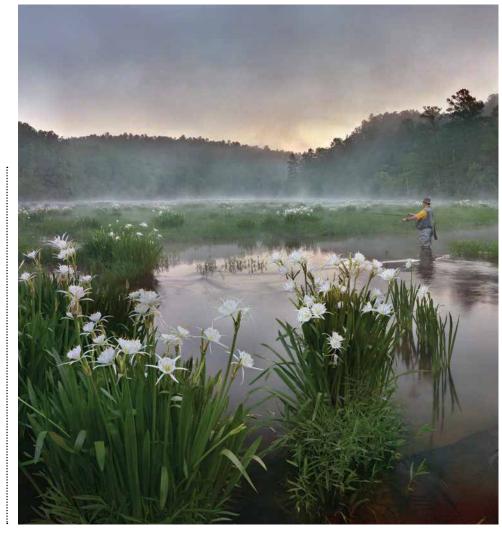






ALABAMA'S ABUNDANT WATER, VARIED ECOSYSTEMS, **DENSE FORESTS AND GEOLOGY** COME TOGETHER TO CREATE A LAND THAT IS IMMENSELY BIODIVERSE. In fact, the Yellowhammer State contains a greater variety of animals and plants than any other state east of the Mississippi River. Mild weather and regular rainfall result in a longer growing season for plants, which, in turn, supports a more favorable habitat for wildlife. In addition, past geological processes have exposed a mixed terrain of rocks and soil types—layered factors that make it easy for more than 4,500 documented species of flora and fauna to call Alabama home. To celebrate this surprising variety of nature and natural areas, 2020 is the Year of Natural Wonders. Turn this year's vacation into one filled

with wild treasures.



The Yellowhammer State contains a greater variety of animals and plants than any other state east of the Mississippi River.

Sugar-white **Gulf** Coast beaches line the southernmost points of Alabama. The ultra-fine particles of quartz were washed down from the Appalachian Mountains and deposited into the Gulf of Mexico's turquoise waters thousands of years ago. Today, visitors explore 32 miles of sandy strands, including those shared with nesting sea turtles. Volunteers flag the nests every year to help sunseekers avoid crushing the turtles' eggs. From May to October, lucky walkers may witness a "boil," when baby turtles hatch at the same time from an underground nest, emerge from the sand and make their way to the water.

Just north of Mobile Bay spreads the 260.000-acre Mobile-Tensaw Delta, the secondlargest wetland of this kind in America. Rivers from the north flow into the flatlands and creep into lakes, marshes and bogs. The twists and turns here house cypress swamps and bottomland hardwoods teeming with deer, turtles and alligators. More than 300 species of birds have been documented in the area. While much of the delta is remote and best explored by water, you don't have to venture into its deepest reaches to see its natural beauty. At the Five Rivers Delta Resource Center in Spanish Fort, you can view some of it from the

center's decks, or via exhibits or a nature film. Stop into the Cypress Gift Shop to browse nature-related gifts, unique jewelry and wood crafts made by local artisans.

Alabama's longest free-flowing river, the Cahaba, features an annual spectacle so special it has a festival named after it. On the third Saturday in May, the town of West Blocton celebrates the white, graceful **Cahaba lily** with guided tours during the Cahaba Lily Festival. The flower blooms in May and June and is found in only three Southern states. It requires a specific habitat of swiftmoving water and lots of sun, which is exactly what the rocky shoals of the Cahaba River provide. While the Cahaba River sustains the largest population, notably in large stands and smaller clumps, the lily also can be found in the running shoals of Hatchett Creek and the Tallapoosa River.

At the foothills of the Appalachian Mountains rises Alabama's highest natural point, Mount Cheaha, at 2,407 feet above sea level. In the fall, the mountain's mix of oak and hickory trees interspersed with pines puts on a show of fall colors to rival those found in more northern states. Check out the spectacle from the 26-mile Talladega Scenic Drive, taking Highway 281

near Heflin until the road ends at Adams Gap Road and Forest Service Road 600. This route travels over the summit and through the Talladega National Forest, passing rural landscapes dotted with rock outcroppings and rolling hills. Stop at Cheaha State Park for excellent views and to officially note the U.S. Geological Survey's high point marker in front of Bunker Tower, one of several stone buildings built by President Franklin Roosevelt's Civilian Conservation Corps (CCC). On a clear day, you can see for miles from the top of the observation tower. Down below, poke around the CCC museum to learn about the men who helped establish the state park.

OPPOSITE: A FISHERMAN CASTS NEAR CLUMPS OF CAHABA LILIES ON THE CAHABA RIVER: THIS PAGE, TOP TO BOTTOM: NATURAL BRIDGE IN NATURAL BRIDGE, DISMALS CANYON IN PHIL CAMPBELL

Northeast Alabama also harbors the Little River Canyon, designated a national preserve by public law. Eroded by water over millions of years, the canyon's rock bluffs drop by more than 600 feet in some spots. The Little River, which flows atop Lookout Mountain and through the canyon, provides recreation for hikers, anglers and paddlers. Little River Falls marks the beginning of the canyon and is one of the highlights of the area, particularly following a rainfall. Although not usually associated with mountainous terrain, a bog exists in the canyon and garners interest for endangered green pitcher plants that grow here. This carnivorous plant traps insects in its tube-shaped leaves and digests them with enzymes. If you come across one, consider vourself fortunate, and take only pictures. Learn more about the canyon at the Little River Canyon Center. The

building houses exhibits and



For a natural wonder above ground, visit Natural Bridge. The rock arch that also lends its name to the closest town spans 148 feet across and 60 feet high to connect two land masses, resulting in the

welcome on hot days since

around a cool 60 degrees.

the caves' temperature hovers



a theater, and national park staff can answer questions and recommend hikes and

visitors cannot walk across the bridge, but you can observe its magnificence from below after paying a small entrance fee. Take a picnic and hike the one-mile loop. While in the area, keep your eyes open for eastern hemlock. The area is one of the few places in Alabama where this graceful, shade-tolerant conifer grows. a privately owned, 85-acre year-round and multiple times per day, lead to one of the largest stalagmite columns in the world. At 45 feet tall and 243 feet in circumference, it is appropriately named Goliath. Other formations include a "frozen waterfall." a "pipe organ" and "cave bacon." A stop here is particularly

sandstone gorge with large rock formations and two waterfalls. Many years of moving water sculpted the topography into rock shelters, natural rock bridges and a 16-inch-wide rock squeeze known as "Fat Man's Misery." Walk the 1.5-mile trail to see and feel the formations while also delving into the lush landscape of tulip poplars, beech trees, hemlocks, mosses and ferns. Visit on nights in May and June when a unique element lights up the canvon. Dismalites, sometimes called glowworms, are fly larvae (Orfelia fultoni) that emit a bluish light to attract prev. Special guided night tours reveal these dismalites, the

only bioluminescent insect in

North America.

longest natural bridge east

of the Rocky Mountains. The

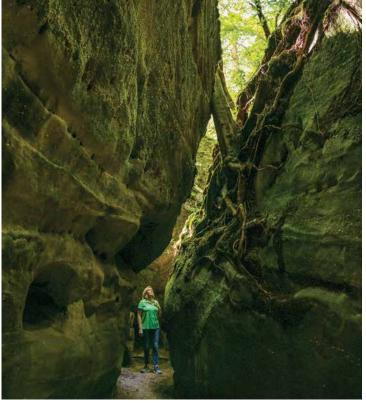
landmark formed as sandstone

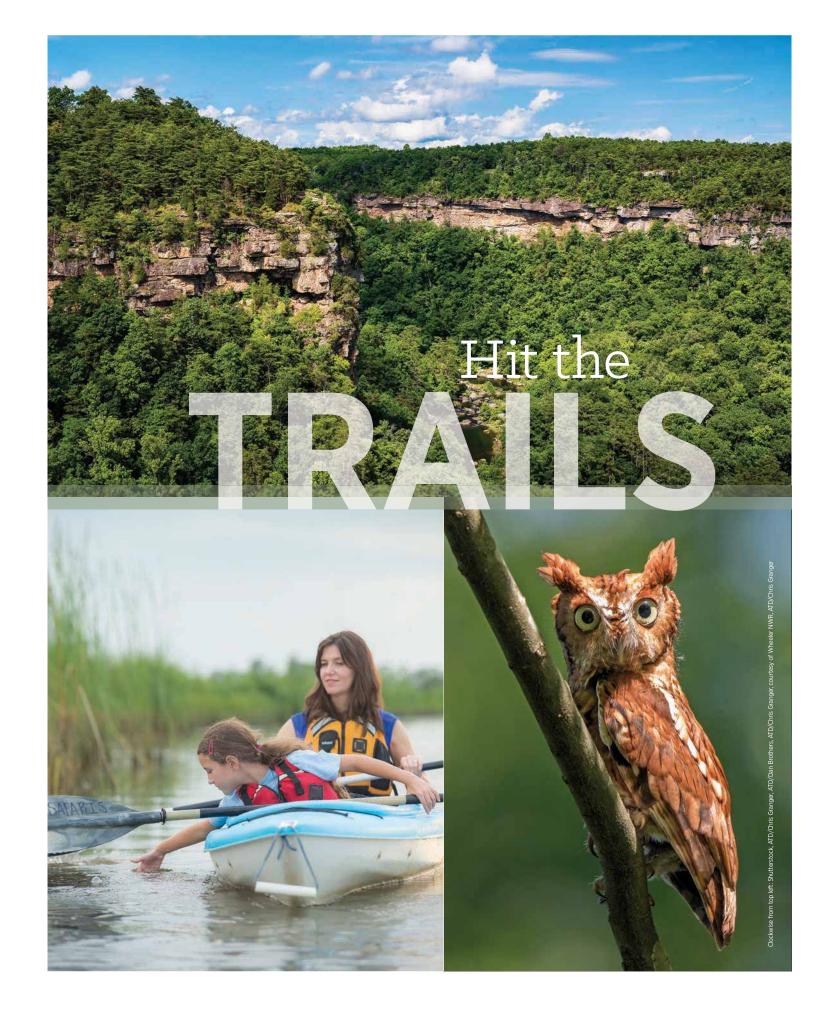
washed away and left iron ore

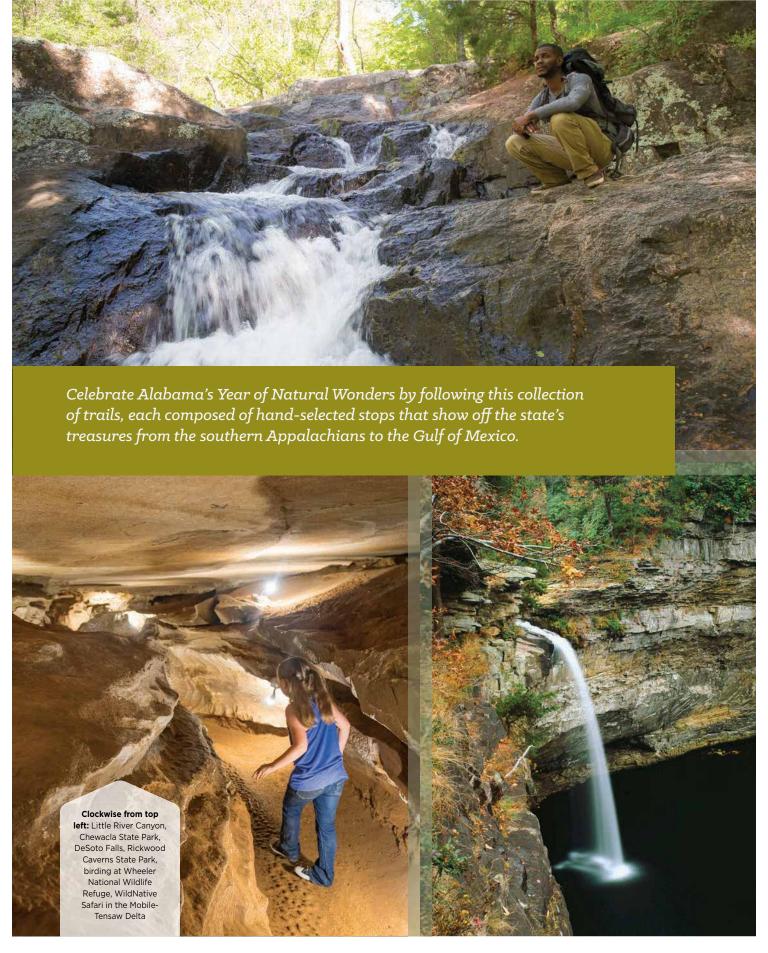
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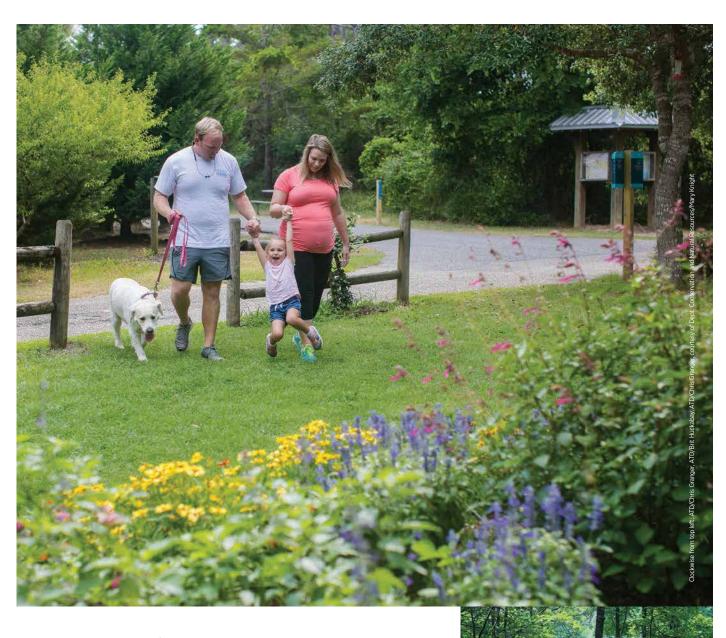
About 13 miles south

of Russellville lies Dismals Canyon,









Stepping Out BY KIM NIX

Alabama's varied terrain of mountains, canyons, valleys and plains provides hiking trails for all ages and abilities. Check out this sample from the plethora of options.

When hiking variety is what you seek, consider a trek to Sweet Home Alabama. In the north, you find steeper, more difficult hikes. As you travel south, the landscape slowly levels out as it reaches the coast. So how do you decide which trails to choose? Consider your physical ability and the region you'd like to explore.

Just a few hundred yards from the condominiums, restaurants and shopping centers of Gulf Shores and Orange Beach stretches the **Hugh S. Branyon Backcountry Trail**. On these 15 miles of paved trails and boardwalks, you can disappear into the quiet maritime forests and wetlands. A series of eight interconnecting trails, each compliant with the Americans With Disabilities Act guidelines, winds through the heart of Gulf State Park, which is home to abundant wildlife, including birds, turtles and alligators.

One of the state's newest strolls, the **Magnolia Trail** at Blue Springs State Park near Clio, extends 2.1 miles and features two .3-mile connectors. Meander through pines and hardwoods, including Southern magnolias, catching views of the Choctawhatchee River.



GET TO KNOW THE PINHOTI TRAIL

"Turkey Home"
The 171 miles between Flagg
Mountain and the Georgia border
(plus 164 more miles in Georgia)
quickly has become a favorite
of avid backpackers and
casual hikers alike. In the Creek
language, Pinhoti means "turkey
home," hence the turkey foot
symbol on the trail markers.

Appalachian Access Although not officially designated -yet—many hikers consider the Pinhoti the southernmost

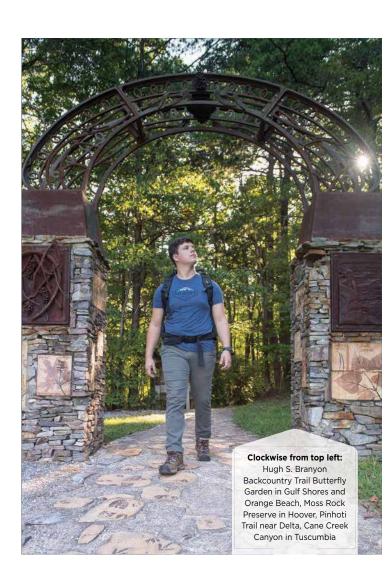
the Pinhoti the southernmost access to the Appalachian Trail. The Alabama portion winds through the lush woodlands of the Talladega National Forest and Cheaha Wilderness.

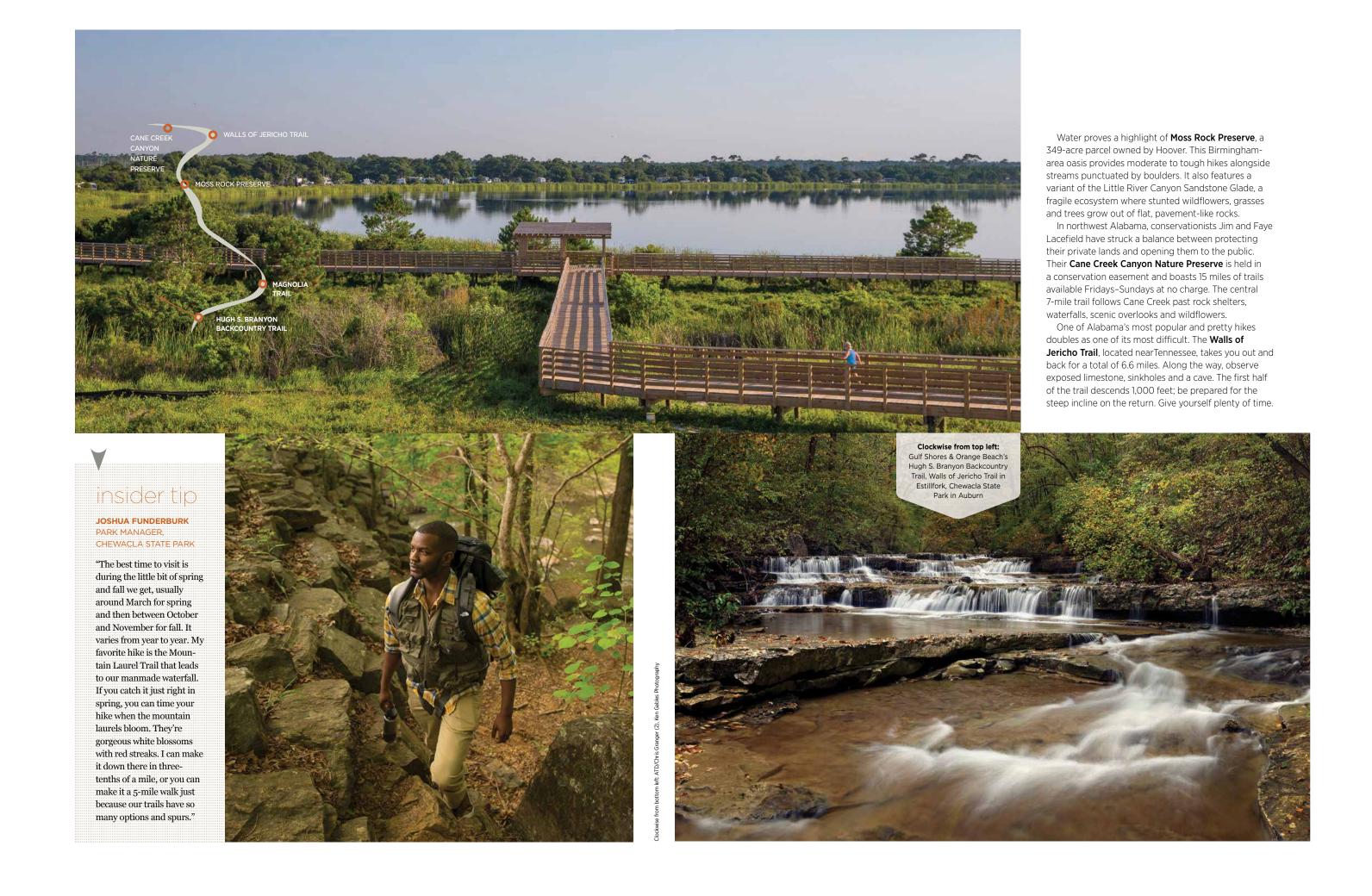
Overnights or No Nights
Camping shelters dot the route, or you can pitch a tent. If you're not interested in long-distance hiking or backpacking, several shorter loops range from 2 to

6 miles, or you can hike out and back at a distance comfortable to you. Try Sweetwater Lake or RCW Nesting Area.

Wildlife Watch In addition to turkeys, you might spot deer, squirrels, birds and snakes.







What Lies Beneath BY AMITY MOORE JOYCE

Opportunities for all levels of subterranean exploration exist in the state that the National Speleological Society calls home.

With more than 4,200 caves in

Alabama, it is no wonder die-hard spelunkers and casual potholers enjoy ducking underground here. The greatest variety—from commercial caves to hidden ones that require permission—is found in the state's northeast corner. This karst-rich intersection of Tennessee, Alabama and Georgia (TAG) boasts stalactites and stalagmites, unexpected chambers, and an ecosystem that supports blind, pigmentless creatures. Get acquainted with this other world at Cathedral Caverns inside the eponymous state park near Grant; Rickwood Caverns, also inside a state park; or **DeSoto Caverns** near Birmingham.

Rangers offer guided tours at Cathedral Caverns, sharing stories of how Native Americans used the cave 8,000 years ago, how it was privately owned as Bats Cave from 1955 to 1974, and how its unique features—the Big Room, Goliath and Mystery River make it worthy of its designation as a National Natural Landmark. The paved, twisting walkway



ISRAEL PARTRIDGE OWNER, TRUE ADVENTURE SPORTS, FORT PAYNE

"Show caves have lights and pathways, and you can enter and exit in the same clothes you started in. On wild cave tours, you get a little dirty. These are for people wanting to go past a barrier to see things up close and wildlife in their element. On exploration trips, folks feel like they're pioneers, exploring uncharted territory and new passageways."







travels about a mile, passing named formations, plus a stalagmite forest and an improbable stalagmite that is 35 feet tall but only 3 inches in diameter.

Access to **Rickwood Caverns**, now part of the state park near Warrior, requires a guide, which is ideal because so many points of interest lie within this living cave. The curiosities extend beyond the Frozen Castle and the Bridal Column formations to include blind cave fish, bats and salamanders, so having a knowledgeable eye proves valuable. The 1-mile-long tour lasts about an hour and includes an underground lake.

Native American history is on display at **DeSoto** Caverns. Before they were a privately owned attraction, the caverns were used from 1000 BC to AD 1000 as a burial site. The walls document a stay in 1723 by I.W. Wright, an Indian trader who carved his name into the limestone walls. In the 1920s, the cave served as a speakeasy. The bullet holes from that bygone era generate as much interest today as the onyx columns, drapery formations and abundant flowstone.

RUSSELL CAVE:

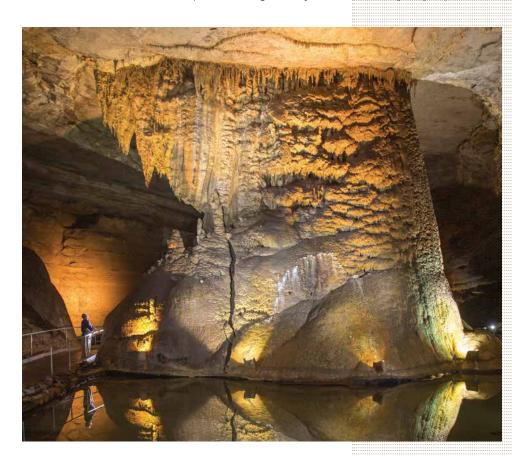
WALK TO THE CAVE ENTRANCE OF THIS NATIONAL MONUMENT NEAR BRIDGEPORT.

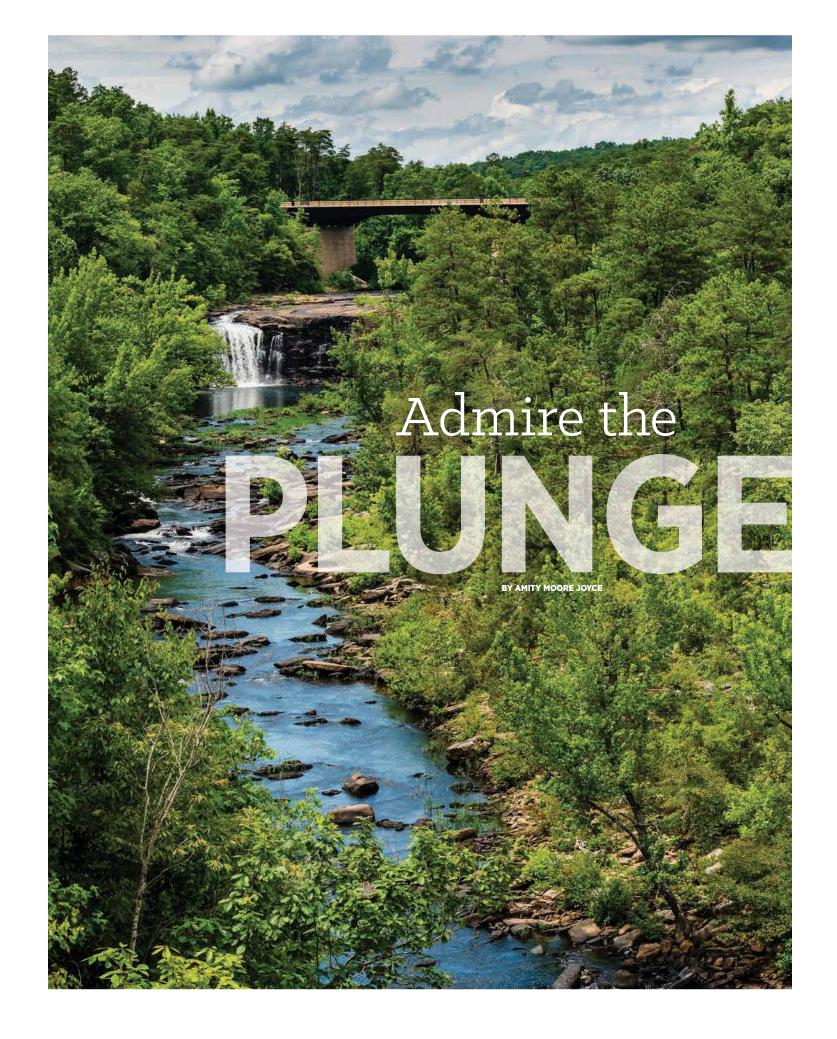
NEVERSINK CAVE:

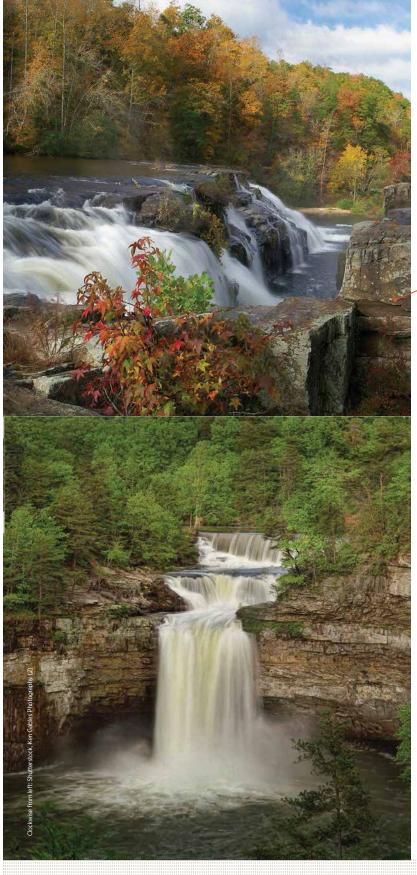
RAPPEL 100 FEET DOWN INTO THIS JACKSON COUNTY SINKHOLE TO SEE ITS WATERFALLS AND FERN-LINED WALLS UP CLOSE.

SAUTA CAVE:

THIS CAVE OUTSIDE OF SCOTTSBORO PRESENTS AMAZING WILDLIFE-VIEWING WHEN 200,000 TO 400,000 GRAY BATS EMERGE EVERY **EVENING DURING** JUNE, JULY AND AUGUST.









Whether you prefer hiking to the pool of a natural cascade or driving nearly to the rim of one, waterfall-related adventures abound in Alabama.

View trickles to torrents—and

enjoy unique experiences along the way—among the more than 1,000 spots where fresh water pours over stony ledges. Build your own trail from a few of these favorites that follow, or hit every one for a multiday vacation filled with Mother Nature's liquid art.

Among the state's most popular and easily visible falls, **Noccalula Falls** in Gadsden flows within Noccalula Falls Park. The 90-foot-high waterfall can be reached from the parking lot without paying a fee by walking about 50 yards to the overlook. For a more vigorous and up-close experience, walk the 1.7-mile Black Creek Trail to see the falls from below.

OF NOTE: Native American lore tells the story of a maiden, Noccalula, whose chieftain father

Clockwise from opposite: Fort Payne's Little River Falls flows even during a dry spell, autumn comes to High Falls near Grove Oak, DeSoto Falls near Fort Payne presents multiple drops when seen from the right angle

DETAILS

PARK: MINIATURE TRAIN, PETTING ZOO & PIONEER VILLAGE

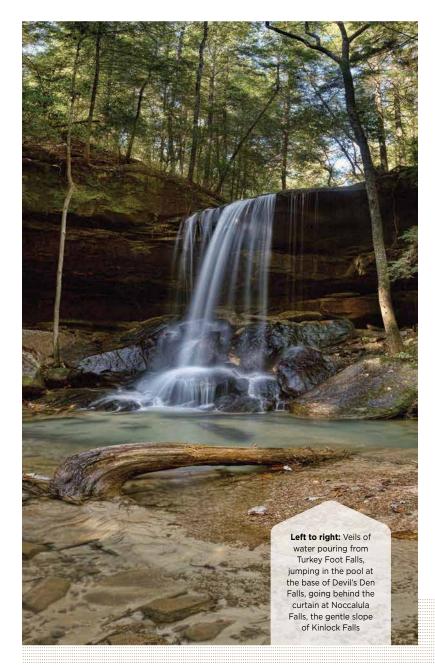
NOCCALULA FALLS LITTLE RIVER FALLS: INSIDE LITTLE RIVER PRESERVE

CANYON NATIONAL

DESOTO FALLS: CAN BE PAIRED WITH LITTLE RIVER FALLS FOR A DAY TRIP

YELLOW CREEK FALLS: ACCESSED BY CANOE VIA WEISS LAKE OR YELLOW CREEK

LOST SINK FALLS: A DROP INTO A SINKHOLE INSIDE KEEL MOUNTAIN PRESERVE



North Alabama holds the state's wealth of waterfalls, but if you look after heavy rains, you can find a plunge to admire in most every region

had promised her to someone she did not love. She loved another, and to avoid the arranged marriage, she jumped from the falls to her death.

Locals love **Little River Falls** in Fort Payne. These accessible, year-round cataracts drop 45 feet and form a nice pool at the bottom perfect for swimming when the flow is slow. Enjoy the view from the top, or follow the boardwalk to another trail to reach the lower river's edge.

OF NOTE: Little River Falls marks the start of the Little River Canyon atop Lookout Mountain.

DeSoto Falls inside DeSoto State Park also pours from Lookout Mountain. Walk a few hundred yards from the upper parking lot to a railed platform to see the A.A. Miller Dam and upper falls. Stairs lead to a separate view of the lower, or main, waterfall, impressive at 107 feet tall.

OF NOTE: DeSoto Falls was named after Spain's Hernando de Soto, who explored what is now present-day Alabama during the 16th century.

Rainbow Falls, Phantom Falls & Secret Falls located at Dismals Canyon, these three waterfalls can be seen while hiking a 1.5-mile trail on the canyon floor.

OF NOTE: Evidence of human history from Paleo to Chickasaw and Cherokee tribes abounds here. Marvel at the amazing biological diversity as well.

Pisgah Gorge Falls
Multiple waterfalls make up these falls that are accessed via a roughly 1.5-mile round-trip hike. Three different overlooks provide excellent views.

OF NOTE: Waterfalls are nearly 100 feet tall.

insider tip

LANE LEOPARD
PHOTOGRAPHER, LANE
LEOPARD PHOTOGRAPHY

"Try to visit waterfalls from November to April... Each year is a little different depending on our rainfall, but after a good rain event, the waterfalls will be the most visually appealing. I prefer a cloudy day for my waterfall photography as it gives it a more dramatic and moody look."





Sipsey Wilderness

Part of Bankhead National Forest, this wild area comprises 25,000 acres and is known as the Land of 1,000 Waterfalls. Check out three of its most popular ones: Turkey Foot Falls, Caney Creek Falls and Kinlock Falls.

Turkey Foot Falls flows near the Sipsey River Picnic

Grounds. An easy, short hike makes the cascade accessible to all levels of outdoor enthusiasts. **OF NOTE:** Besides being easy to access, this waterfall carries Native American and pioneer history. Look for where Native Americans took shelter and ground corn and nuts.

Caney Creek

Falls gets a lot of foot traffic, in part because many Alabamians say it is one of the state's most beautiful waterfalls and worth the 3-mile round-trip hike.

Depending on rainfall, the falls could hold two curtains of water.

OF NOTE: The swimming hole at the bottom is a favorite feature.

Kinlock Falls, more horizontal than vertical, tumbles gently down its rocky foundation, making it popular for rock sliding

and tubing. Access it via an easy, family-friendly .3-mile hike. **OF NOTE:** If you plan to rock slide, wear appropriate water shoes and durable shorts.

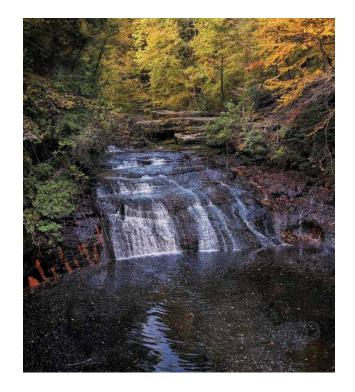
Beyond the wilderness, more waterfalls plummet. Check out these two that have also gained favor for their swimming holes.

Devil's Den Falls

Located inside Cheaha State Park, this picturesque curtain of water curls around a large, deep pool, which makes it a favorite for kids. The access hike, part of the Chinnabee Silent Trail, is about six-tenths of a mile.

High Falls

Thirty-five feet tall and at times 300 feet wide, this veil inside High Falls Park spills year-round and passes through a natural bridge. Although wading is allowed, swimmers are encouraged to be cautious of the rough waters. Cliff jumping is not advised.





Find Feathered Friends BY AMITY MOORE JOYCE

Eight birding trails from the mountains to the coast ensure birders find both plentiful and rare species to check off their lists

With 280 public access points, spying some of the 430-plus bird species that have been documented in Alabama is a cinch. The variety of ecosystems appeals to both resident and migratory birds, and likewise gives you multiple habitats in which to point your binoculars. More than 50 sites, including 180,000 acres within Bankhead National Forest, constitute the North Alabama Birding Trail. Watch for Cerulean Warblers, Pileated Woodpeckers, Sandhill Cranes and surprisingly large roosts of Bald Eagles in this region. The state's rural farm areas welcome Northern Parulas and Yellow-throated Warblers as well as tanagers, vireos and cuckoos. Follow the **Black Belt Birding Trail** to see them and hear their songs. Along the Gulf Coast, six driving loops in Baldwin and Mobile counties make up more than 200 miles of the Coastal Birding Trail. This is the place to see Brown Pelicans, rails, herons, gulls and egrets.

CONNECT: ALABAMABIRDINGTRAILS.COM | BIRMINGHAMAUDUBON.ORG AOSBIRDS.ORG | 1 ALABAMA BIRDING TRAILS





5 more

Appalachian Highlands

Birdwatchers appreciate the forested hills, lush pastures and riparian zones that support the diverse variety of birds found among this trail's 38 sites.

Piedmont Plateau

With Mount Cheaha, the state's highest point, and Lake Martin, the state's largest lake, birdwatchers find a lot of varied terrain to explore. Even walking a paved path through Maplesville City Park offers an escape into woodlands filled with birds.

Piney Woods

Gear up for water in these five counties of southwestern Alabama. Here, you might paddle the Sepulga River Canoe Trail to hear Prothonotary Warblers, observe White Ibis or see what's soaring above Claiborne Lake Dam.

West Alabama

Among the lakes, forests and rivers of this region also resides the University of Alabama Arboretum, which holds a reputation as the single best location in Tuscaloosa for sonabirds. In Bibb County, visit

Living River to see Ruby-throated Hummingbirds. Come spring, head to the Red-cockaded Woodpecker colony within the Oakmulgee Division of Talladega National Forest.

Wiregrass

If you cannot hit all 21 sites in southeastern Alabama, visit these three: Conecuh National Forest harbors hundreds of Bachman's Sparrows in its pine forests; secreted Crenshaw County Public Lake boasts pinewoods, mature fields and a lake that attracts Northern Bobwhites, Brown-headed Nuthatches and Great Blue Herons: and Eufaula National Wildlife Refuge offers arguably the best birding in the state.



EVENTS

Easy Ways to Start Birding

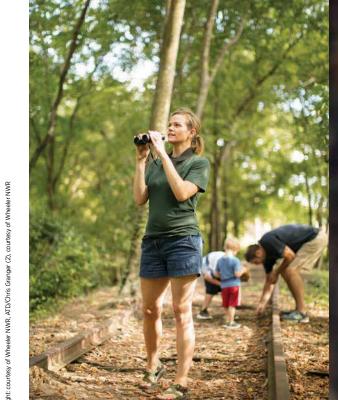
FESTIVAL OF THE CRANES

Decatur fws.gov/refuge/ wheeler/Festival_ of_the_Cranes_at_ Wheeler.html

GREAT BACKYARD BIRD COUNT Birmingham gbbc.birdcount.org

COASTAL BIRDFEST

Baldwin and Mobile counties weeksbay.org/events/ alabama-coastalbirdfest





Dipping In BY KIM NIX

The Alabama Scenic River Trail presents all kinds of water for all kinds of paddlers. Which one is for you?

With bountiful water resources, including 18 river systems that result in thousands of miles of navigable waterways, Alabama boasts ever-expanding organized paddle trails, many linked to the Alabama Scenic River Trail (ASRT). This trail, once a 650-mile historic trade route from Cedar Bluff, Alabama, near the Georgia state line, to Fort Morgan, Alabama, at the Gulf of Mexico, has swelled beyond its core route to more than 5,300 miles of waterways with access, camping and signage. Whether you enjoy canoeing, kayaking, rafting or stand-up paddling—and no matter your skill level—there's an Alabama river calling to you. Check out which sections of the ASRT you might want to add to your paddling bucket list.

For paddlers seeking an adrenaline rush, the **Little River** in northeast Alabama offers premier whitewater kayaking on Class III-V waters. With sections named Suicide and Avalanche, the waters below Little River Falls are for experienced paddlers only. Above Little River Falls, the water is a little tamer but still not for beginners. Unlike many rivers, paddling here is best in winter and early spring,

CONNECT: ALABAMASCENICRIVERTRAIL:COM | ALABAMACANOETRAILS.COM ALABAMARIVERS.ORG/RECREATION-ON-ALABAMAS-RIVERS | CAHABARIVERSOCIETY.ORG

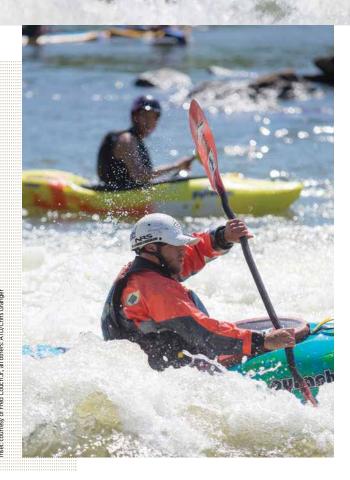




FRED COUCH, JR.
FOUNDER,
OPERATIONS MANAGER
ALABAMA SCENIC
RIVER TRAIL

"My paddling tips on these and all waterways are basically two: a) Always wear your life jacket and b) Share your plans with someone back home.

"Those two [tips] will forever be your best safety precautions to enjoy the beauty and challenges of our extensive waterways."



Once a 650-mile historic trade route, the Alabama Scenic River Trail has swelled beyond its core route to more than 5,300 miles of waterways. Paddlers cannot help but pick a path and start exploring.

Off the Beaten Path

Alabama guided trip near Auburn, rafting and kayaking in

which is the rainy season. Wetsuits are recommended. The best put-in above the falls is near the bridge on Highway 35. For the lower portion, begin by going over Little River Falls—popular with many experienced kayakers—or put in a few hundred yards downstream.

Sougahatchee Creek near Auburn offers Class I-II waters suitable for kayaking and canoeing. With its proximity to Auburn University, students often take advantage of this scenic waterway with numerous rapids, which are largely rainfall dependent. It's not a run you can count on in the drier summer months except within 36 to 48 hours of a thunderstorm. A popular route is to put in off Highway 188 and take out 3 miles downstream at what is known locally as the Steel Bridge.

Famous in pop country songs but also as a liquid boundary between southeast Alabama and Georgia for 160 miles, the **Chattahoochee River** hugs both Phenix City, Alabama, and Columbus, Georgia, at a stretch that has become a whitewater mecca. Removing a series of dams created the longest urban rafting opportunity in the world at 2.5 miles. Whitewater kayaking, rafting, tubing and stand-up paddling all can be done on these Class I-V waters. Believe it or not, you also can river surf on the Chattahoochee.

You won't find rapids on the mild waters of the Bartram Canoe Trail, but you will find abundant wildlife, such as diving birds, sunning alligators and stealthy bobcats.

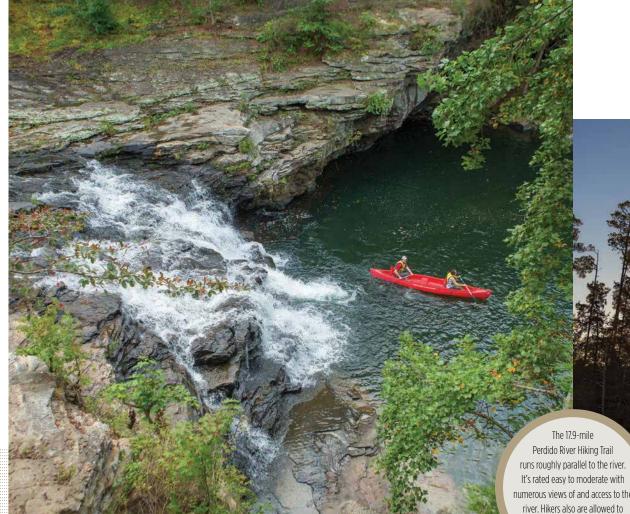
Because of the dam-controlled daily release, the water level and speed of the Chattahoochee River changes. Lower water levels offer a gentler trip, while higher waters promise faster water and larger rapids. Observers can catch all the action from the Phenix City riverwalk, dotted with restaurants and shops.

The 13-mile **Autauga Creek Canoe Trail**, designated a National Recreational Trail, begins at Bridge Creek on County Road 10 near Prattville and ends when it flows into the Alabama River in Montgomery. Several points along the way provide in and out access to this relatively calm waterway that suits beginning paddlers; portions are good for tubing as well. The main launch tucks behind City Hall, then travels down 4 miles of fun, hairpin turns to Canoe Trail Park. Here, most paddlers exit, in part because of the accessible parking, restrooms and picnic tables.

The **Bartram Canoe Trail** gets its name from naturalist William Bartram, who explored Alabama in the mid-1770s. You won't find rapids on these mild waters, but you will find abundant wildlife, such as birds, raccoons and alligators, and bald

Clockwise from top right: Paddling near Little River Canyon with True Adventure Sports, camping and canoeing the Perdido River Canoe Trail, an overnight shelter accessible only by kayak on the Mobile-Tensaw Delta, exploring the Gulf Coast with WildNative Tours





details

True Adventure Sports

Classes, guided trips and kayak and canoe rentals. trueadventuresports.com

Off the Beaten Path

Alabama Tube, kayak and canoe rentals, plus guiding and shuttle services.

offthebeatenpathalabama1.com

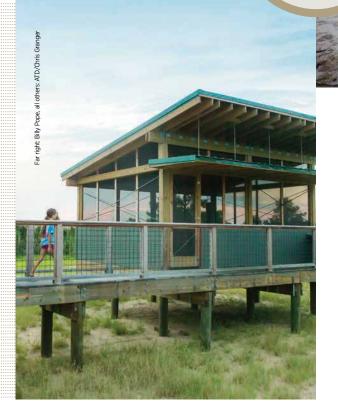
Adventures Perdido River

Tube, kayak and canoe rentals, plus shuttle service. adventuresperdidoriver.com

WildNative Tours Guided tours, and canoe and kayak rentals. *wildnativetours.com*

Whitewater Express

Whitewater kayak and stand-up paddleboard (SUP) lessons; kayak, SUP and tube rentals; and guided rafting trips. *whitewaterexpress.com*



reserve the shelters for

cypress trees hanging with Spanish moss. The canoe trail, managed by the Alabama State Lands Division, meanders through the Mobile-Tensaw Delta and consists of an upper and a lower system. Combined, the systems cover more than 170 water miles. Paddlers can make day trips or plan multiday trips. Land-based campsites, elevated shelters and floating platforms are available for overnights on the trail. The land-based, first-come, first-served sites are free. Reservations and a fee are required for the covered shelters and floating platforms, which can accommodate up to eight people.

Another canoe-centric route, also managed by the Alabama State Lands Division, the **Perdido River Canoe Trail** runs roughly 19 miles along the border between Alabama and Florida on the east side of Baldwin County. The calm water of the Perdido looks like tea, the result of an organic compound released by decaying plants called tannin. Commonly called "blackwater," the river's surface reflects like a mirror. Access the trail from two launch sites and one boat ramp. Paddlers may pay to stay overnight along the river at one of six reservable camping shelters or at no cost by pitching a tent on one of the sandbars located in front of the shelters.



Get on the water with these outfitters

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www.oneworldadventure.org

Experience some of the most breathtaking scenery in Northeast Alabama. Mountains, canyons, waterfalls and wildlife are the backdrop for amazing day-long kayaking adventures. Trips are all-inclusive, with professional guides, equipment, kayaks, paddles and PFDs. All trips are perfect for all ages, and are conveniently located within two hours of Chattanooga, Atlanta, Nash-ville, Huntsville and Birmingham.

No worries in the Alabama wilderness

Prattville Paddlesports

www.prattvillepaddlesports.com

From the beautiful white sand beaches of the Alabama Gulf Coast to the majestic canyons and waterfalls of the Southern Appalachian Mountains in North Alabama, Prattville Paddlesports offers all-inclusive outdoor adventure served with Southern Hospitality. Design a custom, all-inclusive trip for your group. Prattville Paddlesports offers one-to-three-day trips, which include gear and are designed for first-timers or advanced paddlers.

Escape Civilization and Experience Nature by Kayak

Riverside Fly Shop

www.riversideflyshop.com

Riverside Fly Shop offers self-guided river tours atop the crystal-clear waters of the Sipsey River. Rent one of the exceptionally stable NuCanoes for a single or tandem trip or bring your own kayak or paddleboard and launch into the cool waters of the Sipsey Fork of the Warrior River. Not into paddling yourself? Take a guided trip in a drift boat.

Ecotourism at its best

Terrapin Outdoor Center

www.canoeshop.net

Take a three-to-five hour guided tour of Terrapin Creek in Northeast Alabama, one of the most ecologically diverse regions of the United States. A float down this stream offers glimpse of a wide range of wildlife and a look at local color.

Go Batty in Alabama

UnPhiltered Kayaking

www.unphilteredkayaking.com

View Hambrick Cave in Alabama with a guide to see 50,0000 bats emerge at dusk as they hunt for insects. This real-life nature show brings guests to the mouth of the cave where they sit mere feet away as bats sweep and swoop overhead. Tours available Friday through Sunday nights.

Dolphin and Wildlife Kayak Experience

Wild Native Tours

www.wildnativetours.com

The Dolphins and Wildlife Kayak Experiences immerses you in a coastal wilderness and one of the prettiest classrooms on earth. Watch for and learn about Gulf Shores' Bottlenose Dolphins from the intimate, unobtrusive, and non-threatening vantage point of a kayak. Like all wide animals these dolphins can be elusive, and you don't always see them, but when you do there is nothing like the thrill near these magnificent creatures.

Whitewater in the American South

Coosa River Adventures

www.coosariveradventures.com

Catch a ride on Alabama's famed Moccasin Gap during a fun down a section of the Coosa River in Alabama. This spot is a favorite for local paddlers, offering a splash of whitewater on the core section of the Alabama Scenic River Trail. Tours available upon request.

A wild look at wildlife

Sunshine Canoes

www.sunshinecanoerentals.com

Tour one of the largest and most biologically diverse freshwater estuaries in the United State with a local tour guide. One the Mobile-Tensaw Delta in Alabama, you will encounter sweeping views that include tall grasses, large birds and the occasional alligator. You will see historic sites, including an Indian mount and a Civil War battle ground.

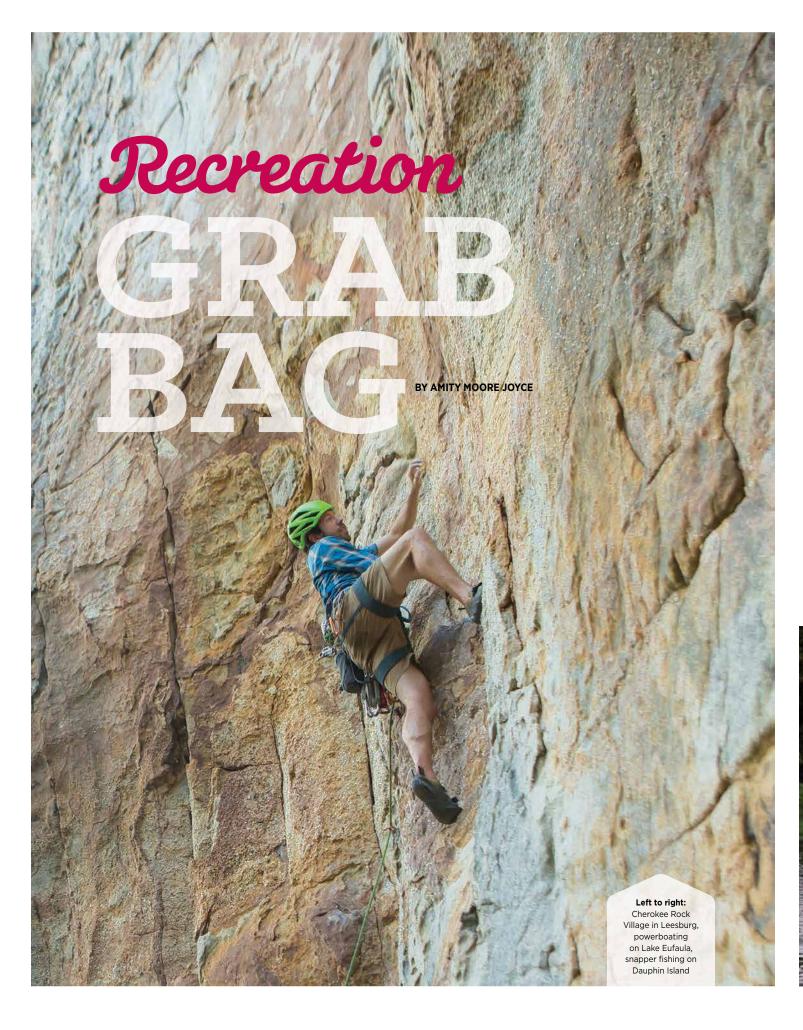
Evening Lake Tour

True Adventure Sports

www.trueadventuresports.com

Come explore the banks of Weiss Lake in a guided twilight canoe or kayak tour. See 200-foot cliffs converge at the pristine Yellow Creek Falls and take a dep into the clean, clear waters of Weiss Lake. No prior experience needed. Boat rental is included.





Variety is the spice of outdoor life and activities in Alabama.

rael Partridge, owner of True Adventure Sports in Fort Payne, knows Alabama's natural beauty and variety surprises visitors. He calls it the state's "wow factor." When it comes to the outdoors, he says, "Alabama is way undersold... I guess it being undersold makes it the best because you can still explore the mountains and caves without crowds." He adds that Alabama ties with Utah for some of the hardest rock-climbing routes in the country. With so many opportunities to explore, where should outdoorsy people start? It all depends on what you already love or what you've always wanted to try. So go ahead, grab your gear and discover the great Southern outdoors.

Rad Rock Climbing

Like Partridge mentioned, Alabama does not get a lot of climbing love, but it should. All styles of rock climbing are represented here. Trad climbers visit Jamestown for its excellent sandstone lines. It is not developed like Leesburg's Cherokee Rock Village, aka Sand Rock, which offers more than double the routes. Plus, sport climbs and bouldering are part of its mix. The place with more routes than anywhere, however, is also part of the Triple Crown Bouldering Series: Horse Pens 40 in Steele. Climbers have their choice of more than 290 bouldering problems here. A close second for bouldering lies near Birmingham in Hoover. Among the beautiful trees and hiking trails of Moss Rock Preserve, bouldering fans find nearly 50 different routes.

Reel Fun

Fishing for smallmouth, largemouth, striper and tide bass is so good here that 13 lakes form the Alabama Bass Trail. Eufaula proudly touts its lake's fishery and is the self-proclaimed Big Bass Capital of the World. It even has a 10-foot-tall bass statue named Manny to remind anglers of the area's excellent fishing and to remember legendary fishing lure designer Tom Mann. Saltwater fishing, too, gets a lot of attention, particularly for red snapper. The season may be

short, but it's exciting!
The fish can weigh up to
45 pounds, but most caught
off Orange Beach—site of a
healthy fishery—are about
eight pounds. If snagged in
the off-season, then the fish
must be released.

Pleasurable Boating

Whether pulling a water skier, anchoring by a swimming hole or just cruising, boating is popular across the state. Join residents from Birmingham and Montgomery who congregate on Lake Martin, particularly near Chimney Rock, where cliff jumping





is a favorite activity. Lake Guntersville attracts its share of boaters, too. Here, the vibe is calm and family friendly.

Wildlife Watching

While recreating, you might encounter native creatures. Often, the most exciting to see are the sunning alligators or the darting swallow-tailed kites, which fly up to 60 mph to snap an insect lunch. Area national wildlife refuges (NWRs) are excellent spots to see animals. Bon Secour NWR is known for migrating songbirds, sea turtles and the endangered beach mouse. Wheeler NWR attracts birds, but it also harbors large populations of feral hogs and deer. Fern Cave NWR houses the largest wintering colony of gray bats in the United States.

Mountain Biking Mojo

Trails for fat-tire fans cut through many public lands. One of the longest, Coldwater Mountain Bike Trail runs about 35 miles outside Anniston. With gentle rides and a tough black diamond, the area appeals to mountain bikers of every ability. Similarly, riders look to Oak Mountain State Park in Pelham for singletrack (and a bit of doubletrack) that is open to all levels. Recently, The Red Trail gained a few more miles. As mountain biking's popularity grows, many areas are lengthening their offerings. Philip Darden, manager of James Bros Bikes in Opelika, told Alabama News Center, "When it comes to mountain biking, Alabama is a hidden gem."

Beneath the Stars

Most state parks offer tent camping; some offer modern sites ideal for RVs. Bathhouses are available, so you don't have to completely rough it. Camping shelters in the Mobile-Tensaw Delta draw paddlers, and cabins prove attractive in Gulf and DeSoto state parks. And if you do want to rough it, backcountry sites dot Oak Mountain State Park.

Underwater Rapture

Thanks to several artificial reefs, the Gulf Coast teems with fish and plants of interest to divers and snorkelers. The Whiskey, the hull of a sunken



Spanish rum runner, invites snorkelers and beginner divers because of its easy beach access and 15- to 25foot depth. More experienced divers will find LuLu and the recently sunk Fairfield New Venture more of a challenge.

A Hunting We Will Go

What do you get when you take more than 1.3 million acres of public hunting land, liberal seasons and large bag limits? Yep, hunting in Alabama. Bird hunters rave about the bobwhite quail and waterfowl. Other hunters come for the white-tailed deer and feral hogs. The state supports several programs including Becoming an Outdoors Woman and seasons for disabled hunters.



DON'T MISS

Paddling Pleasure

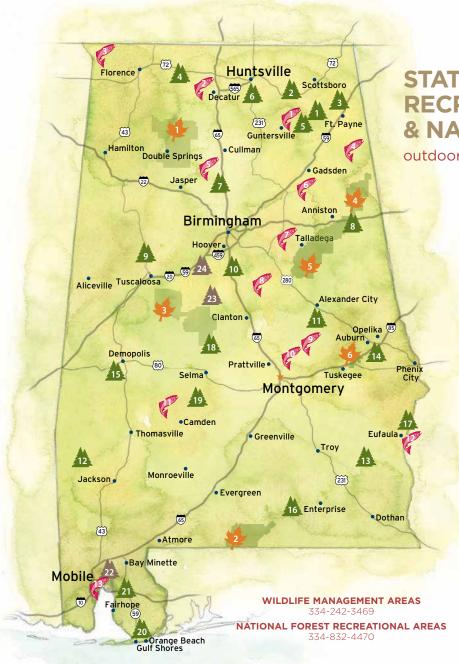
From North Alabama to the Gulf Coast, dozens of waterways invite you to explore. Kayakers can playboat in the rivers that flow off the Appalachian Range while stand-up paddleboarders find the state's lakes good spots to practice. Canoeists find year-round boating along the coast, where they launch into estuarine marsh, cypress-tupelo swamp and bottomland hardwood ecosystems. Outfitters such as True Adventure Sports often rent equipment while also offering guided trips. Pages 34-37 provide more details about where to dip a paddle.

Hiking Heaven

Morning, noon and night, you can hike and come across something interesting in Alabama. Discover a sunrise that will make the start of a new day a celebration from most any east-facing spot on a beach trail or the top of a peak. Pause to picnic and appreciate the riverside views on trails in the south and central regions. You can find open spaces, where the sun warms you the entire way, or shady paths that meander through forests. Paved or dirt, the hiking trails here are numerous and worth lacing up your boots. See page 22 to learn more about stepping out.

Underground Excitement

According to the Huntsville-based National Speleological Society, Alabama harbors more than 4,200 known caves. Most are wild and located on private land, thus not available to the public. Nevertheless, several spots are open to viewing this amazing underground wilderness. Turn to page 26 to check out where to go.



BASS TRAIL fishalabama.org

-LAKE GUNTERSVILLE 2-WHEELER LAKE 3-PICKWICK LAKE 4-WEISS LAKE

5-LEWIS SMITH LAKE 6-NEELY HENRY LAKE 7-I OGAN MARTIN I AKE 8-LAY LAKE

9—I AKE MARTIN 13-MORII F-10-LAKE JORDAN RIVER DELTA 11-AL ARAMA RIVER 12-LAKE EUFAULA

TENSAW

NATIONAL EODESTS

NATIONAL	FUKESIS	Map Locatio				
FOREST	DREST CITY		SITES	PHONE		
BANKHEAD	Double Springs	*	Brushy Lake, Clear Lake, Corinth & Houston Recreation Areas; Sipsey River National Wild and Scenic River; Sipsey River Picnic Area and Trailhead	205-489-5111		
CONECUH	Andalusia	2	Blue Lake & Open Pond Recreation Areas; Conecuh Trail	334-222-2555		
TALLADEGA (Oakmulgee)	Brent	3	Payne Lake Recreation Area	205-926-9765		
TALLADEGA (Shoal Creek)	Heflin	4	Coleman Lake & Pine Glen Recreation Areas; Pinhoti National Recreation Trail; Sweetwater Lake	256-463-2272		
TALLADEGA (Talladega)	Talladega	*	Cheaha Wilderness, Lake Chinnabee, Pinhoti National Recreation Trail	256-362-2909		
TUSKEGEE	Tuskegee	6	Bartram National Recreation Trail & Taska Recreation Area	334-727-2652		

STATE PARKS, **RECREATION TRAILS** & NATIONAL FORESTS

outdooralabama.com

A STATE PARKS

A HISTORICAL STATE PARKS

NATIONAL FORESTS

BIRDING TRAILS

PPALACHIAN HIGHLANDS

From the forested hills of the ridge-andvalley region to the rich pastures and farmlands of its river-carved valleys, the trail provides a wide diversity of habitats for birds, including the endangered redcockaded woodpecker.

Thirty-two sites stretch along a narrow swath of 11 counties across the southcentral part of Alabama's rural farm country all the way from Georgia to Mississippi.

Six birding loops in Baldwin and Mobile counties total more than 200 miles. Each loop covers different ecological regions representative of the northern Gulf Coast and enables birders to experience different assemblages of bird species within each region.

NORTH ALABAMA

Landscapes in the region range from tupelo swamps and blazing fields of wildflowers to towering forests of oak and hickory and vast sheets of open water replete with loafing waterfowl.

PIEDMONT PLATEAU

Thirty-four sites dot the land from Alabama's highest mountain to the shores of Lake Martin, the state's first "Treasured Alabama Lake."

Many of the 22 sites in Washington, Clarke, Monroe, Conecuh and Escambia counties in southwest Alabama offer the opportunity to view birds by boat.

WEST ALABAMA

With 28 sites in a nine-county region in West Alabama, you'll find lakes, deep forests and free-flowing rivers, all filled with a variety of birds.

WIREGRASS

This 10-county region is nestled in the southeastern part of Alabama and features 20 sites located in national forests, state parks and other public lands

For more birding information and locations, visit alabamabirdingtrails.com.

_	: AVAILABLE																						
* S Ic	AWAILABLE RESORT PARKS ome facilities are seasonal. Pets are allowed in some state park odging cabins. MasterCard, VISA and American Express are accepted in ome park facilities. All parks offer geocaching. All state parks feature omfort stations and picnic areas.	Acres	Primitive Camping	Modern Campsites	Camp Store	Wireless Internet	Family Cabins Cottages (units)	Hotel (units)	Convention/ Meeting Rooms	Group Lodge	Group Pavilions	Refreshments	Dog-friendly Cabins	Restaurant	Gift Shop	Marina	Boating	Swimming	Fishing	Golf Course (holes)	Tennis	Trails	
	NORTH																						
1	BUCK'S POCKET 393 CR 174, Grove Oak, 35975, 800-252-7275; 2 mi. N of Grove Oak	2000		24													•	•	•			•	
2	CATHEDRAL CAVERNS 637 Cave Rd., Woodville, 35769, 256-728-8193	493	•	12							•	•			•							•	r
3	DESOTO 7104 DeSoto Pkwy, NE, Fort Payne, 35967, 256-845-5380; Resort Inn: 1299 Blalock Dr. NE, 800-568-8840/256-845-5380; Campground: 256-845-5075, 8 mi. NE of Fort Payne	3502	•	94	•	•	22	25	•		•	•	•	•	•		•	•	•			•	
4	JOE WHEELER * Park Office: 4403 McLean Dr., Rogersville, 35652, 256-247- 5466; Resort Lodge and Convention Center: 4401 McLean Dr., Rogersville, 35652, 800-544-5639/256-247-5461; Camp- ground: 256-247-1184; Elk River Group Lodge: 256-247-5466	2550	•	116	•	•	38	75	•	•	•	•	•	•	•	•	•	•	•	18	•	•	
5	LAKE GUNTERSVILLE * Park Office: 1157 Lodge Dr., Guntersville, 35976; Office: 256-571-5444; Campground: 256-571-5455; Lodge: 1155 Lodge Dr., 800-234, Guntersville, 35976, 800-548-4553/256-571-5440; 6 mi. NE of Guntersville, off Hwy. 227	5909	•	364	•	•	35	112	•		•	•	•	•	•	•	•	•	•	18	•	•	
6	MONTE SANO 5105 Nolen Ave., Huntsville, 35801, 256-534-3757; Group Lodge: 256-534-3757; located within Huntsville city limits	2140	•	89	•	•	14		•	•		•	•		•							•	Ī
7	RICKWOOD CAVERNS 370 Rickwood Park Rd., Warrior, 35180, 205-647-9692; 4 mi. off I-65 at Exit 284	380	•	13		•					•	•			•			•				•	
	CENTRAL																						
8	CHEAHA Campground: 19644 AL Hwy. 281, Delta, 36258; Park: 256-488-5111; Lodge: AL Hwy. 281, 2141 Bunker Loop, 800- 846-2654/256-488-5115; 12 mi. S of I-20 on AL Hwy. 281	2799	•	73	•	•	16	30	•	•	•	•	•	•	•		•	•	•			•	
9	LAKE LURLEEN 13226 Lake Lurleen Rd., Coker, 35452, 205-339-1558; 12 mi. NW of Tuscaloosa	1625	•	91	•				•		•	•					•	•	•			•	
10	OAK MOUNTAIN 200 Terrace Dr., Pelham, 35124; Park Office: 205-620-2520; Info Center: 205-620-2524; Campground: 205-620-2527; I5 mi. S of Birmingham	9940	•	150	•	•	10		•		•	•	•	•	•		•	•	•	18		•	
11	WIND CREEK 4325 AL Hwy. 128, Alexander City, 35010, 256-329-0845; 7 mi. SE of Alexander City	1445		626	•	•	7				•	•	•		•	•	•	•	•			•	
	SOUTH																						ı
12	BLADON SPRINGS 3921 Bladon Rd., Bladon Springs, 36919, 205-459-3459; 1 mi. N of Bladon Springs	357		10							•												
13	BLUE SPRINGS 2595 AL Hwy. 10, Clio, 36017, 334-397-4875; 6 mi. E of Clio	103	•	50			3				•	•						•	•				T
14	CHEWACLA 124 Shell Toomer Pkwy., Auburn, 36830, 334-887-5621; 4 mi. S of Auburn, U.S. Hwy. 29 off I-85	696	•	36		•	6				•	•	•				•	•	•			•	
15	CHICKASAW 26955 U.S. Hwy. 43, Gallion, 36742, 334-295-8230; 4 mi. N of Linden on U.S. Hwy. 43, near Demopolis	520	•	8							•											•	
16	FRANK JACKSON 100 Jerry Adams Dr., Opp, 36467, 334-493-6988	2050	•	32		•	3				•	•					•	•	•			•	
17	LAKEPOINT * Park: 104 Lakepoint Dr., Eufaula, 36027-9202, 334-687-6026; Resort Inn: U.S. Hwy. 431N, Eufaula, 36072, 800-544-5253/ 334-687-8011; 7 mi. N of Eufaula off U.S. Hwy. 431	1220	•	190	•	•	39	101	•		•	•	•	•	•	•	•	•	•		•	•	
18	PAUL M. GRIST 1546 Grist Rd., Selma, 36701, 334-872-5846; 15 mi. N of Selma	1080	•	11							•	•					•	•	•			•	Ī
19	ROLAND COOPER 285 Deer Run Dr., Camden, 36726, 334-682-4838; 6 mi. NE of Camden	236	•	47	•		5				•	•	•				•		•			•	
	GULF COAST																						
20	GULF 2011s AL Hwy. 135, Gulf Shores, 36542, Office and Cabin Info: 251-948-7275; Campground Reservations: 251-948-7275; Pier: 21250 E. Beach Blvd., Gulf Shores, 36542, 251-967-FISH	6150	•	496	•	•	31				•	•	•	•	•		•	•	•	18	•	•	
21	MEAHER 5200 Battleship Pkwy. E, Spanish Fort, 36577, 251-626-5529; 2 mi. W of Spanish Fort on U.S. Hwy. 90	1327	•	56			2				•						•		•			•	
	HISTORICAL	Historio	al pa	rks ar	e not	opera	ated b	y the	Parks	Divis	ion—p	olease	call ir	ndivid	lual pa	ark.							
22	BLAKELEY 33707 AL Hwy. 225, Spanish Fort, 36527, 251-626-0798	2000	•								•								•			•	
	BRIERFIELD IRONWORKS																						1

