USANA Feed Your Soul.

PAGE 16 PLAY, STAY, THEN ADD A DAY! PAGE 34 LOUISIANA'S TOP TASTES PAGE 46 A PATCHWORK OF CULTURES

LouisianaTravel.com Official Inspiration Guide



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LOUISIANA STATE MUSEUMS

Louisiana's history reads like a great work of fiction.

Explore our story!



Monumental battles, daring aviators, powerful monarchs, great rivalries, devastating floods, celebrated artists, astonishing athletes, unique traditions, and legendary musicians—Louisiana's history is extraordinary. Discover your passion for the past at one of our nine Louisiana State Museums.

LouisianaStateMuseum.org



WELCOME TO LOUISIANA!

If you are looking for exciting adventures and memories that will last a lifetime, you will find them in **#OnlyLouisiana**.

Louisiana is a place unlike any other. Here, you can listen to jazz, Cajun and zydeco music right where it started. Learn the history behind these unique sounds and then cut a rug with the locals. Walk historic halls and explore museums detailing the blend of cultures that makes Louisiana so special.

Head into our great outdoors, where you can bike, paddle and hike through landscapes of moss-draped cypress trees, live oaks, long-leaf pines and bayous. Stay in one of our state parks and greet the new day from a glamping tent.

Give your taste buds a treat – our cuisine is among the best! From some of the freshest seafood in the world to Cajun and Creole flavors that will have you heading back for seconds, Louisiana is rich with culinary experiences that will delight any food lover.

Our fun, friendly cast of local characters is waiting to welcome you to Louisiana and share all the ways you can *Feed Your Soul*.

Lt. Governor Billy Nungesser

LOUISIANA SUNSHINE MAGAZINE

Louisiana Sunshine Magazine

The Honorable Billy Nungesser, Lieutenant Governor Louisiana Department of Culture, Recreation and Tourism

LouisianaTravel.com

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Please check destination and event websites or call ahead to confirm openings, closings and postponements.

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Reach out to plan a trip now, share your **#OnlyLouisiana** experiences when you visit and stay up to date on new attractions and upcoming events. It's easy to stay connected with Louisiana!



Visit LouisianaTravel.com

You'll find plenty of videos, articles and immersive content to inspire a visit, plus all the travel tools you need to plan a trip. Explore the state by theme and region, or let our suggested itineraries show you the way!

Watch our Visual Stories

Family adventures on the lake? A tour of a fascinating museum? The best food and drinks during your travels? Dive into our Visual Stories to see for yourself what fun awaits across the Bayou State.



Sign up for eNewsletters

Receive an exciting collection of Louisiana travel ideas, upcoming events and the latest deals from our partners - all delivered free to your inbox each month. There's also a quarterly culinary edition that offers a bounty of mouthwatering content.



Join the Bayou Krewe

If you love Louisiana as much as we do, become a member of our Bayou Krewe. These ambassadors share their passion for the state's food, history, culture and outdoors using our hashtag, for a chance to win a prize each month!



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Follow us on Social

Follow our **@LouisianaTravel** social channels to see what other travelers are up to and share your own experiences and photos, too. You'll learn all there is to see and do down on the bayou, along the coast and all throughout Cajun country. All in **#OnlyLouisiana**.

For these features and more, visit LouisianaTravel.com!

WELCOME

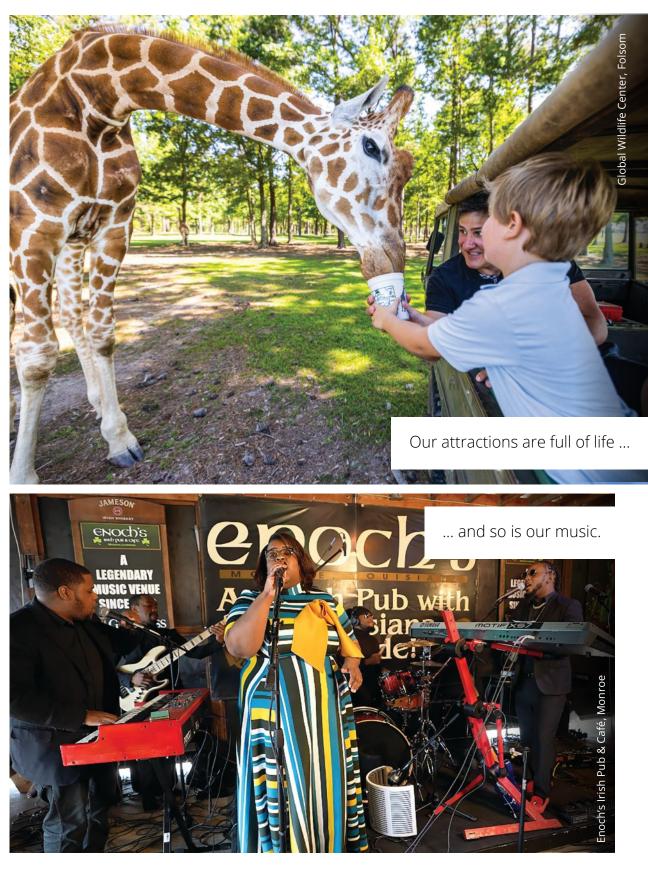
WELCOME TO LOUSIANA!

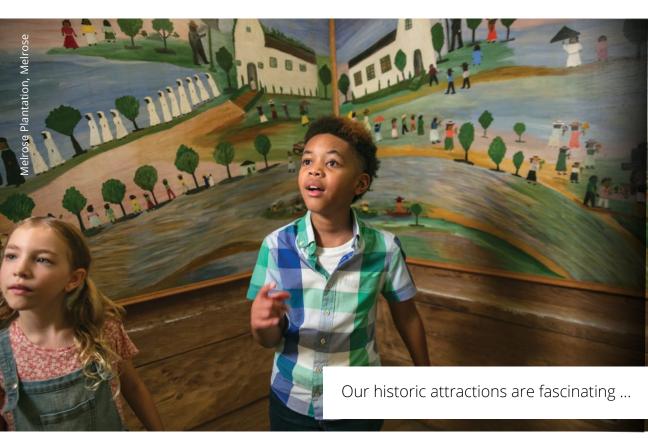
When you're ready to Feed Your Soul, you'll be spoiled for choice!

Sure, our signature dishes are zesty ...

... but so are our festivals.









THIS IS LOUISIANA





Red River National Wildlife Refuge, Bossier City

And the outdoor adventures you'll discover ...





1000

In fact, when it comes to recreation or relaxation ...

Old Jour

THIS IS LOUISIANA



WHAT'S NEW & NEAT IN LOUISIANA

For those who've visited before and others making their first trip, there's always something new to explore in Louisiana. Check out these recent and coming attractions!
 With the sector

hat's new in South Louisiana? Might as well start at the "top!" **Vue Orleans** is taking visitors to new heights with its 360-degree observation deck overlooking New Orleans and the Mississippi River. On your way to the top, explore interactive exhibits celebrating NOLA food, music, festivals, history and cultural diversity.

Downtown Lake Charles is also rocking, thanks to **Panorama Music House**, now offering live music, craft beer, inventive cocktails and creative cuisine. Speaking of adult libations, newly owned **Wild Bush Farm + Vineyard** is carrying on farm-toglass traditions of the former Pontchartrain Vineyards in Bush.

For outdoor fun, your whole family will be wild about **Kliebert & Sons Gator Tours**

in Ponchatoula, which recently introduced a new alligator sanctuary and wildlife encounter where mystery and adventure await.

If you're travelling with the fam, Central Louisiana is the place to be. Everyone's a kid at the new **Toledo Bend Family Adventure Park**, where you'll find a lazy river, three swimming pools, a splash pad, waterslides, mini golf and more.

You'll also love **PlayCenla** in Alexandria, where you can climb the walls, scamper on ropes and zoom on ziplines. And at **Wayback's Arcade** in Pineville, you can introduce your little ones to all the games you loved as a kid. Later in 2023, you'll be able to tee up at the renovated **Cypress Bend Golf** & Conference Center. In North Louisiana, head to Monroe-West Monroe where, with the opening of Antique Alley's **Alley Park**, everything old is new again. This reimagined outdoor space is hopping with concerts, art markets and more. While in town, take on the new mountain bike trails at **Kiroli Park**. In Pioneer, you'll dig the new virtual reality experience at **Poverty Point World Heritage Site**, where it's never been easier (or more fun!) to go back 3,400 years in time. Family-owned **Thirsty Farmer Winery & Vineyard** has expanded its vines and wines in Calhoun, as well.

Don't PASS This Up!

Looking for a fun way to explore the state AND earn prizes along the way? Download these three mobile passports to your smartphone and you'll be well on your way to doing both!

Our Louisiana Libations Trail Pass takes you to breweries, wineries and distilleries around the state, along with the restaurants and taprooms that carry local products. The Unusual is Our Usual Pass features quirky, one-of-a-kind stops you won't want to miss ... like Art the Dalmatian in Shreveport. And our Louisiana Parks Pass provides profiles of parks and historic sites to guide you around the state.

Better yet, these passes are all free and you can earn cool prizes the more places you visit! Learn more and get your passes at **Fun.LouisianaTravel.com**.

Art the Dalmatian Statue, Shreveport

Stay up to date on the latest at LouisianaTravel.com!

PLAY, STAY, THEN ADDA DAY!

11.8

The best of the great outdoors is yours in Louisiana.

Coco Marina, Chauvin

ith rolling hills and lush forests to explore in the north, mysterious swamps and bayous in the south and everything in between, nature's bounty is on full display.

And with activities like hiking, biking, paddling, fishing and more, there are plenty of awesome places where you can play, stay, then add a day!



South Louisiana

Play: Catch some fish (and a sunset or two) on Lake Pontchartrain, Grand Lake or check out the birding and nature trails at White Lake Wetlands Conservation Area, then ramp up the fun on the state's longest zipline at Magnolia Ridge Adventure Park.

Stay: Along with wildlife, this area is teeming with artsy B&Bs, grand hotels and fun casinos. After fishing and hunting in the great outdoors, you can try your luck

indoors at **L'Auberge Casino Resort Lake Charles**. Big stars entertain there regularly, so plan your trip accordingly.

Add a Day: Don't go home without exploring the Creole Nature Trail All-American Road, affectionately known as "Louisiana's Outback." It's one of less than 60 designated Scenic Byways in the U.S. and unlike anywhere else on Earth. Gone Wild Safari, Pineville

Central Louisiana

Play: Time to get wild! Get up close and personal with everything from alligators to zebras at **Alexandria Zoological Park**. In nearby Pineville, drive through **Gone Wild Safari**, where exotic creatures roam free. At **Hayes E. Daze Ranch**, you can ride on 70 miles of sandy horseback trails in Kisatchie National Forest.

Stay: While camping in the Kisatchie is always a breath of fresh air, historic Hotel
Bentley will take your breath away.
Famous guests of this grand hotel have included generals Eisenhower and Patton and film stars John Wayne and Roy Rogers.

Add a Day: Some of the best bass fishing in the country is at **Toledo Bend Lake**, which has previously come in at No. 1 in *Bassmaster* magazine's top bass fishing destinations.

Flower Power!

When you're out exploring Louisiana, take a moment to stop and smell the roses (and magnolias, irises, orchids, azaleas, violets and more) at botanical gardens across the state.

Follow the bees to **New Orleans Botanical Garden** in City Park, where more than 2,000 plants from around the world are flourishing.

Everything's coming up roses at Shreveport's **American Rose Center**, the largest park in the country dedicated to the world's most romantic flower.

While there's much ado about bamboo at **Jungle Gardens** on Avery Island, you'll find **Rip Van Winkle Gardens** nearby is an eye-opening experience as well, despite its sleepy name.

North Louisiana

Play: Hike, swim, fish and camp away the day at pristine spots all over the region like **Cypress Black Bayou**. Have little ones? They'll love the petting zoo here.

Stay: After roughing it, consider a night of pampering at **The Remington Suite Hotel and Spa** in Shreveport with a full-service spa,

indoor heated pool and sweet suites with floor-to-ceiling windows and hardwood floors.

Add a Day: Lincoln Parish Park in Ruston has one of the best mountain biking trails in America. There are also piers for fishing and sandy beaches for swimming, canoeing and kayaking. Campfires are permitted, so bring your guitar.





Get out and play at LouisianaTravel.com/Outdoors!

<section-header>

Louisiana's state parks offer some of the best ways to explore all there is to see and do here. With abundant recreation opportunities, beautiful nature preserves and unique places to stay, there is a park for any interest – and any time of year.

Bogue Chitto State Park, Franklinton

A TREAT FOR EVERY TRAVELER

Bigger & Better

wo Louisiana State Parks are now better than ever. **Bogue Chitto** in Franklinton reopened with significant improvements (we're talking happy campers) and **Sam Houston Jones** in Lake Charles now has brand-new cabins with full kitchens, living rooms and screened-in front porches, complete with fireplaces and TVs. In Zwolle, **North Toledo Bend** has added 55 improved campsites as well.

All Play, All Day

At Louisiana's largest state park, **Chicot State Park** in Ville Platte, you can camp, glamp and float your boat on more than 6,400 acres. Here you'll find a water playground, rental boats, fishing piers, hiking and biking trails.

Peaceful Places

While your heart may race when you land a big fish or spot Orion's Belt, for the most part you'll find nothing but peace and tranquility at places like **Lake Bistineau** and **Lake Bruin** state parks. Fill your itinerary with stunning scenery, sweet serenity and a playlist courtesy of birds, frogs and plopping turtles.

History Hot Spots

Brush up on your Cajun history at Longfellow-Evangeline State Historic Site, where you can stroll through a museum, a Creole plantation and an 18th-century Acadian shack. While Audubon State Historic Site in St. Francisville isn't just for the birds, you will find Oakley House there, which is where famous naturalist John James Audubon once served as a tutor.



An Outdoor Upgrade

When was the last time you fell asleep to a chorus of tree frogs or woke up to the singing of birds?

If you're not into "roughing it" – but are intrigued by the idea of sleeping in the great outdoors under a canopy of stars – then luxury glamping may be for you. Here in Louisiana, you can do just that at several state parks.

Equipped glamping sites provide a sturdy canvas tent on a wooden platform, complete with a queen-size memory foam bed, end tables, a propane heater, a firepit with a grill, an extra pop-up tent and even a portable restroom.

Discover where you can get your "glamp" on at LAStateParks.com/Glamping!



Pick your perfect park at LAStateParks.com!

Lake Claiborne

Sam Houston Jones

Fontainebleau

Lake Bistineau Lake Bruin

Cypremort Point

Fairview Riverside

Lake Fausse Pointe



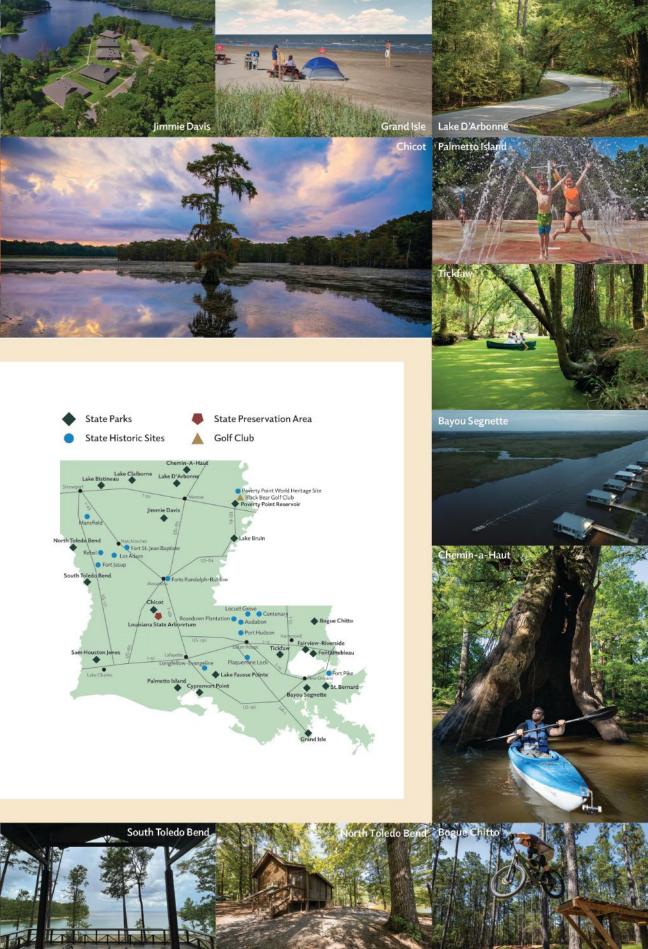
Louisiana is a place of natural beauty with our own unique blend of cultures and experiences. To preserve this, we've set aside 21 Louisiana State Parks that stretch from the shores of Lake Pontchartrain and the swamps of Acadiana to the pine forests and hills of the Sportsman's Paradise.

There is a park or state historic site for everyone to enjoy nearby. So let's hit the trails or catch a big one because the best travel experiences make you feel more alive and bring us closer together.

www.LAStateParks.com

THE LOCAL DESIGNATION





SCENIC BYWAYS: FIVF TO DIVE

Rosedown Plantation, St. Francisville

Is there any greater freedom than exploring fascinating stops while on a fun road trip?

There are 19 official scenic byways and trails winding throughout the state, full of plenty of spots to explore along the way. You'll want to discover them all at **LouisianaByways.com**, but here are five fun ones to drive this year!

BYWAYS: FIVE TO DRIVE



EVANGELINE OAK

Longfellow's poem "Evangeline" immortalized the tragedy of the Acadian exile from Nova Scotia in 1755. This oak marks the legendary meeting place of Emmeline Labiche and Louis Arceneaux, the counterparts Arceneaux, the counterparts of Evangeline and Gabriel.

Evangeline Oak, St. Martinville



Get your fill of little museums filled with big personalities along the 137-mile **Boom or Bust National Scenic Byway**. The towns along these sleepy bayous and rolling hills tell the tales of the dramatic ups and downs in the oil and gas, lumber, transportation, farming and entertainment industries. See meadows dotted with oil derricks, the historic Caddo Lake Drawbridge and the Vivian Railroad Museum. 2. What's the difference between Cajun and Creole? A tour on the 71-mile **Cane River National Heritage Trail** will clear it all up for you. This road will take you to the Cane River Creole National Historic Park, comprised of Oakland and Magnolia plantations. Stand in awe (or kneel) in old Catholic churches such as St. Augustine and St. John's. Explore the first permanent European settlement in the territory later known as the Louisiana Purchase at **Fort St. Jean Baptiste State Historic Site** in Natchitoches.

BYWAYS: FIVE TO DRIVE

A drive along the 180-mile Creole Nature Trail All-American Road lets you experience Louisiana's diverse landscape and wildlife up close. (Be on the lookout for those gator crossings!) You'll discover four wildlife refuges, wetland walkways, small fishing villages and 26 miles of unspoiled Gulf of Mexico beaches. The views change around every bend and there are plenty of opportunities to savor fresh seafood along the way. Explore the region's mining history in Sulphur, 700,000 acres of wetlands in Cameron Parish, plentiful waterfowl at Sabine National Wildlife Refuge, shell-hunting at Holly Beach, and an exciting mix of city life and outdoor adventure in Lake Charles.

4. "Teche" is the Chitimacha Indian world for "snake" and you'll be nothing short of charmed by the183-mile **Bayou Teche National Scenic Byway**. Sweet-yet-spicy towns will call to you along the way, including Breaux Bridge (the crawfish capital), St. Martinville (home of the Evangeline Oak, immortalized in Longfellow's tragic poem, "Evangeline: A Tale of Acadie") and New Iberia (where the Tabasco factory tour and restaurant are popular stops).

5. Follow the Mississippi along the 773mile **Louisiana River Road – All-American Road**. There's a story around every bend and some of the best can be heard at the Louisiana State Cotton Museum up north, through The Great River Road Museum at Houmas House, at The National WWII Museum in New Orleans and beyond.



Frogmore Cotton Plantation & Gins, Ferriday





Explore all 19 Trails and Byways! Plan your road trip off the beaten path and get more details at **Byways.LouisianaTravel.com**!

Regional Road Trips

Looking for the best arts and culture in North Louisiana? Only have 24 hours in Lake Charles? We got you.

Visit **LouisianaTravel.com/RoadTrip** for suggested trips featuring things to see, what to eat and where to stay throughout the state. Covering topics from small-town day trips to the ultimate New Orleans vacation, you'll find a ready-made trip for you!

Historic Route 80

EAS

Historic Route 80

The culture is rich. You don't have to be.

In Louisiana, you don't need a whole lot to live it up. When you're ready to retire, come one, come y'all—come to Louisiana and really start living. For more information and help planning, just visit **LOUISIANATRAVEL.COM/RETIRE.**



BYWAYS: FIVE TO DRIVE

Cameron Prairie National Wildlife Refuge, Bell City

INNOCENCE THAT GRACED AND A DECEMBENT OF NOVEMBER ON November 1 desegregated N entered William Leona Tate, Tes attended Motor

On November 14, 1960, four six-year-old girls desegregated New Orleans schools. Ruby Bridges entered William Frantz Elementary School and Leona Tate, Tessie Provost and Gail Etienne attended McDonogh 19 Elementary School.



W W W . L O U I S I A N A C I V I L R I G H T S T R A I L . C O M

A STATE OF CELEBRATION

Festival of the Bonfires, Lutcher



ove a good party? Louisiana offers more than 400 festivals annually – some world famous, some soon to be. There's a celebration for every one of your senses.

Come hear the music at Satchmo SummerFest in New Orleans, the Swamp Pop Music Festival in Gonzales and the Louisiana Legends Festival in Homer.

Make your taste buds happy at the **Etouffee Festival** in Arnaudville, the **Louisiana Shrimp** & Petroleum Festival in Morgan City and the Louisiana Food Truck Festival in Slidell. Treat your eyes to original art at the **Covington Three Rivers Art Festival**, the **Shadows Arts and Crafts Fair** in New Iberia and at **TASTE: A Festival of Food and Art** in Bossier City.

Looking for some offbeat fun? Hop on over to the **Rayne Frog Festival** in the selfproclaimed "Frog Capital of the World."

And ignite your sense of wonder during the holiday season at the St. James Parish **Festival** of the Bonfires in Lutcher, the Natchitoches Christmas Festival and the Light up the Lake Christmas Celebration in Lake Charles.



Search our full calendar! Check out our online calendar for a schedule of fairs, festivals and signature events throughout the year at LouisianaTravel.com/Events!

FESTIVALS & EVENTS

EXPERIENCE THE MAGIC OF MARDI GRAS

It's been said of Mardi Gras that everywhere else, it's just a Tuesday. The same might be said for Louisiana's incredible lineup of signature festivals and local fairs. Everywhere else, they're just events.

Krewe of Bacchus Parade, New Orleans

> Ithough **Mardi Gras** is synonymous with Fat Tuesday, **Carnival** agoes on for much longer than that, from Jan. 6 (King's Day) to the day before Ash Wednesday. It's also known for its signature colors (purple, green and gold, which stand for justice, faith and power) and its theme song of Rex, the King of Mardi Gras, which is "If Ever I Cease to Love."

> Witness the spectacle yourself to hear paradegoers yell, "Throw me something, Mister," as krewe members toss "**throws**" that include hand-decorated coconuts, shoes and even toilet plungers. And be sure to eat a **king cake**, which absolutely EVERYONE does!

See the 610 Stompers, Muff-a-lettas, Amelia Airhawts and other creative **dance troupes** do their thing. Catch a glimpse at "flambeaux," the torch carriers who light up night parades, and the colorful Mardi Gras Indians.

Then venture outside New Orleans for **Courir de Mardi Gras**, where many communities across South and Central Louisiana get all dressed up in colorful outfits and go house to house, some on horseback, begging for ingredients to make a gumbo.



Even though it's become one of the biggest parties on the planet, there are some lesserknown sides of Mardi Gras as well – like that it's great for families. Metairie is most famous for its **Family Gras** celebration, where the parades end at concerts featuring big-name entertainment.

Mardi Gras is also for the dogs. All across the state, costumed canines catch bones, not beads, at parades like the **Mystic Krewe of Barkus** in New Orleans, **Krewe of Barkus and Meoux** in Shreveport, and **Krewe des Chien** in Lafayette. Speaking of dogs, did you know the **Krewe of Highland** in Shreveport is famous for tossing hot dogs? While Mardi Gras is called "the biggest free show on Earth," the **'tit Rex** parade in the Marigny thinks small. You see, 'tit is short for "petit" and, instead of the triple-decker super floats you see at some parades, this microkrewe is known for its tiny shoebox floats with Barbie and Ken doll-sized monarchs.

Simply put, there's nothing more fun than Mardi Gras in Louisiana. From Grand Cane to Grand Coteau to Grand Isle and all points over, under and in between, folks yell "Laissez les bons temps rouler!" – "Let the good times roll!"



Party Mardi hearty at LouisianaTravel.com/Events/Mardi-Gras!

LOUISIANA'S TOP TASTES

Phenomenal food abounds in Louisiana. This is Cajun/Creole/ Southern Country, y'all, and here's a serving of some of the state's most iconic dishes!

> Cracklins, Scott Boudin Festival

D ive into a bowl of **gumbo**, a dark rich stew of stock, meat, seafood, celery, peppers and onions – it's so popular it's the official state food. But don't confuse it with **étouffée**, a rice dish smothered with crawfish or shrimp simmered in a lighter roux, or **jambalaya**, a seasoned rice studded with chicken and smoked sausage.

Po'boys may very well be the unofficial state sandwich, a glorious handful of meat or fried seafood stuffed inside a wedge of French bread featuring a soft center and crispy crust. Created in New Orleans, the popular Superdomeshaped **muffuletta** sandwich is stuffed with Italian deli meats and cheeses spiked with a tangy olive spread. Although **boudin** may not seem like a handheld treat, this sausage of seasoned cooked pork, rice, onions and peppers is often a finger food for the locals. So are crispy **cracklins**, addictive little bits of pork fat and skin that are deep-fried until golden delicious.

When it comes to dessert, you can't get much more "Louisiana" than **bananas foster**. Invented in New Orleans and often flambéed and served tableside, the showstopping dish features bananas cooked in butter and sugar, then topped with a warm sauce made with butter, brown sugar, cinnamon, dark rum and banana liqueur.

And you can either start or end your day with a plate of pillowy, powdered-sugary, deep-fried **beignets**, which will turn you against plain donuts forevermore.

Trending Tables

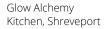
Louisiana is famous for its century-old restaurants, but we don't rest on our laurels. There's always someplace new to discover.

In North Louisiana, get back to nature outside and in with a yummy plant-forward menu from **Glow Alchemy Kitchen** in Shreveport, where Chef Jessica Comegys is taking sustainability and wellness to delicious heights.

Trendy taqueria **The Pink Agave** in Ponchatoula offers an explosion of colors through both the art on its walls and the rainbow of Instagrammable margaritas customers love. Their following has grown so much that they've opened a second location in Covington.

Swanky **Jewel of the South** in New Orleans has received multiple awards for its bartender and innovative cocktails, including *Esquire's* coveted "Best Bars in America" in 2022.

From trending tables to trending ... trucks? **Main Street Truck Park** in Pineville is on a roll as a popular gathering spot for live entertainment and rotating food vendors offering an ever-changing lineup of good eats.





For more tasty treats, visit LouisianaTravel.com/Culinary!



ouisiana's location on the Gulf Coast makes it a prime spot for some of the freshest seafood in the world.

Within its 7,700-mile-long shoreline you'll find waterways teeming with marine life that make the state not just a phenomenal fishing destination, but one of the world's premier culinary destinations for seafood lovers.

You don't have to look far to see what we mean. North and Central Louisiana's

waters are filled with delectable sac-á-lait, bass, catfish and bluegill, all of which have become the staples of Louisiana soul food. Of course, there's the Gulf of Mexico itself, which has made Louisiana the nation's secondlargest seafood supplier.

Guess that's also why we have oh-so-many seafood festivals and world-renowned seafood restaurants for you to enjoy. Here's where to catch, where to enjoy and how to celebrate the best Louisiana seafood!



GET TO KNOW LOUISIANA'S SEAFOOD

	Fun Facts	The Fests	Find it Here
SHRIMP	Louisiana leads all other states in shrimp landings (catches), with 102.5 million pounds of the crustaceans caught here annually.	Louisiana Shrimp & Petroleum Festival, Morgan City Delcambre Shrimp Festival, Delcambre	Voleoʻs, Lafitte Craws, Claws & Tails, Vidalia
CRAWFISH	All of the crawfish grown in the U.S. — down to the last tail — is harvested in Louisiana.	Breaux Bridge Crawfish Festival , Breaux Bridge Louisiana Crawfish Festival , Chalmette	Crawfish Town USA, Henderson Peck's Seafood, Slidell Boudreau & Thibodeau's Cajun Cookin', Houma
FIN FISH	Almost half the catfish consumed in the U.S. comes from Louisiana, along with massive harvests of red snapper, tuna and drum.	Plaquemines Parish Seafood Festival, Belle Chasse Louisiana Catfish Festival, Des Allemands	Casamento's Restaurant, New Orleans Spahr's Seafood, Des Allemands Trapp's, West Monroe
OYSTERS	Most Gulf of Mexico oysters come from Louisiana waters, many of which are flown to fine dining restaurants throughout the U.S.	Amite Oyster Festival, Amite New Orleans Oyster Festival, New Orleans	ACME Oyster House, New Orleans Shucks!, Abbeville
BLUE CRAB	Louisiana produces more than a quarter of all of these crustaceans that Americans consume.	St. Tammany Crab Festival , <i>Slidell</i> Holly Beach Crab Festival , <i>Cameron</i>	Seafood Palace, Lake Charles Drusilla Seafood Restaurant, Baton Rouge Fiery Crab, Alexandria
ALLIGATOR	Louisiana has the nation's highest alligator population, and is home to dozens of farms sustainably harvesting them.	Alligator Festival, Luling Mudbug Madness, Shreveport	Middendorf's, Akers Regatta Seafood & Steakhouse, Lake Arthur Mama's Oyster House, Natchitoches



Score a great catch at LouisianaSeafood.com!

A CODD TIMES GOOD TIMES STARTS WITH LOUISIANA SEAFOOD

In Louisiana, we've got a lot to celebrate—and we do. From crab to crawfish, oysters to alligator, baked, blackened, fresh and fried, come get fed and feed your soul on an abundance of world-class seafood that's worth the trip.







DISCOVERIES AT EVERY BEND



#SmallestChurch



LEARN MORE AT A



Interactive Map

1-10

Browse attractions, dining, boat launches, shopping, outdoor activities and more with our interactive map.



North Iberville Visitors Center

TIME FOR A DRINK, VA'THINK?

If the phrase "it's 5 o'clock somewhere" wasn't invented here, it should've been. Louisianans love to let the good times roll with a delicious libation, from classic brunch cocktails in the morning, to frosty afternoon craft beers on the water, to a one-ofa-kind nightcap in a jazz lounge. Cheers!



Toast a New Day

It's said brunch was invented in the French Quarter and it's now been reinvented at Atchafalaya, tucked inside a Creole cottage in New Orleans' Irish Channel neighborhood. A lively affair, brunch here features excellent entertainment and cocktails paired with worldly dishes like Tuscan eggs over polenta, zesty Huevos Rancheros and plantain-crusted Gulf fish with Spanish rice. Further north in Alexandria, **The Bentley Room** is known for its Hangover Burger and Bacon Jalapeno Bloody Marys. Love you some bottomless mimosas? Climb into the **Frozen Pirogue** in Bossier City.

The Seventh Tap Brewing Project, Shreveport

Craft Your Lunch Hour

Brewski, barley pop, hop juice ... nothing beats an ice-cold beer during the lunch hour. On Tchoupitoulas Street in New Orleans, you'll find several places to imbibe, including **NOLA Brewery, Urban South** and **Port Orleans Brewing Company**. Farm fresh never tasted so good at **Istrouma Brewing** in St. Gabriel. And don't be fooled by the name: **The Wurst Biergarten** in Lafayette is the best. In Shreveport, soak up art, live music, food and craft beers in the taproom, patio or garden at **The Seventh Tap Brewing Project**. On the other side of the Red River there, sip a hand-crafted cocktail at **BeauxJax Crafthouse**, just one reason it was named "Bossier's #1 Overall Restaurant."

Up for a Night Cap?

You find the libations and entertainment are fine at **Brass Monkey Pub & Patio** in Monroe. And the **Hayride Scandal** in Baton Rouge claims to be a haven of red velvet, white marble and dark secrets. Drink it all in.

Distill My Heart

Think Louisiana sugarcane is just for iced tea? Not so fast. It also makes some superior rum. At **Wildcat Brothers**, Acadiana's first craft rum distillery, you can pick up offerings like Sweet Crude, the rum of the official Lafayette cocktail, The Rouler.

But rum isn't all we do. **Yellowfin Distillery** in Sulphur is the maker of Yellowfin Vodka, applauded for its rich, clean flavor. At **Bayou Terrebonne Distillers** in Houma, you'll hear about the owner's great grandmother, Lily, a Mardi Gras Queen and moonshiner. Contraband, their Louisiana corn whiskey, is a most-drinkable souvenir.

In Baton Rouge, **Oxbow Rum Distillery** has been raising sugarcane on the banks of an ancient Mississippi River oxbow since 1859. And as you might expect, there are several distilleries in New Orleans. **Atelier Vie's** Riz Louisiana Rice Whiskey won the prestigious Double Gold Medal at the 2021 San Francisco World Spirits Competition.

Oxbow Rum Distillery, Baton Rouge



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CUE THE TUNES

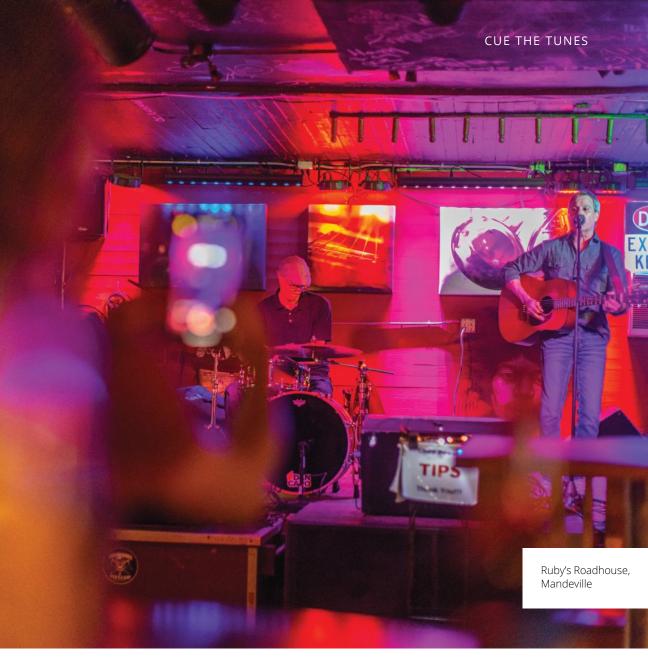
ORLEAN

Everybody knows jazz was born in Louisiana, but that's not the only cradle we rocked here. John Lennon famously said, "There wouldn't have been a Beatles without a Fats Domino," singling out the New Orleans-born pianist. Cajun music, zydeco and swamp pop also got their starts here.

Preservation Hall, New Orleans

JAZZ

ear Orleans



he streets of Louisiana are paved with music! It lives within the soul of our people, and you can feel it in the rhythm of our lives. It's no wonder so many musicians come or live here to find inspiration. After all, music not only thrives here, but lots of the music we love today was born here.

In New Orleans, there's nothing like a night at **Three Muses**, **Tipitina's**, **Maple Leaf Bar** or the clubs on **Frenchmen Street**. Jonesing for authentic jazz? Check a night at Palm Court Jazz Café off your bucket list. Dew Drop Jazz & Social Hall (circa 1895) and Ruby's Roadhouse (circa 1930), both in Mandeville, are must-jams as well. Further upriver in Baton Rouge, the Varsity Theatre hosts rock, funk, blues, pop and more near the campus of LSU.

What is it about Louisiana that inspires musicians of all kinds – jazz, blues, rock, rap, bounce ... you name it? Put on your dancing shoes and come find out. Come learn the two-step at Cajun dance halls like **Fred's Lounge** in Mamou, **Paul's Playhouse** in Sunset, **La Poussière** in Breaux Bridge and **Cajun Country Dance Hall** in Church Point. **Artmosphere Bistro**, a cozy bar in Lafayette, hosts both local bands and Grammy-winning musicians.

Northern Louisiana is the birthplace of many country music stars, including Faron Young, Mickey Gilley, Jerry Lee Lewis, Lucinda Williams, Hank Williams Jr., Tim McGraw and Trace Adkins.

The state song, "You Are My Sunshine," was written by Country Music Hall of Famer and

former Louisiana governor Jimmie Davis. If you're a fan, swing by the **Shreveport Municipal Auditorium** where Hank Williams Sr. and Elvis performed at the famous "Louisiana Hayride" back in their heydays. In fact, the phrase "Elvis has left the building" was first uttered when Elvis left the stage here.

At **Big Country** in Bossier City, not only will you get to hear some great tunes, but you can take a line-dancing class or ride the mechanical bull. And don't miss **Enoch's Irish Pub** in Monroe, where outlaw country legend Jerry Jeff Walker and Clarence "Gatemouth" Brown have wowed crowds.





Sound-sational!

Just like there's air to breathe, there's pretty much music at every Louisiana festival. New Orleans hosts the **French Quarter Festival**, **Essence Fest** and so many others. The state's capital city is home to the **Baton Rouge Blues Festival** and sounds from the **Highland Jazz & Blues Festival** fill the air in Shreveport. The **Acadia Music Fest** lights up Thibodeaux and folks in Lake Charles can't wait for the **Cajun Music & Food Festival** every year.

In Central Louisiana, fans rush to the **Natchitoches Jazz/R&B Festival** and music isn't the only draw at the **Alex River Fete** in Alexandria. There's local art, classic cars and a beer garden, too!

Up north, the **Red River Revel** has been going strong for 47 years in Shreveport. And even though the **Louisiana Peach Festival** doesn't have music in its name, this 74-year-old party offers 12+ hours of live music in charming downtown Ruston. Both your taste buds and your feet will be dancing.



Feel the beat at LouisianaTravel.com/Music!

A PATCHWORK OF CULTURES

So many different groups have given a piece of themselves to create the patchwork of Louisiana. It is evident in our food, music, even the way we talk. Whether you're marveling at architecture or learning a dance move, this unique blend of history and culture is unmatched.

Whitney Plantation, Edgard

A PATCHWORK OF CULTURES



Ative Americans, Spanish, French, Africans, Acadians, Isleños, Germans, Italians, Irish, Haitians, Filipinos, Vietnamese, Mexicans and many more. Louisiana is a patchwork of cultures waiting to be explored.

Let's start at the beginning with the Native Americans who were here first. At **Poverty Point World Heritage Site** in Pioneer, learn about the Chitimacha at one of the earliest known civilizations in North America, dating back more than 3,000 years.

The first permanent European settlement in the Louisiana Purchase territory was Natchitoches, established in 1714, and a trip to the **Fort Jean Baptiste State Historic Site** there is a must. Four years later, New Orleans was founded, and the **Cabildo** and **Presbytere** museums are filled with artifacts telling fascinating stories.

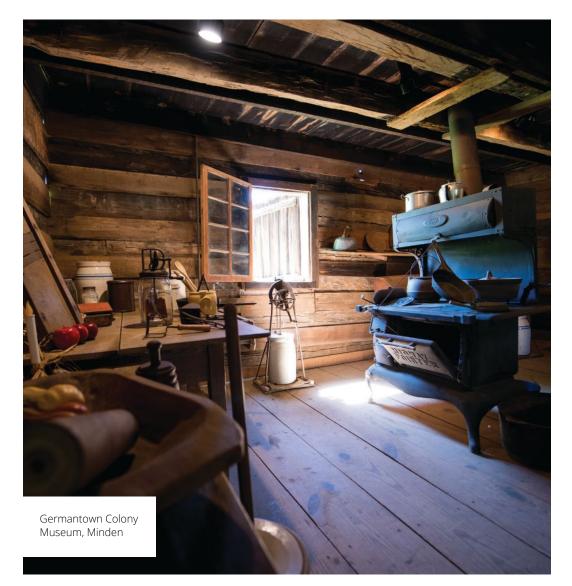
Beginning in 1719, enslaved Africans were brought to Louisiana. **Whitney Plantation** in Edgard and **Laura Plantation** in Vacherie share the real stories of their struggles in a world that offered them so little. At **Destrehan Plantation** in Destrehan, you can take the "Unheard Voices of the German Coast" tour.

HISTORY

The years from 1765 to1785 marked the great immigration of the Acadians (now known as Cajuns), a group of French Canadians who were exiled to Louisiana. In Lafayette, learn more at **Acadian Village**, **Vermilionville Living History Museum**, **Folklife Park** and the **Acadian Cultural Center**, part of **Jean Lafitte National Historical Park**.

In North Louisiana, just outside Minden, visit the **Germantown Colony Museum**. In the New Orleans area, experience the story of Italian immigrants at the fascinating **American Italian Cultural Center**, the Irish at Irish Cultural Center of New Orleans and the Isleños people from the Canary Islands at Los Isleños Museum and Historic Village in St. Bernard.

There are also festivals celebrating the many cultures that make Louisiana, well, Louisiana, such as **Festival International de Louisiane** in Lafayette, the **Zwolle Tamale Fiesta** and the **Northeast Louisiana Celtic Festival** in West Monroe. Plus you won't want to miss **Que Pasa Fest** and the **Tet Festival**, celebrating the Vietnamese New Year, both in the New Orleans area.



Preserving the Past

Louisiana is full of historic buildings that have been preserved to continue sharing their stories today.

Although the first Coca-Cola bottler built it as a home back in 1913, **The Biedenharn Museum & Gardens** in Monroe has since been refreshed to house the Coca-Cola Museum.

In downtown Natchitoches, visit the fascinating **Roque House**, built in 1803 by Yves Pacale, a free man of color. A remarkable example of the Creole style of French architecture along Cane River, the home was constructed with hand-hewn cypress held together by a mixture of mud, Spanish moss and animal hair.

Close by at **Frogmore Plantation**, you'll find 19 restored historic structures you can tour while learning about both historic and modern cotton-making processes.

In New Orleans, **Dooky Chase's Restaurant** opened its doors in 1941 and soon became a hot spot to enjoy music and discuss the Civil Rights issues of the day. Today, you can soak up that history while enjoying a menu or Louisiana and Creole favorites. Explore it and other important sites at **LouisianaCivilRightsTrail.com**.



Explore the past at LouisianaTravel.com/Culture!

Roque House, Natchitoches

ROOMS WITH VIEW

What's better than a stay at one of Louisiana's swanky hotels, cozy cabins, historic B&Bs or off-the-beaten-path properties? Checking in to a room with an epically awesome view!

> Horseshoe Hotel & Casino, Bossier City

n Louisiana, we believe where you stay should be more than just a place to rest your head. All around the state, you'll find unique accommodations with breathtaking views – either literal ones or views back in time.

With 180-degree skyline and river views, you can do no better than the **Margaritaville Resort Casino** in Bossier City. Also topping the Shreveport-Bossier skyline is the

24-story **Horseshoe Hotel & Casino** with its luxury tower suites.

Dreaming of a white picket fence and charming gardens? On the other side of the top of the state you'll find the **John Thomas Bed and Breakfast**. Built in 1904 in Monroe's Historic Cotton Port, the property features three suites and a carriage house.



On a picturesque bayou in Cheneyville, surrounded by sugar cane fields and live oaks, sits **Loyd Hall Plantation**. The views are great but, if you're lucky, you won't see the ghost of the double agent who was hung here on the lawn during the Civil War. Nestled in the woods in Basile is **Crying Eagle Lodge**, a wilderness resort where deer and your soul can run free. When you're not out fishing, swimming, kayaking, playing tennis, hiking, mountain biking or going on a wildlife tour, you can relax in luxury.

In New Orleans, the historic **Hotel**

Monteleone offers a view of the Vieux. (Royal Street, to be exact.) Check into a Literary Suite, each one named for one of the hotel's famous guests like Truman Capote, William Faulkner, Tennessee Williams and Ernest Hemingway. Before you settle down for the night, go for a ride on the revolving Carousel Bar.

And quite possibly one of the most stunning views in all of Louisiana awaits at the **Four Seasons Hotel** overlooking the Mississippi River and Canal Street.

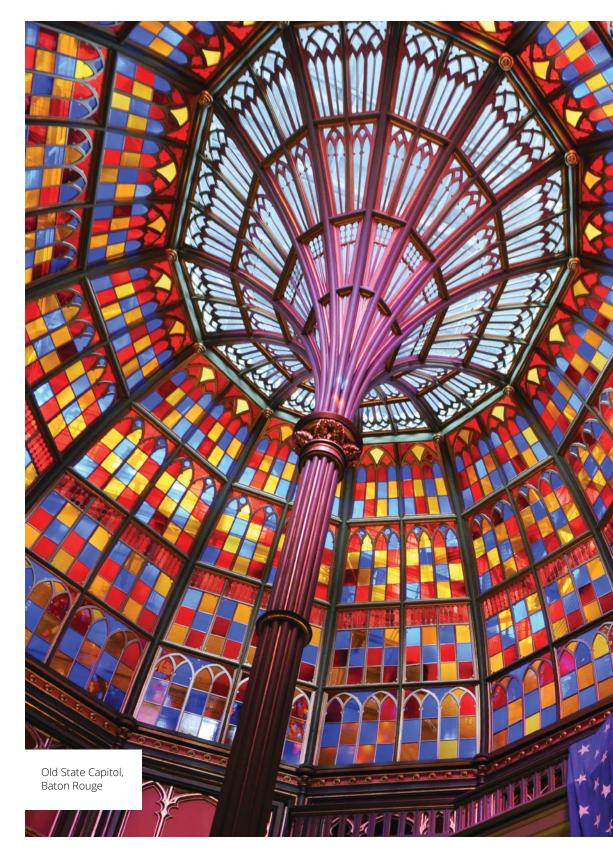


Find unique accommodations at LouisianaTravel.com/Places-to-Stay!



SI UIRIA

In South Louisiana, we don't just make history, we create legends. Our food, like our music, makes you dance. The expression "joie de vivre" defines us.







EXPLORE THE Southern Region!

Southern Louisiana vacations aren't about getting "away," but getting "to" all the fun things there are to see and do in this lively part of the state.

For more than 300 years – with all her beads, beignets, crawfish boils and brass bands – **New Orleans** has had the world worshipping at her colorful shotgun stoop. Like Louis Armstrong once sang, "What a Wonderful World!"

Take the **Great River Road** to Baton Rouge and climb to the top of the art deco **Louisiana State Capitol** for an astonishing view of the Mississippi River. On a plantation tour, hear stories of the Slave Revolt of 1811, the original Civil Rights march.

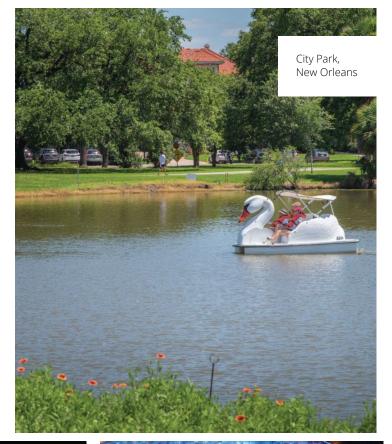
Around **Lafayette**, pull over for boudin balls and cracklins, plus plenty of Cajun and Zydeco music. Fly through a swamp on an airboat, then head west toward **Lake Charles** and hit a casino.

Explore more at LouisianaTravel.com/Cities-Regions



DELIGHT Your Senses In New Orleans

Wander the historic **French Quarter** to taste why New Orleans earns its reputation as a top dining spot. Enjoy shopping on **Magazine Street**, then explore **Audubon Nature Institute** or **City Park**. Ride the streetcar to museums, gardens, attractions and more.





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NEW HOTELS HIT THE SCENE IN NEW ORLEANS

Check out these new and renovated hotels in New Orleans.

The city's first **Four Seasons** property is now open in the former World Trade Center building along the Mississippi riverfront. The 34-story property features 341 rooms, plus luxury condos, two restaurants, a spa and lobby bar. Its Vue Orleans rooftop on the 34th floor offers sweeping panoramic views of the city.

Canopy by Hilton New Orleans Downtown

opened just a 10-minute walk from Bourbon Street and other French Quarter attractions. Meeting space, fitness and business centers, 176 rooms and the Ginger Roux restaurant await guests.

On the edge of the French Quarter, **Hotel** Indigo New Orleans opened in 2022 with 143 rooms, the Common Interest restaurant and bar, meeting rooms and a fitness center.

Completing a full-blown makeover, **New Orleans Marriott Warehouse Arts District** is re-welcoming guests to its 19th century building now replete with updated rooms featuring a modern motif that mirrors the area's artsy vibe.

Virgin Hotels New Orleans in the city's Warehouse District features more than 200 rooms with multiple dining and drinking options, a rooftop pool, 13th floor cocktail spot and a funky coffee shop.

One11 Hotel, the first hotel to open in the city's French Quarter in 50 years, is now welcoming guests. Located inside a former sugar factory, it offers plenty of sweet amenities.

FRENCHMARKET. DISCOVER THE... FRENCHMARKET. DISTRICT

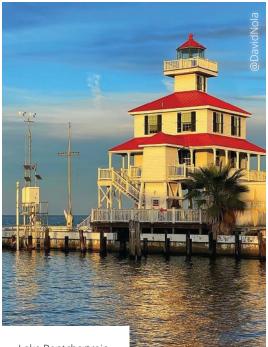
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WADE THROUGH Local History

The massive body of water between New Orleans and Louisiana's Northshore is teeming with outdoor activity. Whether on a kayak, paddleboard or sailboat, **Lake Pontchartrain** is the perfect playground to enjoy a day on the water.

Then explore the urban outdoors in New Orleans. Pick up a kayak and an expert guide at **Kayak-iti-Yat** and paddle through **Bayou St. John** for a unique view of the city.

Lake Pontchartrain, New Orleans

DON'T MISS THESE Must-see museums

In New Orleans, you'll find treasures like the experiential pop-up **JAMNOLA** and the **New Orleans Jazz Museum**, as well as smaller but equally fascinating attractions like the **New Orleans Pharmacy Museum**.

One of your favorite stops will be the **Backstreet Cultural Museum** in Tremé, where you can see colorful and elaborate hand-sewn Mardi Gras Indian costumes.





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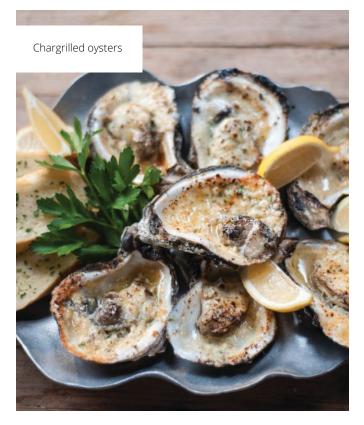


FOLLOW ALONG This tasty trail

Just outside New Orleans, you'll find one of the tastiest trails around, the **Louisiana Oyster Trail**, which weaves its way throughout Jefferson Parish.

A bit further down the road, you can visit the site of the historic Battle of New Orleans at **Chalmette Battlefield**.

And you're sure to catch a red fish or two when you head out on one of St. Bernard Parish's many bayous.





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Savor the diverse flavors found at restaurants in Covington, Mandeville, Slidell and Madisonville, then catch live music at a roadhouse, winery or festival. Plus, you're only an hour away from New Orleans, Baton Rouge and the Mississippi Gulf Coast!



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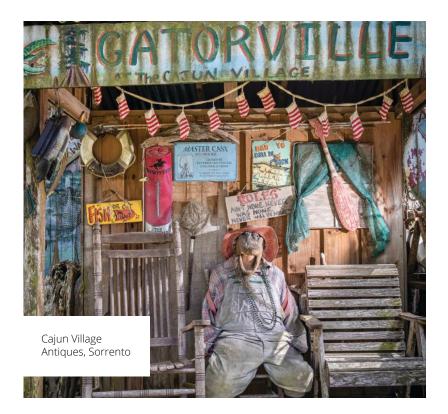


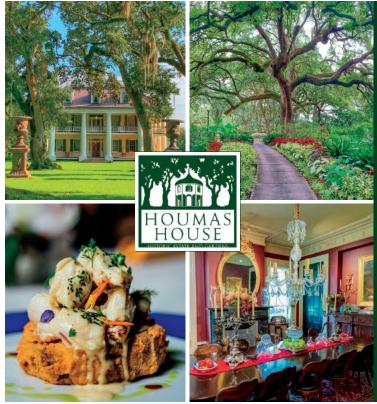
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FOLLOW THE River road

Connecting Baton Rouge and New Orleans, this is where you can follow the **Andouille Trail** and explore plantations. Historic Donaldsonville is home to charming riverfront restaurants and Sorrento offers boutiques in **Cajun Village**.





HOUMAS HOUSE ESTATE & GARDENS

This historic estate offers a glimpse into life in the 1800's through the guided tour and the original artwork artifacts throughout the and mansion. 38 acres of the South's most beautiful gardens surround the estate offering brightly colored florals year round. Restaurants and a boutique Inn are also available for spending the day or night at Houmas House. Save time to visit The Great River Road Museum which explores life along the Mississippi River in the 1800's.

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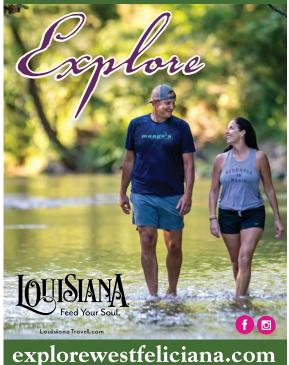
RIVER PARISHES



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SOUTH LOUISIANA

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ENJOY A CAPITAL Experience

While you've been able to tour Louisiana's **Old State Capitol** for a while, you can now explore the **Louisiana State Capitol**, which is the tallest state capitol building in the country!

You can also find outdoor adventure in the city at **BREC Bluebonnet Swamp Nature Center**, then get your fill of history, art and culture at several museums. Afterward, branch out to explore **False River Historical Trail** in Pointe Coupée Parish or **Tunica Hills Wildlife Management Area** near St. Francisville.

KITE CAPITAL OF LOUISIANA

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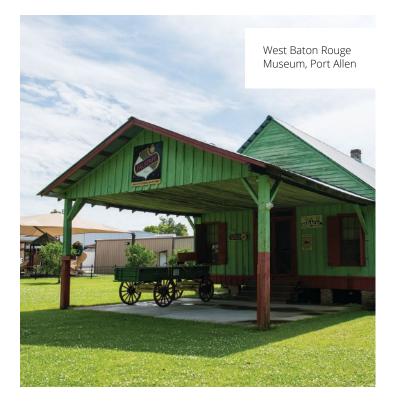


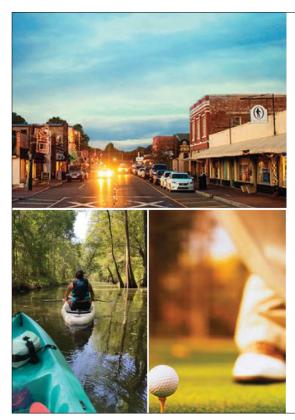


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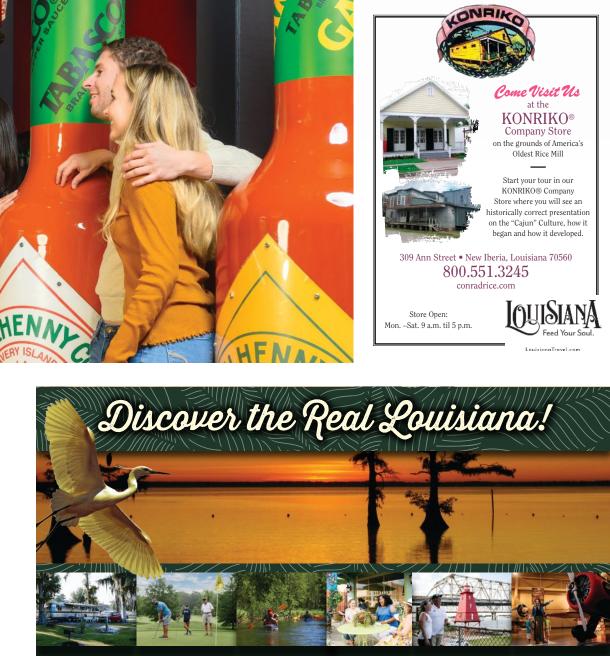
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DIVE INTO HISTORY, Above and below

Bayou Teche runs through downtown New Iberia, where you'll find its museum, lush **Rip Van Winkle Gardens** and charming historic buildings. In Morgan City, watch the sun set over the **Atchafalaya Swamp**.

Learn more about two different aspects of the state's rich history at the combo **Wedell-Williams Aviation and Cypress Sawmill Museum** in Patterson.



Wedell-Williams Aviation and Cypress Sawmill Museum, Patterson



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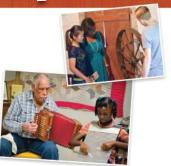
CHECK OUR WEBSITE FOR UPDATES AND SCHEDULES ON LOCAL ATTRACTIONS & EVENTS.

An Authentic Cajun & Creole Experience



- Creole Heritage Folklife Museum
- Le Vieux Village Heritage Park
- Louisiana Orphan Train Museum
- National Historic District
- Opelousas Museum & Interpretive Center

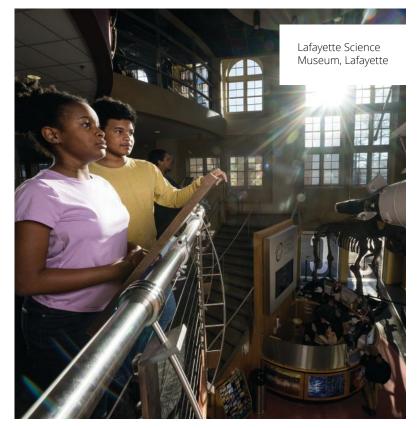






SOAK UP The Arts & Culture

Dive into food, music and history that are uniquely Louisiana. Soak up public art downtown and explore the Lafayette Science Museum, the Acadiana Center for the Arts and the Acadian Cultural Center.





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HEAD ON OVER To houma

In this region rich in history and natural beauty, explore the heart of Bayou Country in Houma and see the swamps at their wildest with airboat swamp tours at places like **Greenwood Gator Farm**. Afterwards, entertain the kids at the **Bayou Country Children's Museum** in Thibodaux.







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VisitLakeCharles.org



INTRODUCTION

CENTRAL LOUISIANA

Tucked in the center of the state is a land full of lakes, rivers, recreation and plenty of natural beauty. Soak it all in, then explore the region's charming towns.



EXPLORE THE CENTRAL REGION!

After a visit to Central Louisiana, you'll long recall the simple yet meaningful images of folk artist Clementine Hunter, who once lived at **Melrose Plantation** near Natchitoches. You'll imagine Generals Eisenhower and Patton planning the Louisiana Maneuvers during World War II at the **Hotel Bentley** in Alexandria. And you'll dance a little, remembering rock-nroll legend Jerry Lee Lewis, whom you got to know a little better at the **Delta Music Museum** in Ferriday.

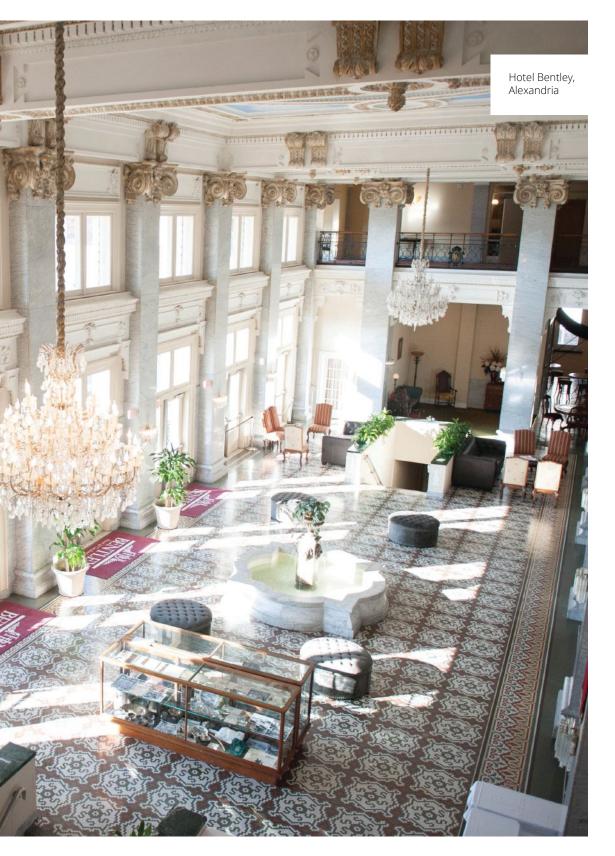
You'll pause in memory of outlaw Leather Britches Smith, immortalized at **Merryville Historical Society & Museum**, and for two men hung for their crimes in the stairwell at **The Gothic Jail** in DeRidder.

You'll reflect on times past at Oakland Plantation, part of the Cane River National Heritage Area. You'll swell up with pride, remembering the bass you caught on Toledo Bend Lake. You'll warm your heart at Chimp Haven, the world's largest chimpanzee sanctuary, in Keithville. And last, but perhaps most, you'll picture those epic sunrises from your cabin at Cypress Bend Resort.

Explore more at LouisianaTravel.com/Cities-Regions



REGION OVERVIEW



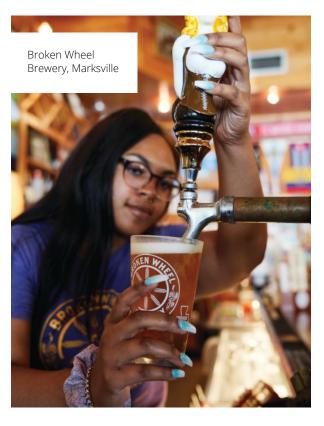


FIND FOOD, Brews & Family Fun

As Central Louisiana's largest city, Alexandria packs a ton of fun. Play at the **Alexandria Zoo**, get creative at **River Oaks Square Arts Center** and visit the state's oldest standing structure at **Kent Plantation House**.

In Marksville, pair local craft beer with Cajun fare at **Broken Wheel Brewery** and its **Fresh Catch Bistreaux**.

LouisianaTravel.com



Find your CENTER IN AVOYELLES

When you visit Avoyelles, you'll get Louisiana your way. A laid back stroll down a charming main street - it's here! Cultural attractions in a beautiful natural setting - that's us too! Even the thrills of a Vegas style casino with a bounty of entertainment and dining. You'll find it all and more when you find your center in Avoyelles.



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CENTRAL LOUISIANA





STROLL NATCHITOCHES

As Louisiana's oldest city and first French colony, Natchitoches retains its European charm, culture and architecture. Wander throughout its **National Historic Landmark District**, shop around, dine downtown overlooking the riverfront, then settle into a cozy B&B.



In Louisiana's Legend Country follow the trail of outlaws, bandits, heroes and soldiers who once traversed these lands. Visit Louisiana's Legend Country and make our storied past a tale you love to tell.





Vernon Parish Tourism Commission 201 South 3rd Street, Leesville, LA 71446 337.238.0783 LouisianaLegendCountry.com



LouisianaTravel.com



LouisianaTravel.com

Drive Louisiana's Myths & legends Byway, discovering adventure in small towns, the great outdoors, and legends that come alive. Dine on roadside food that's worth going back for seconds!

ATTRACTIONS

Discover the real Louisiana with its small-town museums, fabulous festivals, outdoor recreational opportunities, centuries of history, culture, stories, and legends, and the people who make it all come to life.

ROADSIDE FOOD

From plate lunches and poboys to boudin, you'll want to stop along the way at these mom-and pop stops with some of the best dining around.

LEGEND & LORE

Discover the real Louisiana, along this 181-mile long drive through western Louisiana based on tall tales, and true stories. 22 kiosks along the way relate these fabled myths and true sagas. Visit one of the remaining jewels of the No Man's Land like the old Gothic Jail.

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ToledoBendLakeCountry.com 318-256-5880



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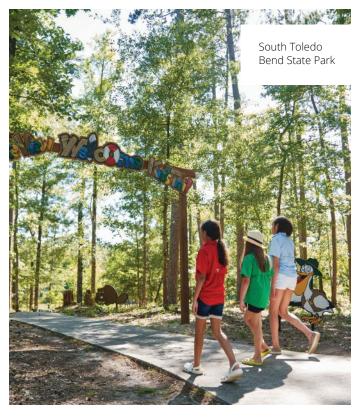
It's peaceful and serene until that big Iunker takes your bait. After that, it's all fun and excitement in Toledo Bend Lake Country! Fish, swim, golf, relax and enjoy the new water attraction — Toledo Bend Family (Adventure Park. There are so many adventures to find when you answer the call! Plan your visit now.

dventure is Calling. It's peaceful and



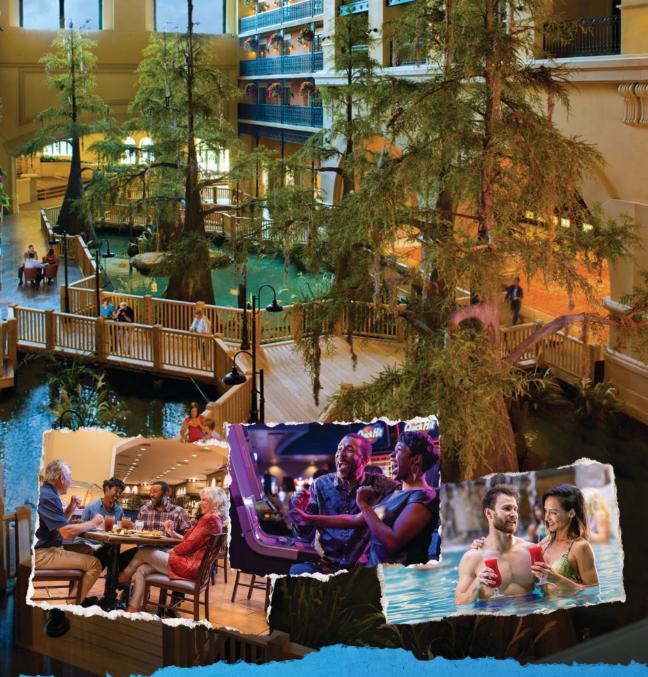
VISIT THE LARGEST MAN-MADE LAKE IN THE SOUTH

Toledo Bend Reservoir is the largest manmade lake in the South and this area is home to outstanding nature preserves and state parks. Area accommodations range from luxurious hotel suites to rustic lakeside cabins.



Discovery is the Spice of Life! WISIAN Fred Your So

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This Is How We Play

Double down on fun, the Louisiana way. Paragon hotel features a live alligator habitat inside the lobby, as well as newly renovated rooms. Our buffet was voted #1 in a local survey. There's casino action for everyone with hot table games, both Vegas-style and bingo-style slots and sports betting. On-site amenities including a spa, cinema, golf, childcare and more, make Paragon your complete resort destination. Book your getaway today!



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NORTH LOUISIANA

NORIH DUSIANA

Haynesville

Ruston

West Monroe

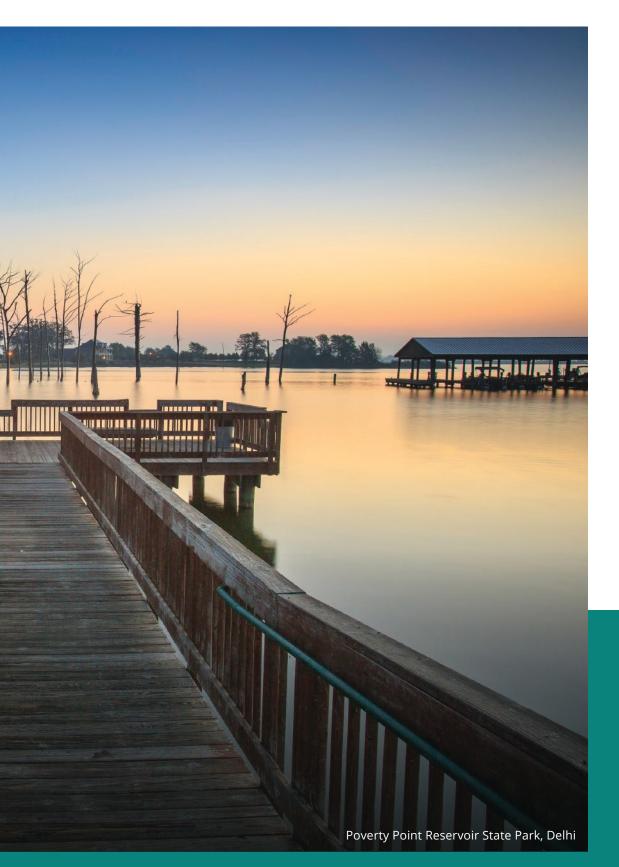
Minden

SHREVEPORT

Bossier City

North Louisiana is a mixture of big cities, big fish and even bigger personalities. It's a little slice of heaven, as peaceful as the whisper-quiet outdoors.

INTRODUCTION



NORTH LOUISIANA







EXPLORE THE Northern Region!

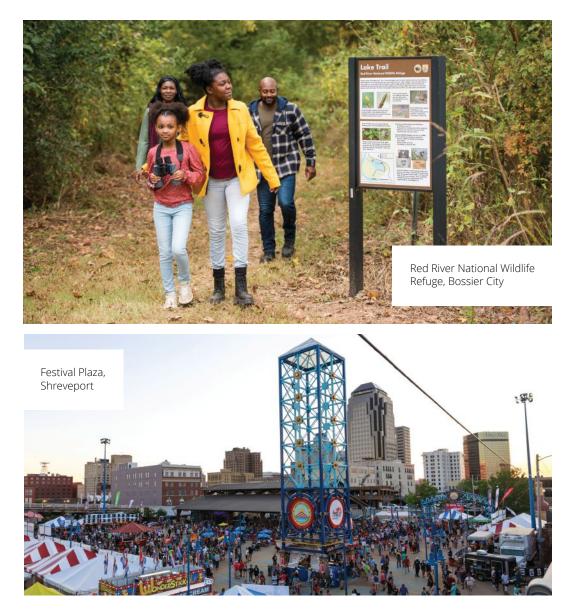
Monroe's **Biedenharn Gardens**, built by the guy who first figured out how to bottle Coca-Cola, is several attractions in one. Here you can tour a historic home, formal English gardens, a Coca-Cola museum and a Bible museum. Still not tired? If you're a Duck Dynasty fan, **Duck Commander the Tour** in West Monroe should also be at the top of your list.

Can't have enough tchotchkes? Visit **Antique Alley** in the **Cottonport Historic District** before heading east to **Southern Heritage Air Foundation Museum** in Tallulah, where you can take to the skies in an open-cockpit biplane. Got the kiddos with you? Try the splash pad at breathtaking **Lake Bruin State Park** in St. Joseph.

In Ruston, stroll through the enchanting historic district, but don't leave without paying your respects at the **North Louisiana Military Museum**, honoring those who served from the Civil War to the War on Terror. Pop into nearby **Mitcham Farms**, a sweet place to shop for peach products, gourmet foods, local art and unique gifts, then venture to Minden to explore more of the region's past at **Dorcheat Historical Association Museum**.

In Shreveport and Bossier City, sit down at one of the shiny new machines at a casino. Visit the **R.W. Norton Art Gallery**, then stop and smell what's blooming at the **American Rose Center**.

Explore more at LouisianaTravel.com/Cities-Regions





TOAST A GOOD TIME IN THESE SISTER CITIES

There's always something brewing in the downtowns and taprooms of Shreveport and neighboring Bossier City, both cities flanking the **Red River**. Fascination and family fun await at **Gators & Friends Alligator Park** **& Exotic Zoo** in Greenwood, or at one of the more than 65 festivals hosted there each year. Or take a walk through the **Red River National Wildlife Refuge**.



With over 65 festivals and events, it's always a fun time to experience Shreveport-Bossier, Louisiana.

Visit Shreveport-Bossier.org to plan your stay!



NORTH LOUISIANA



The Biedenharn Museum & Gardens



Home of 5¢ Cokes in glass bottles from antique Coca-Cola Machines. Groups ask about the Taste of Louisiana Tour.

bmuseum.org



2000 Riverside Drive • Monroe, LA Tuesday-Saturday 10am-5pm • 318-387-5281



REVEL IN Local History & Charm

West Monroe personifies old-time Southern life with its historic district, while Monroe, across the **Ouachita River**, adds restaurants and nearby outdoor attractions. Ruston is famous for its peaches and you won't want to miss the **Eddie G. Robinson Museum** in Grambling, honoring the late football coach's contributions to the state.

EASY SMILES. DAYS LIKE SUNDAY MORNINGS.

Discover Monroe-West Monroe, and you'll uncover creativity as rich as Louisiana's flavors, a river flowing with entrepreneurial spirit and two cities as welcoming as a weekend.

MONROE-WESTMONROE.ORG

MONROE WEST outside the lines MONROE

Everywhere you go in Ruston and Lincoln Parish, immersive and unique experiences await you. With hand-picked adventures and personalized itineraries, you can encounter the arts, culture, and outdoor beauty that create this hidden gem of the South!

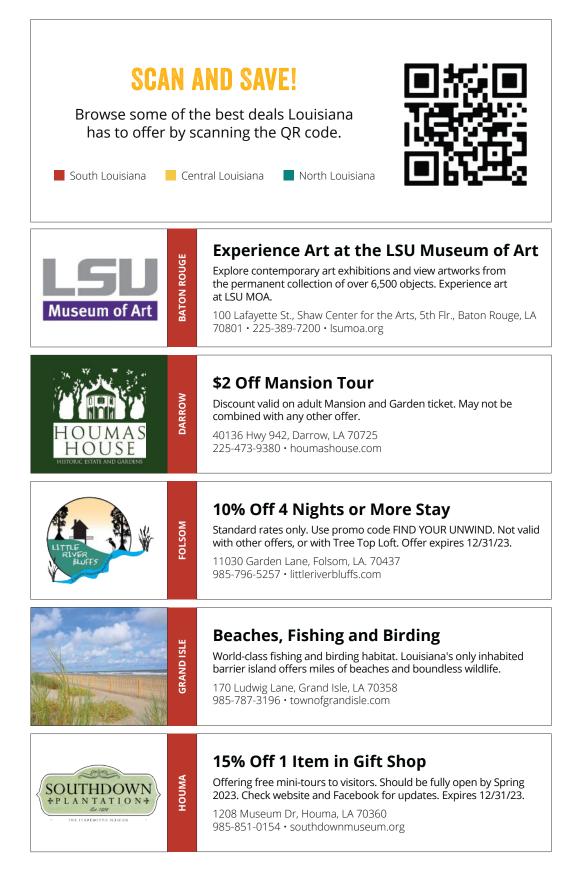
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	OBERLIN	Explore Allen Parish Culture At Allen Parish Cultural Center, two-step on the dance floor, visit Tee Swamp and learn the history of the Coushatta Tribe. 8904 Hwy 165, Oberlin, LA 70655 888.639.4868 • allenparish.com
St. Joseph Plantation	VACHERIE	15% Off Combo Tour Digital coupons are accepted. Must present coupon upon entry. Expires 12/31/23. 3535 Hwy 18, Vacherie, LA 70090 225-265-4078 • stjosephplantation.com
CajunFoodTours.Com	AOUNGSVILLE	\$8 Off Per Person Valid for any food tour Monday-Saturday. Eat food, have fun! Promo code SUNSHINE. We pick up from many Lafayette hotels. 108 Anslem Dr., Youngsville, LA 70592 337-230-6169 • cajunfoodtours.com
LOUISIANA DOWNS EXCETRACK & CASINO	BOSSIER CITY	Free Appetizer at The Inside Rail Sportsbook Bar & Grill Valid for one-time use, one per person, for appetizer up to \$10 until Dec. 30, 2023. Not responsible for lost or stolen vouchers. Photocopies or altered coupons not permitted. Gambling problem? Call 877-770-7867. 8000 East Texas St., Bossier City, LA 71111 318-742-5555 • ladowns.com
CHENNAULT MUSEUM	MONROE	 10% Off Gift Shop Merchandise and Shirts The museum honors veterans and soldiers from WWI through Iraqi Freedom through expansive collections of artifacts and compelling stories of those who have served our country. 701 Kansa Lane, Monroe, LA 71203 318-362-5540 • chennaultmuseum.org

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