## Authentic and unique discover the South differently This month discover some places that make Tennessee blends tradition and modernity the southern United States a unique and in cities like Memphis, Nashville, Knoxville,

authentic destination. Arkansas offers stunning mountain views and crystal clear rivers, earning it the nickname "the natural state." Mist-shrouded marshes

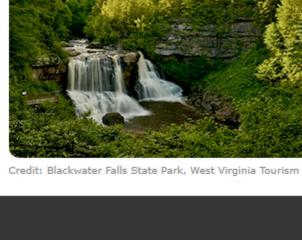
and gray Spanish moss falling from contribute century-old trees Louisiana 's uniqueness . In North Carolina , the coastal villages give a special charm to

this superb coastline. From Edenton, the country's first colonial capital, to Beaufort, the coastal sanctuary of Blackbeard where his treasures are now kept at the Maritime Museum. In Kentucky we find the determination of

the jockeys who ride their magnificent thoroughbreds during the annual derby and the master distillers who produce 95% of the world's bourbon by hand.

and Chattanooga with Civil War sites, civil rights monuments, and iconic American music venues. West Virginia is home to six national parks, 45 state parks, and is the only state in the region to be completely covered by the

Appalachian Mountain Range; almost 75% of the state is covered in forest.



The <u>Esse Purse Museum</u> shows " the

evolution of the 20th century American

woman , decade by decade, through the bags

she carried and their contents". The handbags

are classified by decade. We start in 1900 and

advance to 1999. Each bag comes with

## one of two purse museums in the world. The other is in Seoul, South Korea, making Esse the only museum in the USA. The Seoul

**ARKANSAS** 

tells the story of women through the handbag.

The **Esse Purse Museum** in **Little Rock** is

Museum is more fashion oriented while Esse



Travelers looking for the best for their trip

down South can find plenty of reasons to visit

information panels on which you can read the history of that time. "Just like the essence of a woman that is not essence of a woman's handbag is not in her style, its price, the creator's logo or in its color. The essence of both is constituted by

the things they carry, material or immaterial, makeup and memories, driver's license and driving desires, the hairbrush hair and hope, wallet and wishes, lotion and love". Esse Purse Museum

Motorsports enthusiasts can get up close to

the "King" at the Richard Petty Museum in

Randleman and the **NASCAR Hall of Fame** in Charlotte , where dozens of famous drivers



Head to **Bowling Green** to visit the **National** Corvette Museum , home to America's Sports Cars and featuring more than 70

Discover

horse racing.

Corvettes, from classics to prototypes!

Learn about the Corvette's history, take a photo, test drive the racing simulator and venture into **NCM Motorsports Park** for a

Kentucky is also home to several sports

**Louisville** and

Credit: Ava Gardner Museum, Visit North Carolina

### Kitty Hawk Kites , on the Outer Banks , is the world's largest hang-gliding school and teaches people to soar about the winds that

**North Carolina:** 

such as a camera obscura.

propelled the Wright Brothers into history with the first powered flight. In Raleigh , the <u>NC Museum of Art</u> has created the nation's largest museum art park,

film stardom. Its hundredth anniversary is the occasion of special events, including the Ava Gardner Festival in October. Shelby 's Earl Scruggs Center offers handson exhibits that reflect the life and times of the banjo master who helped define **bluegrass** .

**KENTUCKY** Kentucky is world famous for its bourbon and its horses , but did you know it's also the land

of Corvettes, caves , sports heroes and so

much more?

Orleans.

Greatest" at the <u>Muhammad Ali Center</u>.

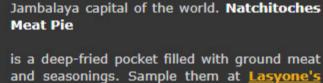
Down the street along <u>Museum Row</u>, you can see the world's largest bat and take a tour of the Louisville Slugger Museum & Factory to see how the famous bats are made. Then visit the <u>Kentucky Derby Museum</u> at Churchill Downs to learn about the history of

For more information, visit www.kentuckytourism.com Jambalaya is a **spicy** rice dish containing

chicken, sausage and trinity. Try them at The Jambalaya Shoppe in Gonzales,

Meat Pie Restaurant . Shreveport-Style Stuffed Shrimp are succulent shrimp stuffed

with fiery Creole dressing and fried. Enjoy



them at <u>Orlandeaux's</u> .



#### Gumbo is made with rice, roux, seafood, or chicken and sausage, along with a combination of onions, peppers, and celery called "trinity", and often okra. You can taste them at Rocky

and Carlo's in Chalmette.

region. Cracklins

L'etouffee is a dish of rice smothered in a stew of roux, crawfish or shrimp, herbs and vegetables. You can sample them along the **Bayou Country Crawfish Trail** in the Houma

Lafayette. **TENNESSEE** 

From Jack Daniel's Whiskey to the World's Largest MoonPie, World BBQ Championships

and live music in a cave, Tennessee is full of

authentic and unique experiences that you can

aresmall bites of fried pork with crispy skin, tender fat and meat seasoned with Cajun spices. Enjoy them at The Best Stop near

Credit: Beignet, photo credit Louisiana Office of Tourism Jack Daniel's Whiskey in Lynchburg : The



pork shoulder, whole pork and hot wings.

# Credit: Lynchburg Jack Daniel Distillery

spruce needles.

<u>Inn</u> or <u>Billy Motel</u> .

**WEST VIRGINIA** 

try on your next trip.

you feel at home. The town of Davis may be small, but it's perfectly located on the edge of the **Monongahela National Forest** . Nestled in the heart of the Canaan Valley, Davis is a stone's throw from the great outdoors. A paradise awaits at Blackwater Falls State

Park , named for the amber waters of

Blackwater Falls, a 17-meter waterfall tinged

with the tannic acid of fallen hemlock and red

Stay at the newly renovated lodge at **Blackwater Falls State Park**or in an intimate

and comfortable room at the Bright Morning

A few miles away, often referred to as the

"twin town" of Davis, is the artsy town of Thomas. It is known for its larger than life art

scene, with its galleries and exhibitions.

**DID** YOU KNOW? **ARKANSAS** At The Esse Purse Museum, each panel and display case offers an atmospheric insight into

the history of the time. For example, for the

case highlighting the first decade, 1910-1919,

you will find that"Although American women

did not gain their federal franchise until 1920,

the teenage years of this century were in many ways as tumultuous as the teenage

years in a modern household. Women Speak

Out more and more about their rights and,

curiously, handbags are at the heart of the

debate. The suffragettes, in their demand for equal rights with men, pleaded for the right to

have pockets in their clothes; for the suffragettes, handbags were oppressive and

physical freedom.Most however, had grown to love their handbags for the convenience they offered and the independence they represented, and the movement "Ban the bag!" went like a bomb."

Each of our small mountain towns will make If you've never been to the Purple Fiddle, you definitely need to add it to your to do list. White Sulfur Springs is a little paradise located in the New River / Greenbrier Valley tourist region. The opening of the Schoolhouse Hotel is yet another reason to plan a trip to West Virginia

this year. Formerly known as the historic White

Sulfur Springs School, this space has been

transformed into a boutique hotel. This hotel is set to become the world's first fully accessible

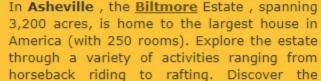
property, where every guest room and public space provides comfortable access for all.

In addition to your relaxing stay in the brand

new establishment in the region, you can take

part in many activities in the surrounding area.

LOUISIANA King Cake is a round, sweet dough shaped into an oval, decorated with purple, green, and gold icing and sugar crystals. These are the official colors of Mardi Gras . According to carnival historians, these colors represent justice, faith and power respectively. The King cake is more a bread than a cake. Be



Credit: Esse Purse Museum, Arkansas

NORTH CAROLINA

Dept. of Parks & Tourism

Credit: Biltmore Estate, Visit North Carolina KENTUCKY

In downtown <u>Horse Cave</u> , take underground adventure to Hidden River Cave and the American Cave Museum . Journey into the depths of the cave, cross the longest underground swing bridge in the world and discover sites never seen since 1943. And you can't miss the longest cave system in the world: Mammoth Cave National Park!

# careful: a plastic baby is "hidden" in each King cake; it is about celebrating the feast of the epiphany, when Jesus showed himself for the first time to the three wise men and to the

whole world. If you are the lucky one who finds the baby (the bean) in your slice, you

provide the next King Cake!of Baton Rouge .

The Caverns atPelham: Venture inside a huge cave for a live concert. Explore an underground room the size of 3 football pitches. Learn about the region's geology, cave folklore and unique history on a daily guided tour, which also takes you behind the scenes of this world-famous music venue and ends with a photo op on the iconic stage.

Credit: Randazzos KingCake, Louisiana Office of Tourism

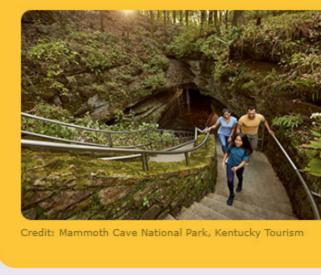
TENNESSEE





The Greenbrier River Trail, which was once a rail line, now offers 125 km of stunning views as it passes through small towns, bridges and tunnels. Treat yourself to a spatreatment or halotherapy at The Salt Cave & Spa . You will receive good care for your health and your general well-being.





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