Charles, VA 757-331-2760, fws.gov/refuge/Eastern_Shore_of_Virginia	E					❖					❖	❖	❖		❖	❖			❖					❖	❖	❖			❖
Fountainhead Regional Park, Station, VA 703-250-9124, novaparks.com/parks/fountainhead-regional-park	N					❖			❖	❖	❖	❖			❖	❖	❖	❖	❖		❖				❖	❖			
George Washington & Jefferson National Forests, Roanoke, VA 540-265-5100, fs.usda.gov/gwj	SB H M	❖	❖	❖	❖	❖	❖		❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖		❖				❖	❖	❖	❖	❖
Great Dismal Swamp National Wildlife Refuge, Suffolk, VA 757-986-3705, fws.gov/refuge/Great_Dismal_Swamp	Co					❖					❖	❖	❖		❖				❖					❖	❖	❖			
Hemlock Overlook Regional Park, Clifton, VA 800-877-0954, novaparks.com/parks/hemlock-overlook-regional-park	N	❖	❖	❖	❖	❖		❖	❖	❖	❖		❖						❖						❖	❖			❖
Meadowlark Botanical Gardens, Vienna, VA 703-255-3631, novaparks.com/parks/meadowlark-botanical-gardens	N					❖			❖		❖		❖												❖	❖	❖		❖
Mt. Rogers National Recreation Area, Marion, VA 800-628-7202, fs.usda.gov/gwj	B	❖	❖	❖	❖	❖	❖		❖	❖	❖	❖	❖	❖	❖				❖				❖	❖		❖		❖	
Natural Chimneys Park, Mt. Solon, VA 540-350-2510, co.augusta.va.us	S	❖	❖	❖	❖	❖			❖		❖	❖	❖	❖	❖									❖	❖	❖			
Newport News Park, Newport News, VA 757-9226-1400, nnparks.com/parks_nn.php	Co	❖	❖	❖	❖	❖			❖	❖	❖	❖	❖		❖		❖	❖	❖	❖	❖	❖			❖	❖	❖		❖
Occoquan Regional Park, Lorton, VA 703-690-2121, novaparks.com/parks/occoquan-regional-park	N					❖			❖		❖	❖	❖		❖	❖	❖	❖	❖		❖				❖	❖			
Pohick Bay Regional Park, Lorton, VA 703-339-6104, novaparks.com/parks/pohick-bay-regional-park	N	❖	❖	❖	❖	❖	❖		❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖			❖	❖	❖	❖	
Potomac Overlook Regional Park, Arlington, VA 703-528-5406, novaparks.com/parks/potomac-overlook-regional-park	N					❖			❖		❖		❖												❖	❖			❖
Potomac River National Wildlife Refuge Complex, Woodbridge, VA 703-490-4979, fws.gov/refuge/Mason_Neck/About_the_Complex.html	N					❖					❖	❖	❖													❖	❖		
Presquile National Wildlife Refuge, Chesterfield, VA 804-829-9020, fws.gov/refuge/presquile	C					❖					❖	❖	❖		❖									❖	❖	❖			❖
Prince William Forest Park, Triangle, VA 703-221-7181, nps.gov/prwi/index.htm	N	❖	❖		❖	❖	❖	❖	❖		❖	❖	❖						❖					❖	❖	❖	❖		❖
Rappahannock River Valley National Wildlife Refuge, Warsaw, VA 804-333-1470, fws.gov/refuge/rappahannock_river_valley	Ch					❖					❖	❖	❖		❖		❖		❖						❖	❖			❖
Red Rock Wilderness Overlook Regional Park, Leesburg, VA 703-737-7800, novaparks.com/parks/red-rock-wilderness-overlook-regional-park	N										❖																		
Shenandoah National Park/ Skyline Drive, Luray, VA 540-999-3500, nps.gov/shen	S	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖	❖						❖	❖	❖	❖		❖	❖	❖	❖		
Upton Hill Regional Park, Arlington, VA 703-534-3437, novaparks.com/parks/upton-hill-regional-park	N					❖			❖		❖			❖							❖				❖	❖			
W&OD Railroad Regional Park, Ashburn, VA 703-729-0596, novaparks.com/parks/washington-and-old-dominion-railroad-regional-park	N					❖			❖	❖	❖	❖	❖												❖	❖			

* B-Blue Ridge Highlands, C-Central, Ch-Chesapeake Bay, Co-Coastal, E-Eastern Shore, H-Heart of Appalachia, M-Mountains, N-Northern, S-Shenandoah Valley, So-Southern.

‡ for Virginia portion only

YOUR PARKS YOUR ADVENTURES

HIKING

Virginia State Parks trails are as diverse as the parks, so you're sure to find a great trail for a short and easy family walk or a strenuous hike suited for backpacking. Every park has a trail guide to make planning your visit a snap.

RIDING

With more than 55 miles of mountain biking trails and approximately 256 miles of multiuse trails for bikers, hikers and horseback riders, we are a trail lover's paradise. From relaxing rides with the kids, to hand-cycle friendly routes, to challenging trails for your thick wheels, Virginia State Parks has trails for you.

STAYING

Cabins are open year-round and are great for peaceful mid-week getaways. RV and tent camping is available March through November, and so are yurts, which bridge the gap between tent camping and cabins for when you want to rough it, but not too much.



PADDLING

Virginia State Parks offer canoeing, kayaking, and, for a real challenge, stand-up paddleboards. Other water amenities include full-service marinas, car-top, slide and concrete boat ramps. State parks provide access to Virginia's most popular rivers and lakes, as well as the Chesapeake Bay and the Atlantic Ocean.

WATCHING

Bald eagles soaring thousands of feet overhead. Deer gracefully stepping through the forest. Foxes, raccoons, beavers ... the list goes on and on. You'll find few places better suited to wildlife than Virginia's state parks. Remember: Wildlife is wild, so keep a respectful distance.



Virginia's Greatest Golf Courses

All ages and skill levels can enjoy a beautiful day on these local courses.



Imagine a natural haven that is just a short car drive away, yet immerses you in a resort club lifestyle that is all your own. **Bay Creek** is a breathtaking, coastal setting in which you can seek refuge and adventure on some of the most coveted property on Virginia's Eastern Shore.

Enjoy 1,720 acres of lush beauty, two miles of private beach, 27 holes of Palmer and Nicklaus golf, a 350-acre nature preserve with miles and miles of trails — and countless opportunities to fish, swim, crab, kayak, hike or simply take in the pristine wonders on every side.

Contact Bay Creek to learn more about Golf and Vacation Getaways.

Bay Creek Resort
1 Clubhouse Way, Cape Charles, VA 23310
(844) 620-2900 BayCreekResort.com



With three renowned 18-hole golf courses, one designated for members, a celebrated golf academy and year-round golf schools, **Kingsmill Resort** offers the exciting variety and challenge you want to take your game to the next level. Come play the most historic 177 yards of golf in America at Williamsburg's only AAA Four Diamond Resort. As one of the premier golf

resorts on the East Coast, Kingsmill offers exclusive resort perks for our overnight guests. Pack your clubs and make a tee time on the River or Plantation Course. For more than three decades, The River Course, now home to the Pure Silk Championship, has hosted the world's best players on both PGA and LPGA tours.

Kingsmill Resort
1010 Kingsmill Road, Williamsburg, VA 23185
(888) 334-4856 Kingsmill.com/golf



Sam Snead once remarked that if he could play only one course, it would be The Cascades at **The Omni Homestead Resort** in Hot Springs. Recently ranked #25 on Golf Digest's list of America's 100 Greatest Public Courses, The Cascades is regarded as one of William S. Flynn's finest works.

Flynn's deft architectural skills created a course which fit perfectly within the scenic Allegheny Mountains. A variety of tee shots lead to sloping, tree-lined fairways and the Cascades stream comes into play on several holes.

The Old Course is distinguished as home of the nation's oldest first tee in continuous use. Updates by Flynn and Donald Ross are showcased in the abundant fairway contouring and smallish greens, making approach shots interesting.

The Omni Homestead Resort
7696 Sam Snead Highway, Hot Springs, VA 24445
(800) 838-1766 (540) 839-1766
TheOmniHomestead.com



The Highland Course at Primland
Meadows of Dan, VA 24120
(866) 960-7746 Primland.com

High in the scenic hills of Virginia, **Primland** awaits with unique and exciting opportunities to put yourself above all else. Find your sense of wonder with deep-space stargazing. Feel the warm rush of adrenaline as you race through wooded RTV trails. Follow your instincts on a guided hunting expedition, or focus your golf game on an unforgettable course carved into the breathtaking Blue Ridge Mountains. Whatever experience you choose, expect to leave refreshed and renewed. Because your stay at Primland stays with you.

*Getting away from it all
is closer than you think.*



844.620.2900 BayCreekResort.com

BAY CREEK
Cape Charles, Virginia

Enjoy 1,720 acres of lush beauty on Virginia's Eastern Shore, featuring 27 magnificent holes of Palmer and Nicklaus golf, two miles of private beach, a newly designated 350-acre nature preserve with miles and miles of trails, and countless opportunities to fish, swim, crab, kayak, paddle board, hike, or simply take in the pristine wonders on every side.

Contact us to learn more about our great golf and vacation packages to help you make the most of life at Bay Creek.

SOMETHING FOR EVERY GOLFER

With 54-holes of championship golf, a celebrated Golf Channel Academy, and year-round golf schools, Kingsmill Resort offers an exciting array of challenges to take your game to the next level. Put your game to the test against course designers Arnold Palmer, Pete Dye Tom Clark and Curtis Strange.

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RESERVATIONS 877.381.7483



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a part of.
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the homestead | virginia

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VIRGINIA
IS FOR
GOLF
LOVERS | virginia.org/golf

EXPLORE the Wild

with Virginia Department of Wildlife Resources



VIRGINIA IS FOR
OUTDOOR LOVERS



Virginia is full of wild places to explore, whether your interest is hiking, wildlife watching, fishing, hunting, or boating. And remember, the *Outdoors are Better Together!*

Find out more at VirginiaWildlife.gov/explore

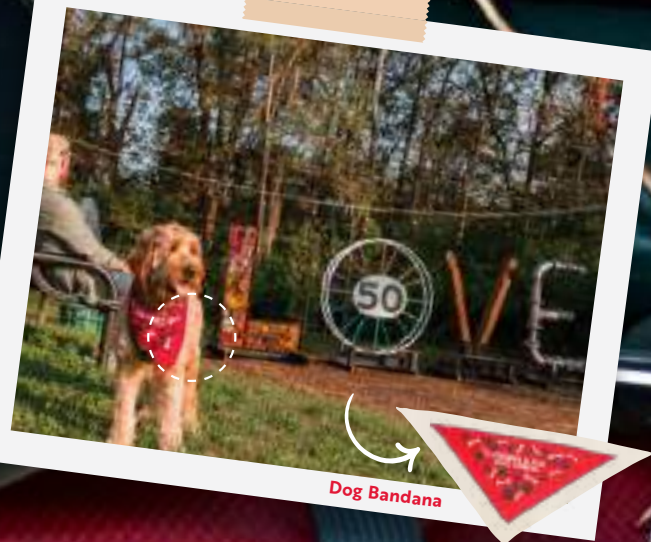
Virginia Vibes

All the gear you need to show your Virginia love! Visit virginia.org/shop to get yours.

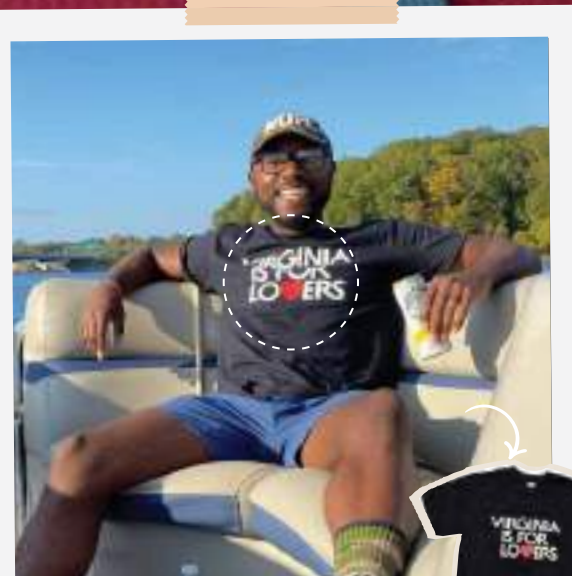
Use Code
VTG21
for 20% off your purchase!

VIRGINIA
IS FOR
LOVERS

Bumper Sticker



Dog Bandana



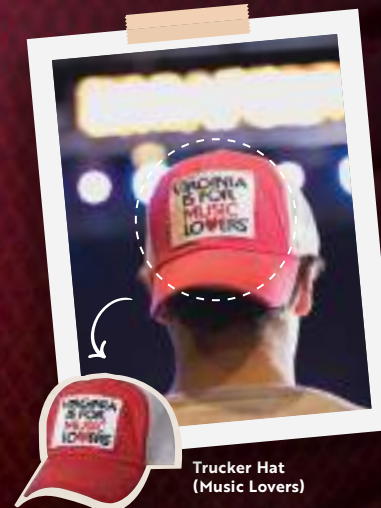
T-Shirt



Trucker Hat



Bar Glass



Trucker Hat
(Music Lovers)



Pride Vintage
T-Shirt

Experience the Shenandoah Valley in
Harrisonburg & Rockingham County



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Discover our **WILD SIDE!**

Walk, hike, paddle, or camp as you explore the best spots to see Virginia's diverse birds and wildlife. Find a site near you at VirginiaWildlife.gov/BirdTrail.



**BIRD &
WILDLIFE
TRAIL**



On the Big Screen

Did You Know? These popular new releases were filmed in Virginia!

WONDER WOMAN: 1984

This star-studded sequel finds Wonder Woman transported to 1984, facing off against two all-new foes: Max Lord and The Cheetah. Alexandria's Landmark Mall was transformed into a bustling 1980s shopping mall in its neon heyday, with many classic storefronts making memorable cameos.



WHAT TO SPOT
Keep an eye out for this retro Virginia is for Lovers™ drum!



WONDER WOMAN: 1984

THE GOOD LORD BIRD

Based on the eponymous novel by James McBride, and starring Ethan Hawke as 19th-century abolitionist John Brown, "The Good Lord Bird" is told from the point of view of Onion, an enslaved teenager who becomes a member in Brown's motley family during the time of Bleeding Kansas, eventually participating in the famous 1859 raid on the Army depot at Harpers Ferry. Brown's raid failed to initiate the slave revolt he intended but is often cited as the instigating event that started the Civil War.



THE GOOD LORD BIRD

LOCATIONS: Richmond, Petersburg, Powhatan, Goochland and more. The cast and crew stayed in Richmond, with favorite locations including the Byrd Theatre and Carytown.

Richmond's **Belle Isle** serves as John Brown's Camp in episodes 101 and 102.

Thomas Jefferson's real-life childhood home, **Tuckahoe Plantation**, plays the exterior of Colonel Washington's Farm in episodes 106 and 107.

Old Towne Petersburg's Grove Avenue, Main Street and Appomattox Ironworks all make appearances - as Chatham's Main Street in episode 105 and the parade ground in episode 108.

THE WALKING DEAD: WORLD BEYOND

The first generation to come-of-age in the franchise's post-apocalyptic realm, a group of friends leave an established community of contained safety and comfort to brave dangers - living and undead - on an important quest.

LOCATIONS: Hopewell, Richmond, Powhatan, Charles City and more.



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JUNE 18-20

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Virginia State University plays several university settings, as well as Dr. K's Apartment.

The infamous plane crash was filmed in **downtown Hopewell**.

Look for **Powhatan State Park** in the Horde of Walkers scene.

Lewis Ginter Botanical Garden's Bloemendaal House stars as the University Greenhouse and Antelope Hall.



THE WALKING DEAD: WORLD BEYOND

Want to find more of Virginia in these shows and others? Check out virginia.org/film to learn more. ♥

Welcome to All

BY BRANDON PRESSER

Discover unflagging diversity in these LGBTQ+ hubs.

Through small business ownership, activist organizations, annual events and recent legislation protecting the LGBTQ+ community from discrimination, Virginia's spectrum of residents has woven rainbow colors into their cities' urban fabric, never relegating themselves to a single neighborhood or token bar.

VIRGINIA MUSEUM OF FINE ART
Richmond

TORPEDO FACTORY ART CENTER
Alexandria

COLONIAL BEACH

Colonial Beach is quickly emerging as Virginia's very own seaside escape with affordable, craftsman-style inns and rentals, and a smattering of watering holes that feel more Cheers-for-queers instead of a thumping club scene. Get in on the ground floor before prices appropriately soar; enjoy **second-Friday art walks** each month then cap off summer nights at **Dockside Tiki Bar**.

TORPEDO FACTORY ART CENTER: TODD WRIGHT / BLACK HAND COFFEE: MICHAEL SIMON / DOWNTOWN MALL: BRANTLEY LUSSEY / COLONIAL BEACH: CHRIS MUITZER / HARBORFEST: MATT KING

COLONIAL BEACH

DOWNTOWN MALL
Charlottesville

CHARLOTTESVILLE

One of America's original college towns exudes youthful rebellion from its maroon, Jeffersonian bricks. The **Charlottesville Pride Community Network** supports causes dear to every letter in the alphabet and bolsters other communities in need as well. Brunch-hop your way around the city to check out the LGBTQ+ hangouts, like **Marie-Bette Café & Bakery**, **The Pie Chest** and **Bagel Ladies**.

ALEXANDRIA

A walk down **King Street** immediately rebukes the notion that Alexandria is just a suburb of Washington, D.C. A perfect day in this standalone city starts at the **Torpedo Factory Art Center** — a repurposed warehouse that's now home to dozens of diverse artists working in a variety of media and materials — and ends with seafood at **Hank's Oyster Bar** plus a nightcap at **Captain Gregory's**, tucked past the trick wall of a donut shop.

RICHMOND


In capital-city Richmond, it's hard to pick the district that's pulsing with the most creativity along the Parisian-esque boulevards that spiderweb between historic mansions and monuments. Try **Carytown** to Eat, Play, Love among the row homes that hide some of the best bistros and gift shops — like **Mongrel** — behind their technicolor facades. Tour the galleries and bars of the Fan District and Scott's Addition, then wind up at **L'Opposum** in Oregon Hill with its cheeky dessert names on the menu.

NORFOLK

Home to the country's naval military headquarters, Norfolk is not the most obvious choice for the LGBTQ+ traveler, but every year thousands descend upon the city for **Hampton Roads Pridefest**, one of the most dynamic LGBTQ+ festivals in the country that honors its maritime roots with a unique boat parade. After, hit up **Granby Street** which — following a glamorous face lift — has anchored the Ghent neighborhood as the region's new locus of bohemian cool. ❤️

HARBORFEST
Norfolk

From vibrant small towns to bustling cities, Virginia can't wait to welcome you!
For a full list of LGBTQ+ city guides, visit virginia.org/lgbt.

CENTRAL
VIRGINIALOVEWORK
Farmville


Located right in the heart of the state, **CENTRAL VIRGINIA** is an easy drive from beaches, mountains and Washington, D.C. From vibrant small towns to the bustling state capital, this region teems with creative energy, passionate makers, local love and rich history. And as the landscape transitions from urban riverfronts to rolling hills to mountain-top vistas, you'll also find a wide array of outdoor experiences and a diverse abundance of locally sourced cuisine.

DID YOU KNOW?

Athlete, physician, civil rights activist, philanthropist and tennis advocate – these are just a few of the civic accomplishments of **Dr. Robert Walter “Whirlwind” Johnson**. He was the first Black doctor to receive staff privileges at **Lynchburg** General Hospital. And because of the segregation served up on white-owned tennis courts, Johnson built his own courts and supported young players – including Arthur Ashe and Althea Johnson, the first Black man and woman to win Wimbledon.

INSTAGRAM-WORTHY

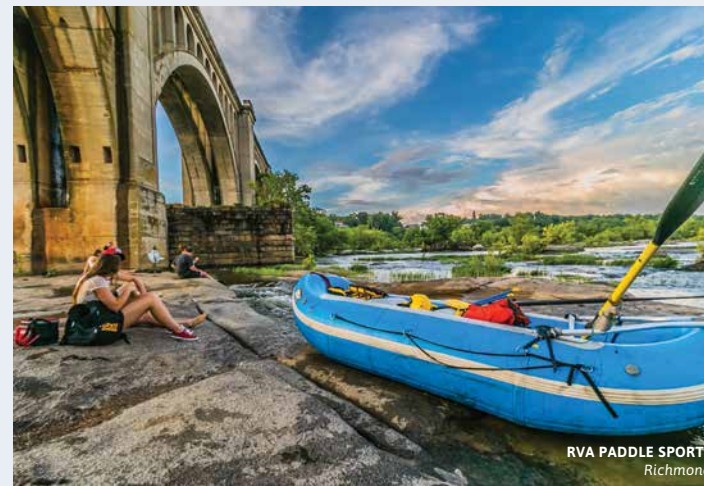
Your hopes for a photo op will climb as you make the ascent to **Stone Mountain Vineyards**. Situated 1,700 feet high in the foothills of the Blue Ridge, the tasting room gives away free, soul-refreshing views that stretch uninterrupted over Virginia’s Piedmont. The vineyard takes advantage of the location, too, since the steep mountain slopes prevent vine damage from spring frost and summer humidity. You’ll appreciate this distinction as you sip the delightful wines and snap awe-inspiring pics.



ASK A LOCAL

“What I love about my region is taking friends from elsewhere who have always heard about the **Blue Ridge Mountains** to see them.

We visit one of the many wineries with breathtaking views of our ridges, and people are amazed by how blue they really are! **They immediately fall in LOVE with Virginia!**” — Olivia Branch, Lockn’ Music Festival

RVA PADDLE SPORTS
Richmond

BUCKET LIST

Picture whitewater rafting and you probably envision rivers far from a big city. Not so with the **James River**, which flows right through downtown **Richmond**. It spills over ancient rocks and challenging rapids to offer natural class III and IV whitewater rafting. Given the forested banks and wildlife cameos – including bald eagles and great blue herons – you might forget you’re in the city. But afterwards, you’ll enjoy being mere minutes from restaurants, breweries and a multitude of urban conveniences.

NOTABLE
NEIGHBORHOOD

Previously overlooked despite a rich history and contemporary gems, **Old Towne Petersburg** has revived its image to the benefit of residents and visitors alike. Bustling businesses occupy historic buildings, showing off a wealth of architecture – virtually every popular style of the late 18th and early 19th centuries. Diverse local restaurants, antique shops, boutiques, craft shops and the award-winning **Trapezium Brewing** all call Old Towne home. Need a celebrity rec? Steven Spielberg filmed much of his award-winning “**Lincoln**” movie here!

MONTPELIER HUNT RACES
Montpelier Station

ICONIC

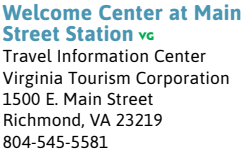
The pounding of hooves, the majesty, strength and grace of the horses as they navigate the steeplechase obstacles, the thrill of competition – such excitement and exhilaration have enticed spectators to the annual **Montpelier Hunt Races** since 1932. Some visitors may be more intrigued by the history behind the races, initiated by America’s First Lady of Racing, Marion duPont Scott. Others may be enticed by the race-day party: tailgating, stick-horse races for kids, hat contests, terrier races, vendors and more.

HIDDEN GEM

The phoenix has soared from the ashes, transforming a deserted quarry to a natural marvel: **The Quarry Gardens at Schuyler**. Soapstone was mined here between the 1950s and 1970s, then the property became a dumpsite. After years of clean-up - by man and Mother Nature! - and the reintroduction of native plants, the Quarry Gardens offers trails, pollinator gardens, wetlands, multiple diverse plant communities, and a visitor center with exhibits on local flora and ecosystems and on the soapstone industry.

WHAT’S NEW

The Civil Rights in Education Heritage Trail® now covers 53 sites throughout 14 counties. Learn of powerful, under- and untold stories of what life was like for African Americans, Native Americans and women fighting for an education in the early days of this country. Walk in the shoes of real-life heroes: Maceo Conrad Martin, who fought for a state park allowing African Americans (now **Twin Lakes State Park**); Barbara Johns and other children at the **Moton School** who peacefully sought for equal rights; and many more.



VIRGINIA.ORG 51

WANDERLOVE

coolesthikeinvirginia.com

CROZET TUNNEL GREENWAY

Nelson County • Waynesboro

COLES POINT

CHESAPEAKE BAY

Not far from the hustle and bustle of major Virginia cities, the **CHESAPEAKE BAY** region invites you to relax and unwind in its quiet, coastal charm. More than 1,800 miles of bay and riverside shoreline beckon boaters, paddlers and all water lovers to explore the region's natural beauty, iconic history and quaint small towns – where living the “rivah life” wouldn't be complete without a feast of fresh local seafood paired with award-winning regional wine.



TIM FORTN

PET-FRIENDLY

If you like traveling with your four-legged friend, then **The Tides Inn** is the place for you, ensuring you both feel like royalty. Your buddy will luxuriate on a cozy Harry Barker pet bed, eat from a ceramic bowl and chomp on in-room doggie biscuits. Roam the grounds, beach and marina, then head to Kilmarnock for a downtown stroll and some off-leash play at **Scottie Yard dog park**.

THE DOG & OYSTER VINEYARD
Irvington

ASK A LOCAL

“Virginia is one of only two places in the world where vineyards exist alongside water with oysters; Bordeaux in France is the other. Wine and oysters both reflect a sense of place. The ‘terroir’ of the grape and wine is like the ‘merroir’ of the oyster, which results in a perfect culinary pairing. The weather and climate, soil composition and geography are the same for Virginia’s coastal grapes and the nearby oysters. You can seek this pairing at restaurants that offer wine from vineyards on Virginia’s shores and pair it with Virginia’s oysters. **Experience for yourself why foods that grow together should be served together. Tasting is believing.**” — Dudley Patteson, Hope & Glory Inn and Dog & Oyster Vineyard

DID YOU KNOW?

Virginian **Gladys West**, who began her career at the U.S. Naval Weapons Laboratory in **Dahlgren**, was part of the “Hidden Figures” team – the Black female mathematicians known as “computers” - performing computations for the U.S. military before the advent of electronic calculators and computers. Among other awe-inspiring accomplishments, she verified calculations for Navy weapon systems and programmed a computer to deliver calculations for a “geodetic Earth model,” which ultimately became GPS.

NOTABLE TOWN

In **Mathews**, Main Street is more than just an address – it’s a description. Downtown Mathews exudes a nostalgic small-town vibe, with plentiful smiles and 21st-century benefits. Stroll the friendly streets to boutique and antique shops. Muses thrive here, as evidenced in local art and craft galleries and studios that highlight pottery, paintings, wood carvings, jewelry and more. Choose from fine dining, casual fare or fast food, but don’t miss regionally celebrated **White Dog Bistro** or local favorite **Southwind Pizza**.

HIDDEN GEM

Time took a toll at **Menokin**, a 1769 Georgian-style mansion that was crumbling to the earth. Meanwhile, the surrounding woods reclaimed the native plants and animals. Now, the two exist side by side – the home is being gently restored and the land is a wildlife refuge. The National Historic Landmark won’t become just another museum house, though. The restoration of the ruins will use structural glass, leaving elements of the house visible, to better illuminate Menokin’s story for visitors.

MERRIOR
Topping

INSTAGRAM-WORTHY

Your photo finger will be itching at **Merrior** oyster tasting house on the Rappahannock River. With waterside views, spectacular skylines, fabulous food and numerous accolades, it’s the epitome of **Virginia’s River Realm**. Your drool-worthy pictures are sure to inspire FOMO and food envy, though you may have trouble putting down your fork to pick up your phone.

ICONIC

The small park seems unassuming, but **Tyndall’s Point Park** showcases an enlightening connection to history. As you read the interpretive signs, a picture of the past materializes: first settlers landing here in the early 1600s; forts during the 17th century, the Civil War, and the Revolutionary War; and sporadic battles. Imaginary sounds of musket fire and cannon may drown out nearby river traffic as you wander past redoubts and trenches. You’ll leave respectful – and better informed.



WESTMORELAND STATE PARK

BUCKET LIST

Of course, **Westmoreland State Park** offers outdoor opportunities galore, but you’ll also find something unexpected, something that just might be on your bucket list. The sand at **Fossil Beach** harbors sharks’ teeth and other fossils, from millions and millions of years ago, when the region was covered by the ocean. Think whale teeth, shark and fish bones, and big-as-your-palm megalodon teeth – the biggest shark ever to patrol the oceans.

VIRGINIA.ORG 65

VIRGINIA BEACH WATERFRONT

COASTAL VIRGINIA

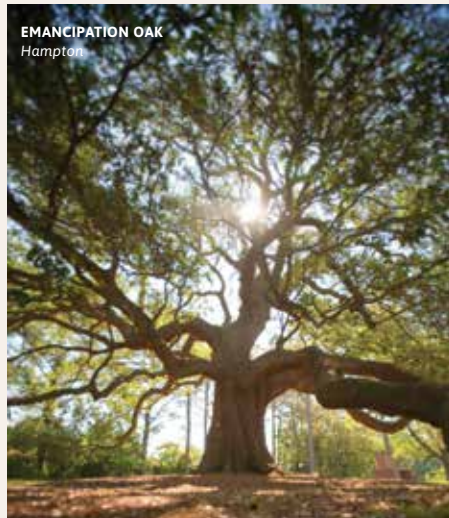
The **COASTAL VIRGINIA** region begins just east of Richmond, meanders along Chesapeake Bay tributaries and ends along the beautiful coast of the Atlantic Ocean. Featuring historic icons, classic theme parks and beautiful shorelines, it's the ideal destination for a classic family getaway, satisfying history buffs, thrill seekers and beach loungers alike!

ALL ZAMAN

DID YOU KNOW?

The accomplishments of **Pharrell Williams** reach as high as “a room without a roof”: musician, producer, entrepreneur and more. And **Virginia Beach** residents know that Williams treasures the city where he was born and raised, and that he supports what he values – as highlighted by the **Something in the Water** festival. The multiday beachfront experience welcomes internationally acclaimed recording artists, providing epic entertainment while benefiting Virginia Beach.

EMANCIPATION OAK
Hampton



NOTABLE NEIGHBORHOOD

You can bask in **Phoebus** entertainment and food, but don't pass up the historical highlights of Hampton's early beach resort and “liberty spot” for World War II soldiers. Tour **Fort Monroe**, located where the first Africans arrived in 1619, and which sheltered freedom seekers during the Civil War. Visit **Hampton University**, an HBCU founded in 1868. See the Emancipation Oak, where the Black community gathered in 1863 to hear the first Southern reading of the Emancipation Proclamation. Then pair your new-found knowledge with a pint from **1865 Brewing**, a new history-themed brewery.

ICONIC

Three Virginia locations that played major roles in early American history lie within easy driving distance. Dubbed the **Historic Triangle**, **Jamestown**, **Yorktown** and **Williamsburg** showcase the first English settlement, the end of the Revolutionary War and the founding of a new nation. Each destination offers dynamic learning opportunities for all ages. Chat with historical interpreters, watch historically accurate demonstrations, taste true-to-the-times food and explore re-created living-history communities and interactive museums.

SMITHFIELD LOVEWORK: ELY CONDIT / JARRELL WILLIAMS HEADSHOT: NOMARAMA / EMANCIPATION OAK: BILL CRABTREE, JR.



LOVEWORK
Smithfield

LOVEWORK

Ham it up at the LOVEwork in **Smithfield**, where the popular country ham has been cured, treated, smoked and processed for centuries. The Smithfield brand also produces bacon, so using two strips of the delicious pork product as inspiration for the “V” was a no-brainer for designer Meagan Pugh. Your bacon-themed photo op will certainly make you hungry, so turn your focus to the official ham shop, informative museum and several restaurants serving local products.

BUCKET LIST

You won't want to blow off the opportunity to take a **whale-watching tour** in **Virginia Beach**. These massive majestic mammals come to the Virginia shores in the winter months, when northern waters get too cold. Catch the acrobatic humpback whales in their natural habitat to see them blowing, breaching, rolling over, fluking and slapping the water. You might also spot bottlenose dolphins; harbor seals; harbor porpoises; fin, right and minke whales; and a variety of seabirds and waterfowl.

HIDDEN GEM

The Mikelaites family has welcomed guests to their pastoral land since 1987, when parents Joseph and Helene – “Jolene” – operated a nursery and garden center. Siblings Sandy, Brian and Cindy have since converted the property to **Jolene Family Winery** and vineyard. Choose from their vibrant whites, ruby rosé or robust reds, and then choose where to sip and savor: on The Veranda, in The Pines beside the placid lake, in The Greenhouse or in the comfortable tasting room.

INSTAGRAM-WORTHY

Picture-worthy scenes at **Lake Drummond** in the **Great Dismal Swamp National Wildlife Refuge** inspire your soul and your camera. Here, untarnished stretches of forest habitats and marshes support a diversity of mammals, birds and butterflies. Picturesque bald cypress trees rise from the water on wide rippled bases, like pleated skirts, often with knobby “knees” jutting up beside them. Their quirky appearance summons thoughts of enchanted forests and of prehistoric swamps!



ASK A LOCAL

“I love Coastal Virginia so much because of the variety: ‘7 Cities’ is not just a name! ... What I like most is that **each city has its own identity and vibe**. Beyond that, we have the beach, bay, rural, city ... a little bit of something for everyone!” —Jarrell Williams, Nomarama



Experience an Inspired Weekend in HAMPTON

Sea to Stars

**MANY ATTRACTIONS.
ONE LOW PRICE.**

Hampton's 410-year legacy as the city "First from the Sea, First to the Stars" is captured in this combination ticket that mixes history, adventure, water recreation and fun! Explore some of Hampton's best attractions at one low price.

Hampton University Museum

HISTORY COMES TO LIFE.

Founded in 1868, the Hampton University Museum is America's oldest African American museum. Located on the historic Hampton University campus that dates to the same year, the museum features more than 9,000 pieces of African American, traditional African, Native American, Native Hawaiian and Asian art.

Fort Monroe

REMEMBER AND REFLECT.

It is the site where the first Africans brought to English North America landed in 1619.

During the Civil War, it became known as "Freedom's Fortress" following the controversial Contraband Decision, prompting thousands of enslaved people to seek sanctuary within its walls. Today visitors from around the world come to this National Monument and walk in the footsteps of these courageous individuals.

Virginia Air & Space Science Center

REACH FOR THE STARS.

The visitor center for NASA Langley Research Center is a world-class facility featuring more than 100 "hands-on" exhibits that tell America's exciting story of air and space exploration. See the Apollo 12 Command module, a Mars meteorite and even a three-billion-year-old moon rock.

Drinks and Dining

BRING YOUR APPETITE.

Ideally located on the edge of the Chesapeake Bay and Atlantic, it's no surprise that Hampton is a haven for lovers



of fresh-caught seafood and delectable Southern dining. Whether in Downtown, Phoebus, Fort Monroe, Coliseum Central or a hidden hot spot, you'll find a dish to savor.

400 Years Forward

EXPLORE BLACK HERITAGE.

Experience the historic museums, sites, and monuments that illustrate the perseverance of the human spirit with The 400 Years Forward Heritage Tour, showcasing the rich Black heritage of Hampton, from the landing of the first

Africans in America in 1619 to the flourishing campus of Hampton University, one of the nation's oldest Historically Black Colleges.

Miss Hampton II

CAST OFF FOR ADVENTURE!

All aboard! Take a harbor cruise and enjoy a unique and exciting nautical experience around the Hampton Roads harbor. See water views of Fort Monroe and Fort Wool, the world's largest naval base, and the site of the Battle of the Ironclads during this popular April–October daily cruise.

HISTORY & ADVENTURE INSPIRED.

Experience the 400 Years Forward tour, showcasing Hampton's rich African American heritage and highlighting the perseverance of the human spirit. Visit Fort Monroe which was the site of the 1619 first African Landing and served as a sanctuary for enslaved people who escaped during the Civil War. Discover the nation's first African American museum, the Hampton University Museum, and learn more than 400 years of Hampton's story at the Hampton History Museum. While you're here, see the spectacular sights of the world's greatest harbor, gaze into the stars at the Virginia Air & Space Science Center, and enjoy a delicious family meal with fresh seafood at one of our many restaurants.


Get inspired at visithampton.com/see-and-do



400 YEARS
FORWARD
HAMPTON, VIRGINIA

VIRGINIA
IS FOR
LOVERS

Historic North End/Huntington Heights

Huntington Ave. at Warwick Blvd., Newport News; 757-886-7777; newport-news.org. National Historic Register district, with homes built in early 1900s. 


Huntington Park

9285 Warwick Blvd., Newport
News; 757-886-7912;
newport-news.org. James River
beach, boat ramp, "Fort Fun"
playground, tennis, picnicking.

Huntington Park Rose Garden

9285 Warwick Blvd., Newport
News; 757-886-7777;
newport-news.org. Virginia's
only "American Rose City
Garden." Hundreds of
roses. 🚗


James A. Fields House

617 27th St., Newport News;
757-813-6014;
jamesfieldshouse.blogspot.
com. Restored home of
African-American community
leader. Highlights local black
history. \$ 

King-Lincoln Park

600 Jefferson Ave., Newport News; 757-886-7912; newport-news.org. Nature programs, saltwater fishing, interpretive center, picnicking, playground. Special events. 🚌🐾

Lee Hall Depot

Elmhurst St. and Warwick Blvd., Newport News; 757-525-7372; leehalldepot.org. A historic railway depot, built about 1881, under restoration. 


Lee Hall Mansion

163 Yorktown Rd., Newport News; 757-888-3371; leehall.org. Lee Hall, circa 1859, served as headquarters for Confederate generals Magruder and Johnston during the 1862 Peninsula Campaign. It affords visitors a glimpse of Antebellum wealth. \$🚗


**The Mariners' Museum
and Park** 

100 Museum Dr., Newport
News; 757-596-2222;
marinersmuseum.org. Come
see America's National
Maritime Museum! 🚗♿

Matthew Jones House

Taylor Ave. and Harrison Rd, Fort Eustis Military Base, Newport News; 757-886-7777; nps.gov/nr/travel/jamesriver/jon.htm. Architectural house museum dating from 1720s. In-house history collections. 



Newport News Golf Club at Deer Run

901 Clubhouse Way, Newport News; 757-886-7925; nngolfclub.com. 36-hole, 4-star Golf Digest-rated facility 20 minutes from Williamsburg. PGA pros, clubhouse, restaurant, driving range, pro shop. A country club experience without the expense. \$

Newport News Park

13560 Jefferson Ave., Newport
News; 757-886-7912;
newport-news.org. 7,711-acre
park, nine times larger than
NYC's Central Park! Canoeing,
paddleboats, fishing, hiking,
biking, camping, geocaching,
archery, disc golf, picnicking,
playgrounds. Arboretum,
Japanese tea house. 🚌🐾


Newport News Park Campsites

13564 Jefferson Ave., Newport
News; 757-888-3333;
newport-news.org. 188
campsites in wooded setting.
Utility hookups, camp store,
playgrounds. \$  


**Newport News Park
Discovery Center**

13560 Jefferson Ave.,
Newport News; 757-886-7916;
newport-news.org. Nature and
Civil War exhibits. Interactive
displays. Wildlife rehabilitation
center. 🚗


**The Newsome House Museum
& Cultural Center**

2803 Oak Ave., Newport News;
757-247-2360; newsomehouse.
org. J. Thomas Newsome
(1869-1942) was a lawyer,
businessman and journalist.
Today, his Victorian-style home
is devoted to the expression of
African-American culture and
historical themes. 

Peninsula Community Theatre

10251 Warwick Blvd., Newport News; 757-595-5728; pctlive.org. Plays, musicals and children's shows staged in restored movie theater. \$

Peninsula SPCA and Barnyard

523 J. Clyde Morris Blvd.,
Newport News; 757-595-1399;
peninsulaspca.org. Visit with
chickens, rabbits, goats and
enjoy a walk-in aviary. \$

Riverview Farm Park

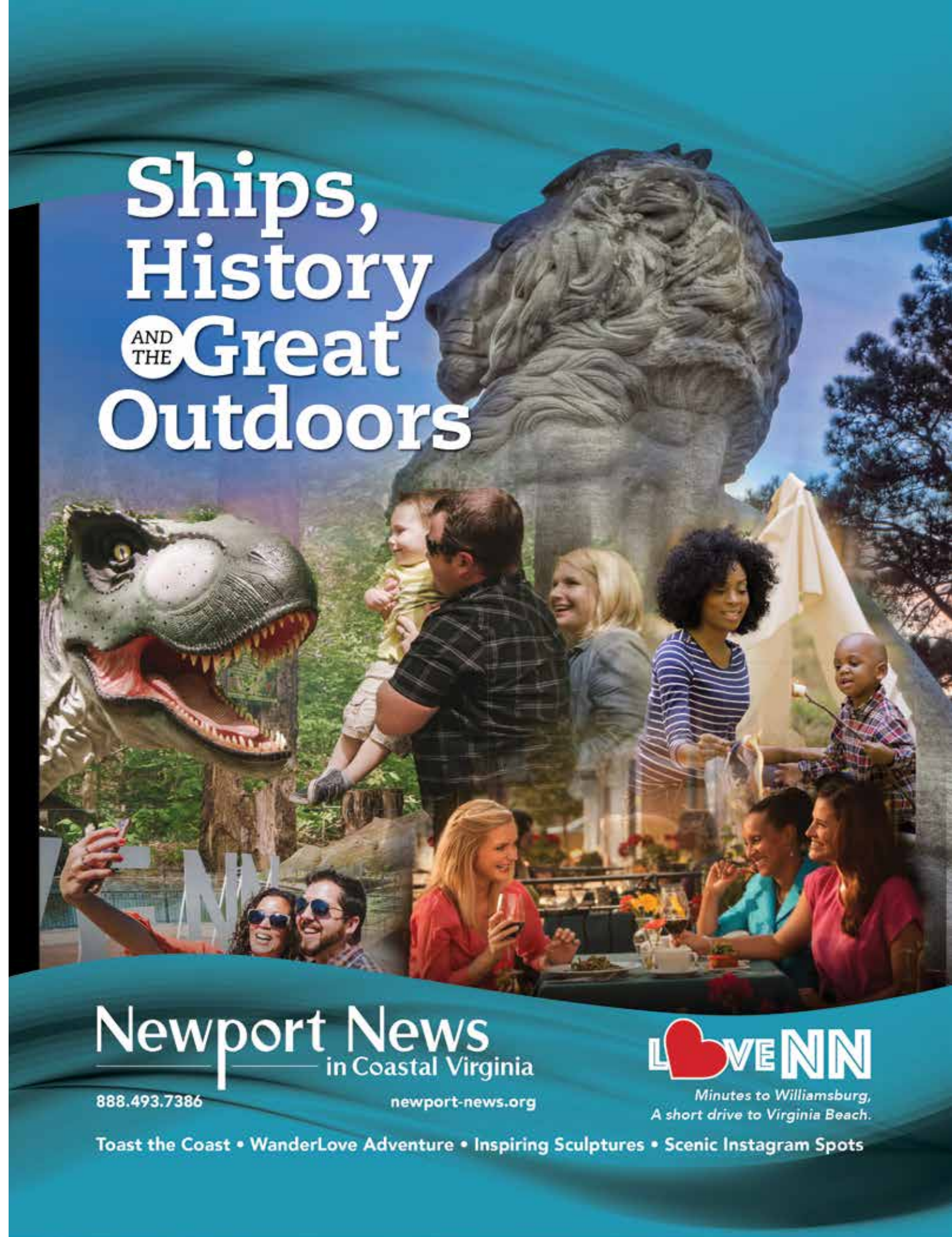
105 City Farm Rd., Newport News; 757-886-7883; newport-news.org. Walking trails, "Fantasy Farm" playground and Fido Field dog park. 🚐🐾

**U.S. Army Transportation
Museum**

300 Washington Blvd., Fort
Eustis Army Base, Fort Eustis;
757-878-1115;
transportation.army.mil/
museum. Full-size and model
vehicles, aircraft, watercraft,
rail and experimental
equipment. 🚗

Virginia Living Museum **vg**

524 J. Clyde Morris Blvd.,
Newport News; 757-595-1900;
thevlm.org. Virginia's animal
attraction and Dinosaur
Destination. Tour our indoor
and outdoor animal exhibits,
visit the universe in our
planetarium, plus explore
the Dinosaur Discovery Trail.



Virginia War Museum
9285 Warwick Blvd., Newport News; 757-247-8523; warmuseum.org. Established in 1923, the Virginia War Museum explores America's military history from 1775 to the present in its nine galleries of uniforms, artwork and weapons. \$🚗

Young's Mill
13055 Warwick Blvd., Newport News; 757-886-7777; newport-news.org. Reconstructed 1820s tide mill; 1862 Confederate campground. Original fortifications remain. 🚗

NORFOLK
VisitNorfolk vc
232 E. Main St., Norfolk; 757-664-6620; visitnorfolk.com. Norfolk, Virginia: a walkable, waterfront city offering diverse attractions, historic landmarks and culture. Tourist Information Center is open Monday-Friday 8:30am-5pm and 11am-2pm Saturday and Sunday. 🚗🚗

Armed Forces Memorial
Beside Town Point Park, Norfolk; 757-664-6620; visitnorfolk.com/listings/armed-forces-memorial/29. Twenty cast-bronze letters written home by U.S. service members. 🚗

Arthur and Phyllis Kaplan Orchid Conservatory
Between Hampton Blvd and Elkhorn Ave. at 44th St. near the Perry Library, Norfolk; 757-683-5839; odu.edu/sci/research/orchid-conservatory. The conservatory houses the orchids of Norfolk physician Arthur Kaplan. 🚗

The Attucks Theatre
1010 Church St., Norfolk; 757-622-4763; cacc-inc.org. Multicultural performing arts, engaging in music, theater, comedy and film.

Battleship Wisconsin
One Waterside Dr., Norfolk; 757-664-1000; nauticus.org/battleship-wisconsin. Tour one of the largest and last battleships built by the U.S. Navy! \$🚗🚗

Chrysler Museum Glass Studio
745 Duke St., Norfolk; 757-664-6200; chrysler.org. Lively glassmaking demonstrations complement the museum's extensive glass collection. 🚗

Chrysler Museum of Art
One Memorial Pl., Norfolk; 757-664-6200; chrysler.org. World-class art collection, stunning glass galleries and interpretive programs. 🚗🚗

d'ART Center
740 Duke St., Norfolk; 757-625-4211; d-artcenter.org. Watch, create, learn, collect and enjoy work from diverse artists.

Elmwood Cemetery
238 East Princess Anne Rd., Norfolk; 757-441-2576; norfolk.gov/facilities/facility/details/47. Historic cemetery that exemplifies the Victorian period's Christian view of death as temporary sleep. 🚗

Fort Norfolk
810 Front St., Norfolk; 757-640-1720; norfolkhistoricalsociety.wildapricot.org/ftnorfolk. Last remaining of 19 harbor front forts authorized in 1794 by President George Washington. 🚗

Hampton Roads Naval Museum
One Waterside Dr., Ste. 248, Norfolk; 757-322-2987; hrnm.navy.mil. Explore over 238 years of exciting Naval history, for free! 🚗

Hermitage Museum and Gardens
7637 North Shore Rd., Norfolk; 757-423-2052; theheritagemuseum.org. Historic house and art museum on 12 acres of waterfront. \$🚗🐾🚗

The MacArthur Memorial
MacArthur Sq., Norfolk; 757-441-2965; macarthurmemorial.org. Museum about the life and times of General Douglas MacArthur. 🚗🚗

Moses Myers House
323 E Freemason St., Norfolk; 757-333-1087; chrysler.org. This home is the oldest Jewish home in America. 🚗

Nauticus vc
One Waterside Dr., Norfolk; 757-664-1000; nauticus.org. Nauticus explores the naval, natural and economic power of the sea through hands-on exhibits, demonstrations, 3D films and the mighty Battleship Wisconsin! \$🚗🚗



NORFOLK, VIRGINIA

THE CITY WITH BITE

If you are what you eat, then Norfolk's pretty darn amazing. With more independently owned restaurants per capita than almost any city in the U.S. and a walkable waterfront downtown with countless attractions, festivals, and experiences to work up an appetite, a great time is always on the menu. So pack your sense of discovery, and your appetite, and give Norfolk a try.

FEED YOUR TASTE FOR TRAVEL AT [VISITNORFOLK.COM](https://www.visitnorfolk.com)

CHANGE
COURSE

VISIT *Norfolk*





Portsmouth–Virginia's Historic Seaport

Home to the Children's Museum of Virginia

Visit Portsmouth Virginia • 800-Ports-Va • VisitPortsVA.com

COASTAL VIRGINIA: EASTERN SHORE

A narrow 70-mile peninsula jutting out between the Atlantic Ocean and the Chesapeake Bay, Virginia's **EASTERN SHORE** is a true getaway. Spend your days exploring quaint waterfront towns and nearby beaches, as pristine as they are vast. Or venture off shore to explore a paddler's paradise of undeveloped barrier islands – the largest stretch of wild coastline remaining on the East Coast. Just be sure to leave time for your bucket list experiences: a NASA space launch, a bird-watching adventure and the world-renowned Chincoteague Pony Swim.

CHINCOTEAGUE NATIONAL WILDLIFE REFUGE
Chincoteague

PET-FRIENDLY

Take the kids, take the dog – or just the dog! **Sunset Beach Resort Hotel** and onsite campground welcomes the entire crew. To ensure that the four-legged member of your entourage has a good time, Sunset Beach has set aside dog-special recreation areas. Fido can splash to his heart's content at **Sandy Paws Dog Beach** and romp with other dogs at **Beach Bark Dog Park**. And "pawrents" can enjoy the resort's many perks for humans!

BUCKET LIST

Tangier Island, 12 miles out in the **Chesapeake Bay**, feels like taking a shuttle back in time. Residents retain their distinctive traditional accent – Southern meets Irish. Visitors can rent bicycles and golf carts to navigate the historic town; enjoy water and land tours; go kayaking and fishing; observe the natural ecosystem; and feast on fresh seafood. The water that has provided a living for generations of families is gradually taking the island away, so capture its spirit while you still can.

ICONIC

Discover **Chincoteague's wild ponies**. The legendary summertime pony penning has been a part of Eastern Shore life since the 1700s. It grew in popularity after 1947, aided by the book, "Misty of Chincoteague". You can spot these beautiful animals roaming nearby **Assateague Island** year-round. On a boat or kayak tour, your guide – likely a "Teaguer" native – steers you to the best places for spotting the shaggy, sturdy ponies while weaving in the island's colorful tales and bringing the legends to life.



INSTAGRAM-WORTHY

As if the iconic red-and-white-striped **Assateague Lighthouse** isn't photogenic enough from the ground, you can climb to the top for 360-degree views and bragging-right pics. Climb 175 steps – the same steps that lighthouse keepers climbed hourly to keep the light burning – for awesome panoramic views of the woodlands, marshlands and waterways of **Assateague Island** and **Chincoteague Wildlife Refuge**. Be sure to post your gratitude for the lives that this 150-year-old lighthouse has saved!

ASK A LOCAL

"My ancestors came to the Eastern Shore in 1660; I'm in the ninth generation. The Eastern Shore represents many things to me. Whether I'm boating, hunting or fishing, it represents access to both the **Atlantic Ocean** and the **Chesapeake Bay**. On any given day, I can be on the water or just watch the sun setting over the Bay. The Eastern Shore also provides opportunities to participate in the community and make a difference; it truly is the **Land of Pleasant Living**." — Charlie Russell, WESR Radio, The Shore

NOTABLE TOWN

Tidal marshes, waterways and the Chesapeake Bay hug the little town of **Saxis**. The drive to town passes through **Saxis Wildlife Management Area** – nearly 6,000 acres of pristine marshland with abundant flora and wildlife galore. After the views of water and nature have soothed and inspired you, drop by Saxis restaurants for fresh seafood prepared with a local touch. Saunter along the public pier. Or visit the **Saxis Island Museum** to learn more about local watermen and the Chesapeake Bay.

WHAT'S NEW

Maurice, a "Fine Fun Fusion" restaurant in the tiny tidy town of **Onancock**, uses local ingredients in a creative menu marrying global flavors. There's the Obscenely Stuffed Lobster Pad Thai, for example, blending oodles of seafood with a sweet soy vinaigrette and adding sides highlighting Virginia Ham and limoncello-kissed snap peas. Maurice offers more alliterative fun with palate-pleasing specials: BBB (Burger, Beer and Bourbon) and PPP (Pulled Pork and Pinot). And the garden patio pairs scrumptious food with fresh air.

HIDDEN GEM

The barrier islands of Virginia stretch along the coastline, sheltering the Eastern Shore from the ocean. These narrow strips of land hosted resorts, hunting lodges, life-saving stations, watermen and the families and communities that supported them. **The Barrier Islands Center** captures the stories of these islands through exhibits that resonate with life. The museum, "Heart of the Community, Soul of a Culture," transports you to the days before hurricanes and the Great Depression ended the barrier island way of life.

COASTAL
EASTERN SHORE

SAXIS

ASSATEAGUE LIGHTHOUSE

SAXIS: RACHEL STEVENS / ASSATEAGUE LIGHTHOUSE: LOVEWORK: SARAH HAUSER / CHARLIE RUSSELL: COURTESY OF CHARLIE RUSSELL

SAXIS: RACHAEL ADVENTURES



Welcome Center at New Church

Virginia Tourism Corporation
Access U.S. Rt.13 North & Southbound
U.S. 13, 3420 Lankford Hwy.
New Church, VA 23415
757-824-5000

Eastern Shore of VA Chamber of Commerce

19056 Parkway, Melfa;
757-331-1660; esvachamber.org. Contact for Eastern Shore information.

Eastern Shore of VA Welcome Center

32383 Lankford Hwy., Cape Charles; 757-331-1660; esvatourism.org. Open seven days a week, 8:30am-4:30pm.

Chesapeake Bay Bridge-Tunnel

32386 Lankford Hwy., Cape Charles; 757-331-2960; cbbt.com. An engineering marvel spanning the Chesapeake Bay (toll road). \$

Seaside Water Trail

804-698-4323; deq.state.va.us/coastal/seasidewatertrail. Kayak pristine and hidden waterways. Discover wildlife and the Shore's unique maritime heritage.

Virginia Barrier Islands

757-331-1660; esvatourism.org. The East Coast's longest string of wild barrier islands.

Virginia Birding & Wildlife Trail

804-367-1000; dgif.virginia.gov/vbwt/coastal-trail. Stop at designated areas along 70-mile-long peninsula.

ACCOMAC

Accomac Walking Tours
Front St., Accomac; 757-787-2460. 1700s homes, clerk's office with 1663 records, American Revolution cannon.

CAPE CHARLES

Bay Creek Resort & Golf Clu

1 Clubhouse Way, Cape Charles; 844-620-2900; baycreekresort.com. 27 magnificent holes of Palmer and Nicklaus golf.

Cape Charles Lighthouse

West side of southern section of Smith Island; cheslights.org/cape-charles-lighthouse. Best view is from the Chesapeake Bay Bridge Tunnel or by boat.

Cape Charles Museum & Welcome Center

814 Randolph Ave., Cape Charles; 757-331-1008; smallmuseum.org/capechas. History of the town, railroad, ships and operational diesel generator.

Custis Tomb

2157 Arlington Chase Rd., 757-787-8268; esvatourism.org. Grave site for Custis family, including Mary Randolph Custis, wife of Robert E. Lee.

Kiptopeke State Park

3540 Kiptopeke Dr., Cape Charles; 757-331-2267; virginiastateparks.gov. \$



Visit Virginia's Eastern Shore where the sun rises over the Atlantic Ocean and sets over the Chesapeake Bay. Enjoy charming small towns, scenic natural areas, secluded beaches, delicious seafood, and more.

VIRGINIA IS FOR LOVERS



visitesva.com



NORTHERN VIRGINIA

SALAMANDER RESORT & SPA
Middleburg

Just south of the day-to-day buzz of our nation's capital, **NORTHERN VIRGINIA** exudes its own historical charm and cherished character. Immersed in the region's rich history, urban skylines fade into rolling countrysides, encompassing everything you'd want in a getaway – whether it's live entertainment and nationally acclaimed restaurants, iconic historic sites and quaint Main Streets or wine country and luxurious retreats ... or maybe a little of each.

COURTESY OF SALAMANDER RESORT

SPITE HOUSE: RYAN TRAPP / DOWNTOWN MANASSAS; SARAH HAUSER / TOMB OF THE UNKNOWN SOLDIER; FRED DESOUSA



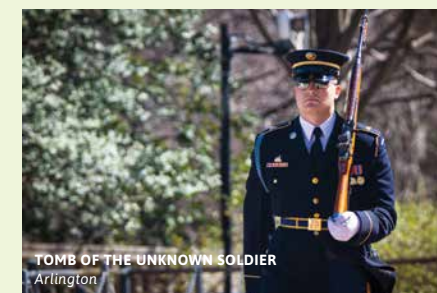
SPITE HOUSE
Alexandria

DID YOU KNOW?

We've all wanted to do it – something spiteful that didn't make sense but, by golly, it proved a point! In 1830, **Alexandria** row-house owner John Hollensbury built a seven-foot-wide house in an alley next to his home just to spite the horse-drawn wagons and loiterers who kept invading the alley. One brick wall in the living room even has marks from wagon-wheel hubs. The two-story **Spite House** is only 25 feet deep and 325 square feet, but delightfully spiteful!

INSTAGRAM-WORTHY

You'll start snapping pictures the moment you arrive at the classic hunt-country exterior of the **Goodstone Inn** luxury estate. Which shots will you choose for your feed? The diverse seasonal gardens? Cottage accommodations with continental country décor? The elegant, glass-enclosed dining patio? Or the divinely presented and sensory-pleasing French-inspired fare, made with ingredients sourced from the on-site farm and paired with wine from the renowned wine cellar? On the other hand, you may feel so pampered, you'll forget pictures altogether!



TOMB OF THE UNKNOWN SOLDIER
Arlington

ICONIC

The iconic **Tomb of the Unknown Soldier** at **Arlington National Cemetery** represents soldiers who fought and died for freedom but whose identity remains unknown – from World War I, World War II, the Korean War and the Vietnam War. Soldiers from the prestigious Old Guard stand watch over the monument 24 hours a day, passing the baton in the elaborate **Changing of the Guard** ceremony. Witness the event to share the respect and honor for these American heroes.

BUCKET LIST

You will imbibe more than just award-winning wines on the bucket-list-worthy **Fauquier Wine Trail**. At more than two dozen wineries, you can bask in astonishing views. As you sip and savor, you can fill your soul with nature therapy and time with friends. But that's not all! At Fauquier County wineries, you'll experience handcrafted art, horse farms, dog-friendly and family-friendly venues, seminars, craft beer and ciders, friendly service, and even history. Drink it all in!

WHAT'S NEW

American soldiers in the U.S. Army helped create our nation and maintain its freedom, so it's only fitting that a museum near the U.S. capital should showcase their history. The **National Museum of the United States Army**, the only museum to cover the entire history of the Army, opened on Veterans Day 2020. Exhibits include hundreds of artifacts, life-sized scenes re-creating historic battles, stories of individual soldiers, a 300-degree theater with sensory elements, and an experiential learning center. Learn and honor.



DOWNTOWN
MANASSAS

ASK A LOCAL

"Small downtown charm with all the activities of a larger city: Manassas is steeped in history and adventure for travelers. With an active railway system, it's easy for visitors to enjoy the historic area while also traveling to Washington, D.C., or Richmond on an Amtrak train or daily commuter rail."

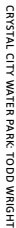
— Debbie Haight, Historic Manassas, Inc.

HIDDEN GEM

The menu at **Sperryville Trading Company** features favorite breakfast and lunch comfort foods: sausage gravy and biscuits, steak and eggs, Caesar salad, Reuben sandwich and fresh-ground coffee. Even better, many of the quality ingredients are local – like the grass-fed beef, breads and buns from a nearby bakery, Route 11 chips, and Virginia wine, beer and cider. Stop by the shop for this local fare and crafts, too. Whether post-hike, on the road or traveling Skyline Drive – you won't want to miss this gem.

PET-FRIENDLY

With a name like **Beer Hound Brewery**, you know it must be dog friendly. Settle in with your pooch on the outdoor patio and enjoy a wide variety of beers named for historic and pop culture pups, like the Muttley New England-style IPA, Olde Yella wheat, Skrappy Dew lager, Wyte Fan wit, Fang milk stout and more. Then stretch your legs with a stroll around charming downtown Culpeper.



Cox Farms
15621 Braddock Rd.,
Centreville; 703-830-4121;
coxfarms.com. Largest family
farm and seasonal event
destination in Northern
Virginia. \$🚗

**The Fairfax Station Railroad
Museum**
11200 Fairfax Station Rd., Fairfax
Station; 703-425-9225; fairfax-
station.org. Railroad, Civil War
and Clara Barton museum. Open
Sundays 1-4pm. \$

**The Filene Center at Wolf
Trap National Park for the
Performing Arts** vg
1551 Trap Rd., Vienna; 703-255-
1900; wolfttrap.org. Beautiful
summer outdoor venue with
world-class performances in
every genre. \$🚗

Fort Marcy
Parking lot off north-bound
George Washington Pkwy. near
Rt. 123, McLean; 703-289-2500;
nps.gov/gwmp. Excellent
example of fortifications
protecting Washington during
the Civil War. 🐾

**Frank Lloyd Wright's Pope-
Leighey House**
9000 Richmond Hwy.,
Alexandria; 703-780-4000;
woodlawnpopeleighey.org.
Frank Lloyd Wright designed
Usonian House. Seasonal
guided tours Friday-Monday.
\$🚗

The Freeman Store and Museum
131 Church St. NE, Vienna; 703-
938-5187; historicviennainc.org.
Old fashioned general store
also serving as a history
museum.

Frying Pan Farm Park
2709 W. Ox Rd., Herndon;
703-437-9101; fairfaxcounty.
gov/parks/fryingpanpark. Farm
animals, country store, tours,
events, trails and meeting
house. 🚗🐾

**George Mason University's
Center for the Arts**
4400 University Dr., Fairfax;
703-993-2787; gmu.edu/cfa.
First class entertainment
venue and home of the Fairfax
Symphony. 🚗

George Mason's Gunston Hall
10709 Gunston Rd., Mason
Neck; 703-550-9220;
gunstonhall.org. 550+ acre
historic home of George
Mason, "Father of the Bill of
Rights." Featuring Mason's
1755 mansion, new exhibitions,
hiking trails, garden, shop and
more. \$🚗🐾🐕🦿

**George Washington's Distillery
& Gristmill**
5514 Mount Vernon Memorial
Hwy., Alexandria; 703-780-
2000; mountvernon.org.
Fully functioning distillery &
gristmill, open April through
October. \$🚗🐾

**George Washington's
Mount Vernon** vg
3200 Mount Vernon
Memorial Hwy., Alexandria;
703-780-2000; mountvernon.
org. Tour the home of George
Washington, his gardens and
museum. \$🚗🐾

Great Falls Park
9200 Old Dominion Dr., Great
Falls; 703-285-2965; nps.gov/
grfa. Spectacular 800-acre
park, featuring breathtaking
rapids and great recreational
opportunities. \$🚗🐾

**Green Spring Gardens and
Horticultural Center**
4603 Green Spring Rd.,
Alexandria; 703-642-5173;
fairfaxcounty.gov/parks/
green-spring. 27-acre
year-round attraction with
horticultural information and
inspiration for gardeners. 🚗

Historic Clifton
Main St., Clifton; 703-830-2727;
clifton-va.com. National
Historic District with Civil War
era origins. 🐾

Lake Accotink
7500 Accotink Park Rd.,
Springfield; 703-569-3464;
fairfaxcounty.gov/parks/
accotink. 493-acre park with
lake, boating, fishing, hiking
and miniature golf. 🚗🐾

The Laurel Grove School
6840 Beulah St., Alexandria;
703-313-4690;
laurelgroveschool.org. Survives
as the only remaining African-
American schoolhouse in
Northern Virginia. 🚗

**Mason Neck State Park &
Wildlife Refuge** vg
7301 High Point Rd., Lorton;
703-339-2385; dcr.virginia.gov.
🚗🐾

Meadowlark Botanical Gardens
9750 Meadowlark Gardens Ct.,
Vienna; 703-255-3631; nvrpa.
org/park/meadowlark_
botanical_gardens. Stunning
95-acre park featuring native
Virginia flora and fauna. \$🚗

National Firearms Museum
11250 Waples Mill Rd., Fairfax;
703-267-1600; nramuseum.org.
Home to the finest firearms
collection in the world. 🚗

**National Museum of the
United States Army**
1775 Liberty Dr., Fort Belvoir
703-806-6032; thenmusa.
org. State-of-the-art national
museum honoring the history
of the U.S. Army.

Ox Hill Battlefield Park
4134 West Ox Rd., Fairfax;
703-324-8702; battlefields.org/
visit/battlefields/
chantilly-battlefield. 5-acre
park commemorates the Civil
War Battle of Ox Hill/Chantilly.

**Pirate's Cove Waterpark at
Pohick Bay**
6501 Pohick Bay Dr., Lorton;
703-339-6102;
piratescovepohick.com. Pirate
themed seasonal waterpark at
Pohick Bay Regional Park. \$



GOODSTONE INN
Middleburg

GOODSTONE INN: JUMPING ROCKS PHOTOGRAPHY

IT'S AMAZING OUT HERE





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NEW IN 2021

VIRGINIA MAIN STREET COMMUNITY
Fredericksburg Visitor Center
706 Caroline St.,
Fredericksburg; 540-373-1776;
visitfred.com. Maps, tours,
dining and lodging info.
Merchandise for sale.  

Fredericksburg Battlefield Visitor Center
1013 Lafayette Blvd.,
Fredericksburg; 540-693-3200;
nps.gov/frsp. Confederate's most
one-sided Civil War victory. Fee
for film.    

James Monroe Museum
908 Charles St., Fredericksburg;
540-654-1043;
jamesmonroemuseum.org.
Furnishings and personal
possessions of James Monroe
and his family. \$

Mary Washington House
1200 Charles St.,
Fredericksburg; 540-373-1569;
washingtonheritagemuseums.
org. Home where George
Washington's mother spent her
last 17 years. \$

Old Salem Church
4054 Plank Rd., Fredericksburg;
540-693-3200; nps.gov/frsp.
Soldiers used brick church
for protection in Civil War
battle.  

Potomac Point Winery
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Stafford; 540-446-2251;
potomacpointwinery.com.
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Brunch. Events. Weddings. Wine
Clubs. 🚌 🐾 ♿



SHENANDOAH VALLEY

LITTLE STONY MAN TRAIL
Luray

The **SHENANDOAH VALLEY** reveals stunning natural beauty with each changing season. With the Blue Ridge Mountains to the east and Alleghenies to the west, its rich agricultural roots have created ample opportunity to reconnect with both the land and the locals – at pick-your own farms, family-owned wineries and breweries, and authentic farm-to-table experiences. Straddling Interstate 81 for approximately 140 miles, this region is the ideal getaway for friends and families seeking fresh-air fun, coupling world-class outdoor assets and mountain-centric resorts.

JOEL MUIBAH & AYSIA GILBERT

DID YOU KNOW?

A legendary singer with big-time popularity, **Patsy Cline** died in a plane crash in 1963, merely 30 years after her birth in **Winchester**. The first solo female singer to become a member of the Grand Ole Opry and the first woman inducted in the Country Music Hall of Fame, Cline’s presence can be found throughout her birthplace, at her home, the “Becoming Patsy Cline” exhibition and her gravesite.



PET-FRIENDLY

Enjoy the lap of luxury and canine companionship, too, at the historic **Blackburn Inn** in Staunton. Special dog-friendly rooms have a first-floor entrance opening directly outside. The Inn offers doggie waste bags, bowls, treats and beds. Roam the walking paths on the property’s 80 acres or venture over to Staunton’s pet-friendly attractions. When you’ve worn out the pup, you’ll enjoy the room’s plush bath towels, luxury bed linens, large-screen TV and rainfall shower.

INSTAGRAM WORTHY

What’s better than a phenomenal photo with misty mountain ridges, rolling valleys and rows of century-old apple trees? How about that gorgeous landscape pic with a sparkling hard cider, fresh seasonal cider, cider slushy or hot cider donut in the foreground? Perhaps you’d prefer an image of you and your BFFs picking apples, from trees or the orchard market. These are just a few you can capture at **Showalter’s Orchard and Greenhouse** to store in your memory forever.

BLACKBURN INN: RICHARD SMITH / SHADOW MOUNTAIN ESCAPE; KAREN RIDDLE / DOWNTOWN WAYNESBORO; MARK MILLER



NOTABLE TOWN

When you visit downtown **Waynesboro**, you’ll understand the muse that moves the residents. Inspiration begins in the great outdoors – the Blue Ridge Mountains, scenic drives and the gentle South River – and wafts on the wind to the walkable downtown. Stroll the streets to explore arts and culture through galleries, studios, street art and shops; enjoy shows, festivals and special events; and toast to a deliciously diverse array of dining experiences with a local craft beer, wine or hand-crafted kombucha.

SHENANDOAH VALLEY



ASK A LOCAL

"Inspired by our European heritage, the authentic Timber Frames of **Shadow Mountain Escape** proudly provide a “touch of traditional Europe” in the Shenandoah Valley. Coupled with the unique, quality-oriented businesses along the **Blue Ridge Whisky Wine Loop**, visitors from all over enjoy a world-class travel itinerary of outdoor adventures, fine wine and spirits, culinary delights, historic old towns and unique lodging."
— Karen Riddle, Shadow Mountain Escape

BUCKET LIST

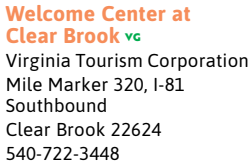
Created by Mother Nature but named for the devil, **Devil’s Marbleyard** is a vast field of quartzite boulders formed some 500 million years ago, in part by water freezing and cracking the rocks. The challenging one-mile hike will be worth it when you reach this bucket-list destination. Hike around the field or pick your way gingerly across, discovering fossilized tube-like worm tracks in the rocks and enjoying epic views to the ridges beyond.





HIDDEN GEM

Canoeists and kayakers can paddle nearly 100 miles of the **North Fork of the Shenandoah River**, including a long, peaceful, winding stretch beside majestic Massanutten Mountain. Spot wildlife such as deer, wild turkey, beaver, muskrats and herons; catch fish; and soak in the scenery. The shallow river flows gently, with mild whitewater and the occasional portage during dry summer months. Much of the land along the banks is privately owned – so there’s no shortage of quiet, natural beauty.

ICONIC

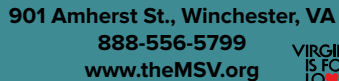
“U-Pick” your own adventure through the Shenandoah Valley, where businesses know that hands-on provides half the fun! Wander through orchards and fields, plucking fruits and vegetables like apples and pumpkins – at the height of freshness. Tour a farm; pet goats, miniature horses and other friendly critters; navigate corn mazes; and celebrate at festivals. Or just drop by one of the many markets, where locally grown produce and homemade goodies have been stocked just for you. Whichever “u-pick,” you’ll make memories that last.



An aerial photograph of a scenic road trip route in Virginia. The image is split into two main sections. The left section shows a large, ancient tree with a thick trunk that arches over a narrow path or stream, creating a natural bridge. The right section shows a winding asphalt road with a yellow center line, flanked by dense green trees. A small white car is visible on the road. In the background, a river flows through a forested area. Overlaid on the image is a teal shield-shaped graphic with a white border. Inside the shield, at the top, is a small car icon and the text 'SMALL TOWNS'. Below that, in a larger, white, cursive font, is 'Big Backyard'. Underneath that, in a smaller, white, sans-serif font, is 'ROAD TRIP'. Below the shield is a teal rectangular box with a white border containing the text 'ROCK & ROW' in white, bold, sans-serif capital letters. In the bottom left corner, there is a logo that reads 'VIRGINIA IS FOR LOVERS' with a red heart replacing the word 'LOVES'. At the bottom of the image, there is a teal banner with white text. The text reads: 'LEXINGTON | BUENA VISTA | ROCKBRIDGE VA'. Below this banner, there is a teal box with white text that reads: 'Get your guide to the best of our great outdoors and start mapping your road trip today.' To the right of this text, separated by a vertical white line, is the website address 'LexingtonVirginia.com/roadtrip' in white text.

**Front Royal-Warren County
Visitors Center** 
414 E. Main St., Front Royal;
540-635-5788;
discoverfrontroyal.com.
Come hike, canoe, fish,
golf, antique. Visit wineries,
historic museums and
homes.   







Galleries: open year-round
House & Gardens: April–December
Open Tuesday–Sunday
Trails: Open daily. FREE to all.

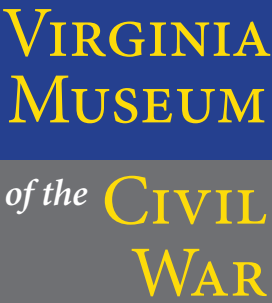


Lenfest Center for the Arts
Washington & Lee University,
Lexington; 540-458-8000;
lenfest.wlu.edu. Featuring
100+ musical and theatrical
performances and rotating
gallery exhibits. \$  

The Reeves Center
Washington and Lee
University, Lexington; 540-458-
8034; reevescenter.wlu.edu.
Wide collection of Chinese
porcelain, European ceramics,
Louise Herreshoff paintings.

Luray-Page County Chamber of Commerce & Visitor Center
18 Campbell St., Luray; 540-743-3915; visitluraypage.com; cabincapital.com. Nestled between the Blue Ridge and Massanutten Mountains and home to Shenandoah National Park, Luray Caverns and the Shenandoah River, Luray & Page County is also the 'Cabin Capital of Virginia', with a variety of cabins from rustic to luxurious; 1,100+ rooms; elegant B&Bs and campsites. Open 9am-5pm.   

Shenandoah County Chamber of Commerce
103 S. Main St., Woodstock; 540-459-2542;
shenandoahcountychamber.com. Historic town
featuring the oldest court house still in use. 



A Land Called Shenandoah

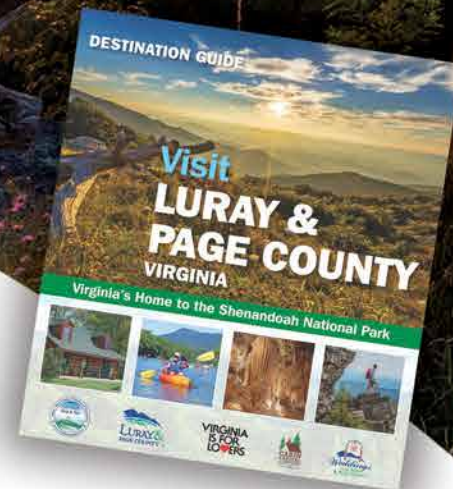
The Blue Ridge Mountains, home to *Shenandoah National Park* and *Luray Caverns*. More than 1,000 rooms, cabins galore, elegant B&B's, and campsites.

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Richmond

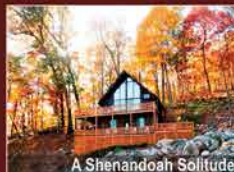
ALLSTAR LODGING



Sunset Ridge



A Pebble Beach



A Shenandoah Solitude

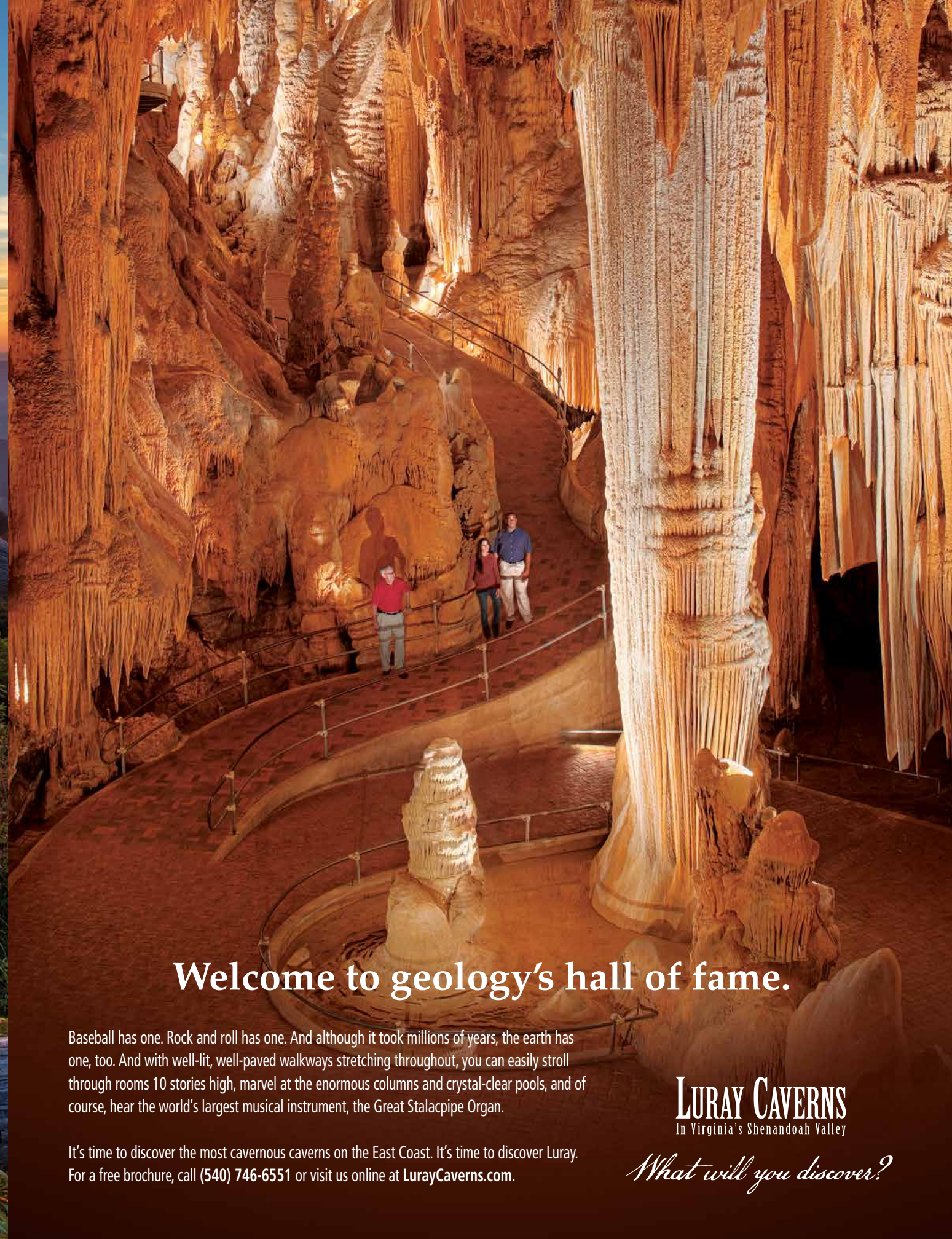
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Welcome to geology's hall of fame.

Baseball has one. Rock and roll has one. And although it took millions of years, the earth has one, too. And with well-lit, well-paved walkways stretching throughout, you can easily stroll through rooms 10 stories high, marvel at the enormous columns and crystal-clear pools, and of course, hear the world's largest musical instrument, the Great Stalacpipe Organ.

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LURAY CAVERNS
In Virginia's Shenandoah Valley

What will you discover?

SOUTHERN VIRGINIA

SOUTHERN PLENTY CAFE
South Boston

Offering quaint American Main Street communities, a distinctive local culinary scene and a plethora of outdoor activities, **SOUTHERN VIRGINIA** invites travelers to immerse themselves in the heart of the region's rich culture. Scenic byways and classic country roads connect beautiful State Parks and attractions, while three major speedways and numerous raceways bring high-speed thrills to "Virginia's Racing Region."

SARAH HADLER

ICONIC

The MacCallum

More gardens began germinating in 1929 on the property of Virginia chief justice Edward Hudgins and his wife, Lucy. Succeeding generations nurtured Lucy's plants and added fountains, sculptures and other artwork. The idyllic six-acre gardens now host visitors as well as a multitude of flora, including azaleas, dogwoods, herbs, wildflowers and roses. In 1996, museum displays were added to the Hudgins house, including Native American artifacts, local history, art and exhibits on the Thyne Institute, a school established in 1876 to teach African American children.

LOVEWORK

"Virginia is for Lovers and Emporia is for Nuts" is the city's saying that's brought to life by their peanut-themed LOVE. Plan your visit around the annual, multi-day **Virginia Peanut Festival**, a family-friendly tradition that for nearly 60 years has celebrated the Virginia peanut and the farmers who cultivate it.

PET-FRIENDLY

You've heard of dog parks – how about dog paths? The **Paw Path at Smith River Sports Complex** in **Martinsville** was created just for canines and their companions. The half-mile Paw Path runs alongside the sedate Smith River and features Fido-focused amenities like a fire hydrant, balance beam and litter bags. The path also benefits plants and pollinators, with more than 300 pollinator-sustaining wildflowers, trees and shrubs representing 50 native and non-invasive plants. Your buddy romps, while you soak in nature.



BUCKET LIST

You know that rush you feel when the lights go green and a swarm of high-speed cars reach speeds of some 200 m.p.h.? Now imagine being inside one of those cars! Step out of imagination and into reality at **VIRginia International Raceway**. VIR offers many adrenaline-inducing experiences. The ultimate **Formula Experience** includes instruction, simulators, ride-alongs ... plus six driving sessions and an intense night ride. Learn what adrenaline really feels like!



DID YOU KNOW?

On June 18, 2011, Nick Anderson was on a father-and-son fishing trip at **Buggs Island Lake** (aka John H. Kerr Reservoir). After a 45-minute battle, Anderson landed a 143-pound blue catfish, the largest ever caught! His whopper of a fishing tale was certified by the International Game Fish Association. With 50,000 acres of fresh water and 800 miles of shoreline, this lake (also the nation's number one crappie fishing lake) is ready for your record-setting catch.



ASK A LOCAL

"Our region is special because of the people and the variety of things to do – from mountain hikes and fishing the streams to floating on the river and enjoying our local food and beverages! Have a burger at Me's Burgers and Brews, mountain bike at Anglers Park, throw axes at Grizzly's Hatchet House, relax by the fire pits at Ballard Brewing – **you can do all of this and more!**" — Austin Bunn, Ballard Brewing

WHAT'S NEW

The 53 sites in 14 counties on the **Civil Rights in Education Heritage Trail®**, such as **Saint Paul's College**, **Greensville County Training School** and the **Thyne Institute**, tell of the struggles that African Americans, Native Americans and women faced in pursuit of an equal education. Learn about the life of James Solomon Russell on his journey from slavery to Episcopal Priest to educator; of Pattie Buford, who built a hospital and school to help African Americans after the Civil War; and much more.

HIDDEN GEM

"Nothing is worth much if you can't share it," according to Robert F. Cage. The artist shared his art in gallery showings and on a 10-acre sculpture garden in his front yard. **The Cage Sculpture Farm** is home to dozens of large-scale sculptures – some realistic and recognizable, others abstract and fair game for the imagination. Though Cage passed away in 2014 at the age of 91, his sculptures remain for passersby to admire, just off Route 360 near South Boston on Cage Trail.

A person wearing a light-colored cap, sunglasses, and a green long-sleeved shirt is fly fishing in a river. They are in the middle of a cast, with the fishing rod extended forward and the line arcing through the air. The background is a lush green forest. In the bottom left corner, the text "Relax. Reconnect." is written in a white, cursive font.

SOUTHWEST VIRGINIA: BLUE RIDGE HIGHLANDS

MOUNT ROGERS
Mouth of Wilson

Home of the Birthplace of Country Music, the **Blue Ridge Highlands** region echoes with the passion of history's most dominant country music pioneers. Annual festivals, historic venues and nightly jamborees celebrate Virginia's global influence, creating a rich musical soundtrack for all travelers – whether meandering along winding roads, or venturing out onto scenic rivers and trails.

NICHOLAS COBRIDGE

PET-FRIENDLY

A winery that includes dog names and images on wine labels - and names its website TheDogs.com - certainly loves dogs as much as you do. **Chateau Morrisette Winery** even dubs itself “the winery dogs built” and welcomes canines to accompany their people on the tasting patio, restaurant patio, gazebos and indoor tasting room, as well as to special events. Toast the dog-friendly spirit with a glass of The Black Dog red blend or Our Dog Blue Riesling.

LOVEWORK

Before Europeans arrived in Virginia, the First People made this land their home. The traces of their lives are mostly gone, buried beneath homes and businesses. But one old Indian village, inhabited sometime between 1480-1520, was unearthed during construction of I-77.

The Wolf Creek Indian Village & Museum tells the story of that village and the natives' way of life. And the Wolf Creek LOVEwork reflects Native American symbols, with a peace pipe, dream catcher and other relevant iconography. #LOVEVA

WHAT'S NEW

Like a bodacious bluegrass band, diverse components play harmoniously at **The Sessions Hotel**. The name pays homage to the 1927 Bristol Sessions recordings, the springboard of commercial country music. The boutique feel comprises historic elements, like original brick walls and wood beams, complemented by contemporary furnishings with musical retro touches, like microphone light fixtures and stereo console cabinets. You'll also enjoy the onsite smokehouse restaurant and rooftop bar.

DOWNTOWN BLACKSBURG, BIRTHPLACE OF COUNTRY MUSIC SARAH HALSEY / DEBBIE GARDNER, COURTESY OF DEBBIE GARDNER



BIRTHPLACE OF COUNTRY MUSIC MUSEUM
Bristol

ICONIC

Music, people and history form the foundation of the **Birthplace of Country Music Museum**. And the quality of the exhibits appeals to visitors of all backgrounds. The depth of content guarantees a richer knowledge of the mountain music scene and its impact on music worldwide. Permanent exhibits examine the influential 1927 Bristol Sessions recordings, and rotating exhibits bring to life topics such as folklife, festivals and Black musical heritage.



ASK A LOCAL

"People who visit us here say they've **discovered a jewel**. We're surrounded by treasures like **New River Retreat's** vacation homes in gorgeous locations, and like the renovated historic **Thee Draper Village**, which houses the Draper Mercantile, The Village Coffee Shoppe and Café, Draper Blooms Tea Garden, the Blue Ridge Fudge Lady and other unique shops." — Debbie Gardner, Thee Draper Village



DOWNTOWN BLACKSBURG

NOTABLE TOWN

If the muses drew a blueprint for an ideal downtown, they would envision **Blacksburg**. Snuggled in the Blue Ridge Mountains, its scene is nurtured by the intellectual stimulation of a major university, Virginia Tech. The arts and cultural district features historic properties, unique shops, locally made crafts, diverse restaurants, regional heritage, sports gear and more. As you wander the walkable downtown, look for the 16 scattered bronze frogs, representing historic people and the town's commitment to water quality.

HIDDEN GEM

The 7,850-acre **South Holston Lake** isn't hidden, but it's often overlooked. Most of the lake is surrounded by Cherokee National Forest, creating a natural backdrop of trees and secluded coves and hosting a diversity of native wildlife. Recreational boaters, kayakers, canoeists and paddleboarders skim through the calm waters, while anglers dip their lines beneath the water's surface, pulling up coveted sport fish.

INSTAGRAM-WORTHY

A romantic story lies beneath the **Lover's Leap Scenic Overlook**. The tale involves a young white settler and a Native American maiden who fell in love and spent secret time together. But the 1600s feud between newcomers and natives prohibited this youthful love. So they jumped – together – from the cliff. Whether the story is true or not, visitors truly fall in love with the view: valleys and hilltops undulating for miles, framed by two gently sloping mountainsides.



CLAYTOR LAKE STATE PARK
Dublin

Blue Ridge Discovery Center
6402 Whitetop Rd.,
Troutdale; 276-293-1232;
blueridgediscoverycenter.org.
Dedicated to exploring and
sharing the natural history of
the Blue Ridge Mountains.

CLAYTOR LAKE STATE PARK: SAM DEAN



BIRCH KNOB OBSERVATION TOWER
Clintwood

SOUTHWEST VIRGINIA: HEART OF APPALACHIA

Nestled in the southwest corner of the state, the **HEART OF APPALACHIA** region is known for the rugged beauty of its landscapes, as well as its vibrant culture and people. Adventure abounds among roaring rivers and stunning vistas, while picturesque mountain towns draw you in with the sights, sounds and tastes of Appalachia.

INSTAGRAM-WORTHY

Views from **Birch Knob Observation Tower** stretch endlessly over so much unspoiled wilderness, you can almost convince your followers you've stepped back in time. Trees, boulders, ridges; undulating hills, mountains and valleys; the shadows of clouds punctuating the landscape that spreads out all around you. After climbing 183 stairs to this sturdy deck – at an elevation of 3,144 feet above sea level – you'll see Kentucky, West Virginia, Virginia, North Carolina and Tennessee – even Ohio! – on a clear day.



NOTABLE TOWN

Have you seen **Woodbooger** – aka Big Foot or Sasquatch? Well you might in **Norton**, where the legend is embraced, especially after the 2011 filming of Animal Planet's "Finding Bigfoot." Even bigger than Woodbooger, though, is Norton's prime location for outdoor recreation – mountain biking, hiking, fishing, kayaking, trail running, rock climbing – and for cultural and historic landmarks.

WHAT'S NEW

The Back of the Dragon is a winding road that roars 32 miles through the mountains, changes 3,500 feet in elevation, takes 438 knee-dragging curves, and offers breath-takingly picturesque views. Then it spits you out at the new **Back of the Dragon Welcome Center**. The 5,000-square-foot building features a store, brewery, specialty coffee, yogurt, food and a photogenic 12-foot dragon. Visitors can enjoy live events, or they can just sit a spell, swapping tales with other motor enthusiasts who dared to ride this stretch of road.

CARTER FAMILY FOLD: CAMERON DAVIDSON / WOODBOOGER: JOSHUA MOORE / CLINCH RIVER: TIM C. COX

ASK A LOCAL

"The Appalachian African-American Cultural Center is unique in terms of documenting and preserving history; very little is written, so we primarily talk to people to preserve their stories. **I call the region our country's hidden secret**, for the beauty of the mountains and the history, which is really what has grabbed me: not just the African-American experiences but the history of the Melungeons and the Scots-Irish, as well as the plight of the area's coal miners."

— Jill Carson, Appalachian African American Cultural Center



DID YOU KNOW?

The Clinch River, meandering through the Heart of Appalachia, is one of the world's most aquatically diverse rivers. It shelters the nation's highest number of rare aquatic species, including 40 species of freshwater mussels, half of which are threatened or endangered. Approximately 130 species of fish swim here. Caves around the river also harbor globally diverse species, some that only live in that cave. Whether you're a paddler, angler or nature watcher, the Clinch River can float your boat.



ICONIC

Miles from the nearest big city, the **Carter Family Fold** celebrates music heritage and family, including the first family of country music: A.P., Sara and Maybelle Carter's 1927 recordings gave birth to the commercial country music industry. The venue provides a glimpse into old-time country music, traditional mountain, bluegrass and folk music. Weekly family-friendly performances feature talented musicians. The stage-front dance floor unites people across the generations: toddlers, teens, parents and grandparents all dance together in traditional styles.

HIDDEN GEM

Waterfalls hold universal appeal: the natural setting creates a primal allure; the soothing sounds of water cascading over rocks drown out everyday concerns. Some waterfalls seem inaccessible – a difficult hike over too many miles – but **Tank Hollow Falls** welcomes everyone. Park at the ADA-accessible lot, then traverse the half-mile walking path to the 60-foot-high falls, clear water plunging over moss-covered rocks. If you're in the mood, continue the three-mile trail to the **Cleveland Barrens Natural Area Preserve**. The water calls!

PET-FRIENDLY

For tail-wagging, leaping-and-bounding fun, invite your pooch to join you at **Southern Gap Outdoor Adventure**. Together you can wander the trails around the campground and beyond, catching signs of the plentiful wildlife and basking in nature. You'll both crash in a contented heap at the end of the day, in on-site campgrounds or cabins. Or let Fido sleep it off while you enjoy everything else Southern Gap has to offer!



Wilderness Road Trail
US Hwy. 58, 8051 Wilderness Rd., Ewing; 276-445-3065; dcr.virginia.gov. Follow the path of Daniel Boone's legendary Wilderness Road. 🐾

John Fox JR Museum
117 Shawnee Ave. E, Big Stone Gap; 276-523-2303;
bigstonegap.org. Historic landmark home of “Trail of the Lonesome Pine” author.

**Buchanan County Tourism
Office**
3019 Slate Creek Rd., Grundy
276-244-1542;
buchanancountytourism.com
Provides visitor information
on area attractions, guides
and brochures.

**Michael D. Young Hiking/
Biking Trail**
1350 Slate Creek Rd.,
Grundy; 276-935-5436;
heartofappalachia.com/
trail/michael-d-young-
hiking-biking-trail. Beautiful
3.3-mile rugged mountain
biking and hiking trail;
beautiful views.🐾

VIRGINIA MOUNTAINS

LAKE MOOMAW
Warm Springs

The **VIRGINIA MOUNTAINS** region connects small towns and vibrant cities through scenic drives in the western reaches of the state. With breathtaking views and a wealth of fresh air adventures, this outdoor mecca - known as America's East Coast Mountain Biking Capital - invites you to explore and kick back to enjoy your favorite locally crafted beverage.

ALINA ZUBANOVA

BLUE RIDGE PARKWAY: KRISTINA LOVE PHOTOGRAPHY / BRITTANY WEBB LANE / CARVINS COVE KAYAKING: SAMANTHA BROOKE

PET-FRIENDLY

It's your turn to sniff out treasures, while your dog tags along! Wander the 40,000-square-foot warehouse and two outside acres at **Black Dog Salvage**, packed with amazing creative architectural and repurposed products. Shop for furniture and home décor, outdoor gems, Black Dog furniture paint and oh-so-much-more. And you and your companion just might meet resident black dogs Molly May and Stella – or the treasure hunters of the DIY Network show “Salvage Dawgs.”



ASK A LOCAL

"Everyone who knows me knows the first place I will take them is the **Booker T. Washington National Monument**. The park is a perfect combination of history, culture and nature, and I count it a privilege to learn about the enslaved childhood of Booker T. Washington and the obstacles he overcame to achieve success. I also enjoy taking friends and family to **Smith Mountain Lake Community Park** and **Smith Mountain Lake State Park**. The trails are great, and the views are breathtaking!"

— Brittany Webb Lane,
Booker T. Washington
National Monument



BLUE RIDGE PARKWAY
Bedford

BUCKET LIST

Undoubtedly, the **Blue Ridge Parkway** serves up gorgeous views along hundreds of miles of mountain driving. Scenic overlooks make it easy to pull over, absorb the beauty and refresh your soul. But there's more! This ribbon of road passes by iconic stops that showcase rich regional traditions and also grants glimpses of abundant biodiversity and geological wonders. Take a hike, snap a pic or just soak in the wonders of nature.

ICONIC

The natural beauty of the **Peaks of Otter** has attracted visitors for centuries, from Native Americans to European settlers and Blue Ridge Parkway travelers. Hike to the tops of the three peaks and you'll be rewarded with scenic 360-degree views, thickets of mountain laurel and the serenity of Mother Nature. Even the base of the mountains offers walking paths, a scenic lake, a 1930s farmstead and a historic lodge with comfy rooms and regional dining.

NOTABLE TOWN

When this thriving railroad boomtown saw its livelihood go bust, **Clifton Forge** remade itself, with art at the center of the renewal. The Alleghany Highlands Arts and Crafts Center opened in 1984, and other artistic endeavors followed, including the historic Clifton Forge School of the Arts and the restored Masonic Theatre and Amphitheatre. Now the town boasts creative shops and restaurants, the C&O Heritage Center railroad museum, and trainloads of nearby recreation. Schedule a visit and renew yourself!

INSTAGRAM-WORTHY

History, architecture, nature – three popular reasons to snap a photo at **Humpback Bridge**. Built in 1857, the National Historic Landmark is an arched multiple Kingpost truss bridge, possibly the oldest of its design in the nation. Covered-bridge enthusiasts from across the country come to visit this icon. The surrounding park, unique LOVEwork sign and peaceful Dunlap Creek add to the photogenic qualities. Nineteenth-century travelers called covered bridges “kissing bridges,” giving cover for stolen kisses – now there's a photo op!

LOVEWORK

You'll have no trouble entertaining yourself at **Smith Mountain Lake**, and the new LOVEwork provides even more inspiration. The L-O-V-E letters paint a picture of the 20,600-acre lake, 500 miles of shoreline and iconic highpoints. The sign, by local artist Lisa Floyd, captures the beauty of the lake and surrounding mountains, farmland, homes, shops, restaurants and more – and all the different ways to enjoy its beauty. You'll #LOVEVASML!



CARVINS COVE KAYAKING
Roanoke

HIDDEN GEM

Who'd guess that the nation's second-largest municipal park could be so easily overlooked? The size of **Carvins Cove Natural Reserve** can't be overlooked: 12,700 acres, including 11,363 acres of protected forestland creating diverse wildlife habitats and natural eye candy. The recreational opportunities are remarkable: 60 miles of trails for hiking, biking and horseback riding, plus an over 600-acre reservoir for fishing and boating. The convenience is noteworthy, too: near downtown Roanoke, Interstate 81 and the Appalachian Trail.

SHARE THE LOVE IN

Franklin County

Day trip, road trip or extended stay – make **Franklin County** your future destination. Our rural community has plenty of open spaces, great views, small towns and welcoming people. As a land of two lakes, four rivers and 10,000 springs, with a landscape spanning from the crest of the Blue Ridge down to the Piedmont with the foothills in between, we offer a little something for everyone.

Heritage and community are important to us, from our history as the “Moonshine Capital of the World,” going back to the Great Moonshine Conspiracy Trial of 1935, to the Blue Ridge Institute & Museum at Ferrum College, to the Booker T. Washington National Monument’s showcase of social justice principles. Cruise along the Blue Ridge Parkway for an incredible vista at the Smartview Recreation Center and relaxing travel. Sample homegrown harvests at the Rocky Mount Farmers Market, the Foothills Produce Auction near Boones Mill and various farmstands, peruse local shops for antiques or handcrafted finds and enjoy a rewarding trip to Homestead Creamery for a tasty ice cream cone or milkshake, courtesy of happy dairy cows just down the road. While you’re here, take in Americana music thanks to our presence being the starting point of the Crooked Road: Virginia’s Heritage Music Trail.

Families will love the close proximity to two premier outdoor jewels – the vibrant Smith Mountain Lake and



Homestead Creamery



Blue Ridge Institute & Museum (BRIM)
of Ferrum College

serene Philpott Lake – where summer fun makes for an unforgettable vacation. Coast with our mountain and trail biking, navigate five blueways or experience miles of designated scenic byways. Fishing reigns here, and we are the only East Coast location offering two forms of wakeboarding: boat-pulled and cable-pulled.

Everyone loves a good story. Our world-class outdoor recreation and incredible touchstones of Appalachian music and history, combined with the beauty of Virginia’s mountains make for the perfect road trip or weekend getaway for your family. Past, present and future Franklin County brings it all together for you to enjoy. We’re here when you’re ready!



Do it all in Virginia’s Franklin County

Cahas Mountain
elevation 3,571 ft



VIRGINIA IS FOR
MOUNTAIN LOVERS

Franklin County is a distinct outdoor destination along the Blue Ridge Parkway. It is a landscape woven with miles of roads, trails, and waters perfect for adventures of all kinds. Bike along nearly 50 miles of scenic byways.

You can paddle on one of five blueways, including Philpott Lake. Or spend the day boating on one of two lakes, including Smith Mountain Lake. Finish the day with a craft beverage at one of our fine wineries, breweries or distilleries.



Franklin County
A Natural Setting for Opportunity

(540) 483-3030 | VisitFranklinCountyVA.com





EXPLORE VIRGINIA'S WESTERN HIGHLANDS, where mountain views, charming towns and outdoor fun can be found around every bend in the road.

Sounding Knob Fire Tower • Virginia Maple Syrup Trail
Barn Quilt Trail • Hiking • Fishing • History

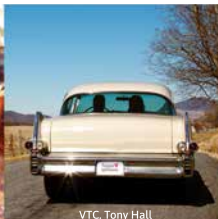


Relax. Recharge. Reset.

Experience unspoiled views and hidden gems in our rural, mountain community while social distancing. Plan your next road trip at highlandcounty.org.

WANDERLOVE
VIRGINIA IS FOR MOUNTAIN LOVERS

Travel safely - COVID-19 info and resources at highlandcounty.org/covid-19/



VTC, Tony Hall

David Cockerham Photography

NATURAL RETREATS

HOT SPRINGS, VA



SCENIC VIEWS, SOUTHERN STYLE

Incredibly scenic escapes await at one of our luxury rental properties located in the heart of Virginia's Allegheny Mountains. Discounts available for active military personnel and for conference stays.

Visit www.NaturalRetreats.com or Call 877-805-7794

#OutdoorAdventures

Wake up to #UniquelyAlleghany adventures in the mountains of Virginia.

#AlleghanyOutdoors

Plan your Uniquely Alleghany getaway at VisitAlleghanyHighlands.com

VIRGINIA IS FOR MOUNTAIN LOVERS

540-962-2178 • 888-430-5786 • #UniquelyAlleghany



MAGICAL JOURNEYS.



The back roads are winding and peaceful with stunning mountain views. The great food and legendary hospitality make the journey complete. That's a *Made in Bath County* experience.



COUNTY OF
BATH

DiscoverBath.com • 540-839-7202 • #MadeInBathVA

VIRGINIA IS FOR MOUNTAIN LOVERS

STAY A PART OF VIRGINIA

Whatever
you're a part of.
Stay that way.












OMNI RESORTS
the homestead | virginia

OMNIHOTELS.COM/THEHOMESTEAD









LODGING GUIDE

See Ad on Page #
Airport Shuttle
Business Center
Free Breakfast
Free Parking
Fitness Center
Free Wi-Fi
Indoor Pool
Outdoor Pool
Pet-Friendly
Restaurant On-Site or
Within a Mile

CENTRAL VIRGINIA














Appomattox Inn and Suites 434-664-2018 • appomattoxinlandsuites.com Appomattox's newest hotel! Near historic attractions. Midway between Farmville and Lynchburg.  	447 Old Courthouse Rd., Appomattox 24522			✓	✓	✓	✓	✓		✓	✓
Babcock House 434-352-7532 • babcockhouse.com Six room inn, private baths, televisions, relaxing porches, good food.	250 Oakleigh Ave., Appomattox 24522	59			✓	✓		✓			✓
Montfair Resort Farm  434-823-5202 • montfairresortfarm.com Mountain vacation cottages with modern amenities. On-site lake, hiking trails, birdwatching, bikes, canoes, fishing and events. Minutes from the Shenandoah National Park. 	2500 Bezaleel Dr., Crozet 22932	59		✓		✓		✓		✓	
Stay-over Suites 804-452-1377 • stay-oversuites.com Executive suites & extended stay, full kitchens, gas grills and patio area, close to Petersburg National Battlefield Park.	4115 Old Woodlawn St., Hopewell 23860			✓	✓	✓	✓	✓			✓
Holiday Inn Express & Suites Charlottesville/Ruckersville 434-985-1855 • hiecharlottesville.com Centrally located to historic presidential homes and award-winning vineyards.  	5920 Seminole Trl., Ruckersville 22968		✓	✓	✓	✓	✓	✓		✓	✓
Blue Ridge Lodging - Greene County 434-985-6663 • BlueRidgeLodging.com Inns, cabins, cottages, lodge with mountain views near Shenandoah National Park.	9157 Seminole Trl., Ruckersville 22968					✓	✓				
Craddock Terry Hotel & Event Center 434-455-1500 • craddockterryhotel.com <i>Conde Nast</i> award-winning boutique hotel, luxury rooms, two restaurants and biergarten.  	1312 Commerce St., Lynchburg 24504		✓	✓	✓	✓	✓	✓		✓	✓
The Virginian Lynchburg, Curio Collection by Hilton 434-329-3200 • thevirginianhotel.com Restored to its historic grandeur with modern amenities. 3 on-site restaurants including Lynchburg's only rooftop restaurant and bar.  	712 Church St., Lynchburg 24504			✓			✓	✓			✓
Linden Row Inn  804-783-7000 • lindenrowinn.com Award-winning downtown Richmond boutique historic hotel. Near VCU and museums.	100 E. Franklin St., Richmond 23219	59		✓			✓	✓			✓

COASTAL VIRGINIA

Meadowbrook Farm Bed & Breakfast 757-371-5896 • meadowbrookfarmbedandbreakfast.com Lovely bed & breakfast nestled on a scenic 30-acre farm.	700 King's Hwy., Suffolk 23432				✓	✓		✓			
The Pinner House (circa 1895) 757-539-8969 • thepinnerhouse.com Breathtaking property offering elegance and a touch of whimsy. 	231 Pinner St., Suffolk 23434				✓	✓		✓			✓
The Truitt House (circa 1909) 863-370-7454 • thetruithouse.com Lovely restored historic mansion - now a bed and breakfast. 	204 Bank St., Suffolk 23434				✓	✓		✓			✓
Atkinson Realty  757-428-4441 • atkinsonrealty.com Furnished beach cottages & condos-North End, Croatan, Resort Area, Chesapeake Bay Area. Book online.	932 Laskin Rd. #300, Virginia Beach 23451	84				✓		✓			✓
Coastal Hotel & Suites Virginia Beach - Oceanfront  757-425-8200 • coastalhotelvb.com Oceanfront balcony, suites, hot breakfast, laundry, indoor heated pool.  	2015 Atlantic Ave., Virginia Beach 23451	84			✓	✓	✓	✓	✓		✓
Sanctuary Realty at Sandbridge  757-457-0050; 866-933-4801 • sanctuaryrealtyva.com Luxury oceanfront vacation condos with three pools and state-of-the-art amenities. Linens provided. 	3700 Sandpiper Rd., Virginia Beach 23456	84		✓		✓	✓	✓		✓	✓

LODGING GUIDE





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Airport Shuttle
Business Center
Free Breakfast
Free Parking
Fitness Center
Free Wi-Fi
Indoor Pool
Outdoor Pool
Pet-Friendly
Restaurant On-Site or
Within a Mile

Sandbridge Beach - Sandbridge Realty  757-426-6262; 800-933-4800 • sandbridge.com Hundreds of homes and condos to choose from...pools, theater rooms, hot tubs, pet friendly, ocean and bay views.  	581 Sandbridge Rd., Virginia Beach 23456	84				✓	✓	✓	✓	✓	✓
Colonial Houses 844-474-2968 • colonialwilliamsburgresorts.com Authentic 18th century homes in the heart of Colonial Williamsburg Historic Area.	302 Francis St. E, Williamsburg 23185	2, 3		✓		✓	✓	✓	✓	✓	✓
Griffin Hotel 844-474-2968 • colonialwilliamsburgresorts.com Serene retreat walking distance from Colonial Williamsburg Historic Area.	302 Francis St. E, Williamsburg 23185	2, 3		✓	✓	✓	✓	✓	✓	✓	✓
Kingsmill Resort & Golf  800-832-5665 • kingsmill.com Golf, marina, hiking trails, bike rental, tennis, spa.  	1010 Kingsmill Rd., Williamsburg 23185	2, 3	✓	✓		✓	✓	✓	✓	✓	✓
Williamsburg Inn  844-474-2968 • colonialwilliamsburgresorts.com Iconic Five-Star, Five Diamond luxury, 20 culinary outlets, spa and fitness center, 45 holes of golf.  	136 East Francis St., Williamsburg 23185	2, 3		✓		✓	✓	✓	✓	✓	✓
Williamsburg Lodge, Autograph Collection  844-474-2968 • colonialwilliamsburgresorts.com A relaxing retreat, in our newly renovated rooms just steps away from the heart of the historic area.  	310 South England St., Williamsburg 23185	2, 3		✓		✓	✓	✓	✓	✓	✓
Williamsburg Woodlands  844-474-2968 • colonialwilliamsburgresorts.com Spacious rooms, on-site dining, fitness, and complimentary continental breakfast.	105 Visitor Center Dr., Williamsburg 23185	2, 3		✓	✓	✓	✓	✓		✓	✓




COASTAL VIRGINIA: EASTERN SHORE















Fairfield by Marriott Chincoteague Island Waterfront 757-336-0043 • fairfieldchincoteague.com 2020 Traveler's Choice by TripAdvisor. Waterfront views, complimentary breakfast buffet.  	3913 Main St., Chincoteague 23336			✓	✓	✓	✓	✓		✓	✓
Refuge Inn 757-336-5511 • refugeinn.com Charming rooms, friendly staff, excellent location at the entrance to Assateague.  	7058 Maddox Blvd., Chincoteague 23336			✓	✓	✓	✓	✓	✓	✓	✓
Sea Shell Motel  757-336-6589 • seashellmotel.org Family friendly, moderately priced, quiet location, central to all attractions.	3720 Willow St., Chincoteague 23336	91				✓		✓		✓	✓
Waterside Inn  757-336-3434 • watersideinn.biz Private waterfront balconies with view of rocket launches, fishing pier/marina, seasonal heated waterfront pool.  	3761 Main St., Chincoteague 23336	91		✓	✓	✓	✓	✓		✓	✓

NORTHERN VIRGINIA





Clarion Hotel & Suites by Choice Hotels 540-786-8321 • choicehotels.com/va828 All rooms have balconies, large convention center, full-service banquet facility.  	2801 Plank Rd., Fredericksburg 22401	105		✓	✓	✓	✓	✓		✓	✓
Inn at Evergreen 703-743-4711 • innatevergreen.com Historic charm meets modern amenities. Golf course, tennis, private bathrooms, fireplaces, and more.  	15890 Berkeley Dr., Haymarket 20169	105		✓	✓	✓		✓		✓	✓






SHENANDOAH VALLEY

Massanutten Resort  540-289-9441 • massresort.com Snow sports, indoor waterpark, golf courses, spa, zip lines, shopping, kids programs.  	1822 Resort Dr., Massanutten 22840	111		✓		✓	✓	✓	✓	✓	✓
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
LODGING GUIDE		See Ad on Page #	Airport Shuttle	Business Center	Free Breakfast	Free Parking	Fitness Center	Free Wi-Fi	Indoor Pool	Outdoor Pool	Pet-Friendly	Restaurant On-Site or Within a Mile
The Village Inn VC 540-434-7355 • thevillageinn.travel Enjoy Shenandoah Valley hospitality! Family-owned for three generations. AAA 3-Diamond rating.  	4979 South Valley Pike, Harrisonburg 22801	111	✓		✓	✓	✓		✓	✓	✓	
Brierley Hill Bed & Breakfast 540-464-8421 • brierleyhill.com Romantic hillside retreat with spectacular views. Where memories are made. Voted one of the Top 10 Most Romantic Inns in the USA. 	985 Bordon Rd., Lexington 24450				✓	✓				✓	✓	
Sugar Tree Inn 540-377-2197 • sugartreeinn.com In-room coffee and fireplaces, entertainment library.	145 Lodge Trl., Vesuvius 24483	121			✓	✓				✓		
Allstar Lodging Vacation Cabin Rentals VC 540-843-0606 • allstarlodging.com Mountainside, riverfront, pool, hot tubs, kitchen, BBQ, kayaks, pets welcome! 	803 E. Main St., Luray 22835	116			✓	✓	✓		✓	✓	✓	
Luray Caverns Motels 888-941-4531 • luraycaverns.com Opposite Luray Caverns with views of Shenandoah National Park. 	970 US Highway 211 West, Luray 22835	117			✓		✓		✓		✓	
Shenandoah River Outfitters Log Cabins 540-743-4159 • shenandoahriver.com 10 log cabins, riverfront, hot tubs, BBQ, bonfire, canoe rentals, campground.	6502 S. Page Rd., Luray 22835	115			✓					✓		
Natural Bridge Historic Hotel and Conference Center VC 540-291-2121 • naturalbridgeva.com Colonial style historic hotel offers impressive Blue Ridge Mountain views.  	15 Appledore Ln., Natural Bridge 24578	109	✓		✓		✓			✓	✓	
Big Meadows Lodge VC 877-247-9261 • goshenandoah.com In-park historic lodge with 97 rooms & restaurant located off Skyline Drive.  	Mile 51 on Skyline Dr., Shenandoah National Park 22835	115			✓					✓	✓	
Lewis Mountain Cabins VC 877-247-9261 • goshenandoah.com Ten in-park housekeeping type cabins with adjacent shelter located off Skyline Drive.  	Mile 57.5 on Skyline Dr., Shenandoah National Park 22835	115			✓					✓		
Skyland VC 877-247-9261 • goshenandoah.com In-park lodging with 178 rooms & restaurant located off Skyline Drive.  	Mile 41.7 on Skyline Dr., Shenandoah National Park 22835	115			✓					✓	✓	
Best Western PLUS Waynesboro Inn & Suites Conference Center 540-942-1100 • bwwaynesboro.com 100% non-smoking, 5 minutes from The Blue Ridge Parkway and Skyline Drive, mountain views. 	109 Apple Tree Ln., Waynesboro 22980	121	✓	✓	✓	✓	✓	✓		✓	✓	
The George Washington Hotel 540-678-4700 • wyndhamgeorgewashington.com Charm and luxurious amenities, 70 miles from Washington, D.C. and just steps from shops and restaurants.  	103 East Piccadilly St., Winchester 22601		✓			✓	✓	✓			✓	

 **SOUTHWEST VIRGINIA: BLUE RIDGE HIGHLANDS**






Country Inn & Suites Abingdon 276-676-2829 • countryinn.com/abingdon-va Spacious rooms, close to the Barter Theatre and Virginia Creeper Trail.	940 East Main St., Abingdon 24210	137	✓	✓	✓	✓	✓		✓	✓	✓	
The Sessions Hotel 276-285-5040 • sessionshotel.com Boutique hotel, spa, music venue, restaurant and roof-top bar. The place to play.  	833 State St., Bristol 24201				✓		✓			✓	✓	
Inn at Virginia Tech and Skelton Conference Center 540-231-8000 • innatvirginiatech.com Full service hotel on VA Tech campus. 24,000 sq. ft. conference center.  	901 Prices Fork Rd., Blacksburg 24061		✓		✓	✓	✓				✓	

LODGING GUIDE		See Ad on Page #	Airport Shuttle	Business Center	Free Breakfast	Free Parking	Fitness Center	Free Wi-Fi	Indoor Pool	Outdoor Pool	Pet-Friendly	Restaurant On-Site or Within a Mile
Damascus Cabins 276-492-1041 • damascuscabins.com Five cozy cabins accommodating 1-24 people on the Laurel River adjacent to Creeper Trail and AT. 	127 Imboden St., Damascus 24236	131			✓		✓				✓	✓
Damascus Old Mill Inn VC 276-475-3745 • damascusinn.com Converted gristmill with modern amenities. Event center, seasonal restaurant on-site. Adjacent to Creeper Trail, AT, Laurel Creek, waterfall.	215 West Imboden St., Damascus 24236	131			✓		✓				✓	✓
Virginia Creeper Lodge 276-451-8516 • virginiacreeperlodge.com 6 rooms, large kitchen, large deck with fire pit, overlooking Laurel River, Creeper Trail and AT. 	702 Beaver Dam Ave., Damascus 24236	131			✓		✓				✓	✓
Primland Resort 276-222-3800 • primland.com Golf, spa, biking, horseback trail rides, bird hunting, sporting clays, fly fishing, kayaking. 	2000 Busted Rock Rd., Meadows of Dan 24120	39	✓	✓	✓	✓	✓	✓			✓	✓
The Bolling Wilson Hotel 276-223-2333 • bollingwilsonhotel.com Wytheville's only boutique hotel with rooftop terrace, restaurant and mountain views.  	170 East Main St., Wytheville 24382			✓	✓		✓				✓	✓

 **SOUTHWEST VIRGINIA: HEART OF APPALACHIA**

Western Front Hotel 276-738-3040 • westernfronthotel.com Boutique hotel, restaurant, outdoor music, firepit, game room, on-site ATV rentals, fishing.  	3025 Fourth Ave., St. Paul 24283			✓	✓		✓				✓	✓
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 **VIRGINIA MOUNTAINS**

Peaks of Otter Lodge VC 888-454-7711 • peaksofotter.com Parkway lodging with views of Sharp Top Mountain and Abbott Lake.  	Mile 86 on the Blue Ridge Parkway, Bedford 24523	149			✓						✓	✓
The Red Lantern Inn VC 540-797-5000 • theredlanterninn.com Walk to Restaurants, Galleries, Shops, C&O Heritage Center, Historic Masonic Theater, Amtrak Depot. Near by Douthat Park, Homestead, Greenbriar. Hiking/ Biking/Kayaking/Fishing. 	314 Jefferson Ave., Downtown Clifton Forge 24422			✓	✓		✓				✓	✓
Natural Retreats 877-805-7794 • naturalretreats.com Vacation rentals, that provide an escape to simpler times with the convenience of modern comforts.	Hot Springs											
The Omni Homestead Resort VC 540-839-1766 • theomnihomestead.com America's First Resort is an iconic, family-friendly destination with award-winning golf courses, Spa and more than 30 activities.  	7696 Sam Snead Hwy., Hot Springs 24445	40, 153	✓			✓	✓	✓	✓		✓	✓
Tru by Hilton Roanoke Hollins 540-400-8244 • tru3.hilton.com Close to I-81, Roanoke Airport and downtown. Large bathrooms, 55-inch TV, free coffee.  	8161 Gander Way, Roanoke 24019	156	✓	✓	✓	✓	✓					✓
La Quinta Roanoke Salem 540-404-9659 • laquintaroanokesalem.com Exceptionally friendly and clean hotel conveniently located along I-81. Newly remodeled.  	140 Sheraton Dr., Salem 24153	156	✓	✓	✓	✓	✓		✓			✓
The Lofts at Downtown Salem 540-4202-1441 • theloftsatdowntownsalem.com Washer/dryer, full size kitchen, living room, extended stay, live TV, utensils provided. 	10 W. Main St., Salem 24015				✓		✓				✓	✓

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